

**MORALE, WELFARE AND RECREATION DEPARTMENT**  
**Naval Postgraduate School**  
**Monterey, CA 93943**

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21 July 2003

From: Director, Morale, Welfare and Recreation Department  
To: Distribution

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION (MWR)  
ADVISORY BOARD MEETING OF 2 JULY 2003

Ref: (a) NAVPGSCOLINST 1700.2A

1. In accordance with reference (a), the MWR Advisory Board Meeting commenced at 10:04 a.m. on Wednesday, 2 July 2003, in the La Novia Room, Herrmann Hall, Naval Postgraduate School (NPS).

**MEMBERS & GUESTS PRESENT**

James Thomas	Quality of Life Director, MWR
Darlene Raish	Leisure Services Manager, MWR
Megan Ryan	Child Development Program Administrator (Acting), MWR
Clay Murray	Golf Course/RV Campground Manager, MWR
Amy Close	Community Activities/ITT Manager, MWR
Bill Mason	Athletic Director, MWR
Loy Vincent	Fitness Center Manager, MWR
Simon Lupton	General Manager, Navy Exchange (NEX)
Patricia Shearon	Hardlines Manager, NEX
LCDR Ronald Kawczynski	Catholic Chaplain
LT Anant Patel	Assistant Public Works Officer, Public Works
MS2 Jason Pingeton	NPS Flag Admin
Mary Lou Pilnick	Director, Eagles Eye Gallery
Edgar Kloth	Fleet Reserve Association
AGCM Arthur Deicke	Command Senior Chief, Fleet Numerical Meteorology and Oceanography Center (FNMOCC)
Lawrence Burton	Fleet and Family Support Center
Terry Siegrist	Outdoor Recreation Director, Directorate of Community Activities (DCA), Presidio of Monterey--DLI

2. Mr. Thomas asked the members to introduce themselves. He then asked for a motion to approve the minutes from the last meeting. Mr. Murray made a motion to approve the minutes as written, and Ms. Pilnick seconded.

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY BOARD MEETING OF 2 JULY 2003

3. Old Business

a. NPS Tennis Courts Usage Rates, Mr. Mason. On Mondays, Wednesdays and Fridays there are usually 30 to 40 people that need the courts, which includes the NPS Ladies' Tennis Team. On Tuesdays and Thursdays about 15 people need the courts for upper and lower, and on Saturdays about 20.

b. Invitation to OSSC to Attend the MWR Advisory Board Meetings. We have contacted the OSSC and have invited them to attend the meetings, although there is not an OSSC representative here today.

4. Activity Updates

a. Club Del Monte, Mr. Thomas. The following dinner and lunch specials for May are served in the El Prado Dining Room in the basement of Herrmann Hall. We offer great live music in the Trident Room on Fridays. Also, the Trident is going well, and we are planning on having a karaoke night during the week.

- Monday Night Dinner Special. Fresh Seafood Cioppino with Shrimp, Calamari, Crab and Mussels; Adults \$7.50, Children ages 5 to 10 \$4.00, Under 5 \$2.00.
- Tuesday Night Dinner Special. Roast Prime Rib with Aus Jus, accompanied with Horse Radish. Served with Baked Potato and Sour Cream, Chef's Choice Dessert; \$13.00.
- Wednesday Night Dinner Special. BBQ Baby Back Ribs Served with Corn Bread, Fresh Corn on the Cob and Fried Potato Wedges; Adults \$8.50, Children 5 - 10 \$4.25.
- Thursday Family Night Dinner. Pot Roast with Mashed Potatoes, Fresh Vegetables and Green Salad; Adults \$7.50, Children 5 - 10 \$3.75.
- Friday Night Dinner Special. "Fisherman's Platter": Combination Plate: Fried Shrimp, Fried Alaskan White Cods, Fried Calamari, Rice Pilaf and Fresh Vegetables; Adults \$8.75, Children 5 - 10 \$4.50.

*For more information or to make reservations for Club Del Monte events, please call 656-2170.*

b. Navy-wide MWR Budget Cuts, Mr. Thomas. We are taking a \$.5M cut, 28 percent of our MWR budget. This is happening Navy-wide. But because of a budgeting glitch, we received a dispro-

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY BOARD MEETING OF 2 JULY 2003

portionate cut. The command has not yet prepared an official message about the effect of the budget cuts on NPS, so I don't have anything to tell you at this time.

c. Leisure Services Division, Ms. Raish.

(1) Marina

(a) **Sailing Classes**. The next dates have been scheduled with more to follow: 12 - 13 July, 9 - 10 August, and 13 - 14 September. Cost of the classes are \$85 for the two-day course and \$5 for the swim test. Sign up at Monterey Bay Athletic Center (MBAC).

(b) **Cruising**. You don't have to be a sailor to enjoy the benefits of the sailing program. An experienced skipper will give you a two-hour cruise on Monterey Bay. Sign up for one of the Cruise Program's many dates or get your own group of up to 14 people together. Contact the cruising program coordinator at [sailing@monterey.army.mil](mailto:sailing@monterey.army.mil). The cost of the cruise, \$40.00, will be divided up between the total numbers of participants that are signed up for the cruise. A minimum of four people is required for the cruise to go. Cruises are currently on Wednesday evenings at 5 p.m. and Saturday afternoons from 1 to 3 p.m.

(c) Mr. Thomas added that the Seabees rebuilt the fence at the marina, which has helped keep out the Sea Lyons from the dock.

(2) Information, Tickets and Tours (ITT) and Liberty/Single Sailor Program, Ms. Close, Community Activities Manager/ITT Manager

- ITT

**Carnival Cruise Lines Special Offer**. Carnival Cruise Lines is offering active duty military a special offer—you can book up to four state rooms at up to 50 percent off the published fare through the end of this year. In order to do this, reservations can be made by contacting Carnival Cruise Lines' Special Anchors Cruise Center, <http://www.mustcruise.com> or call 1-888-516-6306 and request fare code CPM1/CPM2. Also, for more information, go to <http://www.military.com/travel>.

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY  
BOARD MEETING OF 2 JULY 2003

ITT Has Moved to a New Location, Room 126, on the Main Floor of Herrmann Hall. The office is just across the hall from the old office on the Quarterdeck. Our hours are the same, just new address.

Summer Tickets. Summer is in full swing. ITT has the tickets and the theme parks are open. Remember to get your Laguna Seca race tickets and Monterey County Fair tickets before heading out.

Special Savings. Military deals are being offered at many parks this summer. Check with ITT before you go and save money! See flyer hand out.

49er Football Ticket Lottery. Win the right to purchase two 49er football tickets. Lottery will start around mid July and end 15 August. It is open to all active duty. Any unclaimed tickets will be sold on a first come first served basis. Pre-season game tickets may be purchased on a first come first served basis and are available for purchase by all MWR patrons.

- Liberty/Single Sailor Program. White Water Rafting Trip, 2 - 3 August on the Upper Cache, \$45 for single and geo bachelors, \$140 for guest. Trip is open to all NPS and tenant command single sailors or geo-bachelors. *Sign up by 7 July.*
- Community Activities. Work has already begun on this year's Navy Ball. Look for ticket prices and details to be out in August.

(3) Athletics, Mr. Mason

- Sports

Fall Basketball. Organizational meeting will be on Wednesday, 24 September, at 4 p.m. Rules, game dates and times will be discussed. Roster forms will be available. Team Registration: 2 - 30 September.

**When:** League begins Wednesday, 15 October  
**Time:** Mondays and Wednesdays, 6 - 8 p.m.

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY  
BOARD MEETING OF 2 JULY 2003

Fall Volleyball. Organizational meeting will be on Tuesday, 25 September, at 4 p.m. Rules, game dates and times will be discussed. Roster forms will be available. Team Registration: 2 - 30 September.

When: League begins Tuesday, 14 October  
Time: Tuesdays and Thursdays, 6 - 8 p.m.

- Fitness, Mr. Vincent

Executive Bootcamp Program

When: 10 July - 25 September  
Time: 11 a.m.  
Cost: Military \$20; DoD Civilian \$30  
Location: Monterey Bay Athletic Center (MBAC)

Twelve week weight loss - strength training class. Class meets every week for the first month (cardiovascular & weight training & nutrition education); thereafter the class meets two times a month. \*\* Body fat measurements will be taken, at the beginning and at the end of twelve weeks. IF you lose an agreed amount of body fat, participants get half the entry fee back. All Fitness Lectures will be given at 11 - 12 noon (Thursdays).  
Instructor: Loy Vincent, B.S., Master Fitness Specialist (Cooper Institute).

Nutrition Lecture

When: Thursday, 14 August  
Time: 11 a.m.  
Cost: Military Free; DoD Civilian \$3  
Location: MBAC

Take a close look at what is a complex carbohydrate, protein and fat for proper nutrition. If you don't know how many calories you need to take in for weight loss/gain, come to this class.

Cardiovascular Training

When: Thursday, 28 August  
Cost: Military Free; \$3 DoD Civilian  
Location: MBAC

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY BOARD MEETING OF 2 JULY 2003

Make sure your cardiovascular training is on track for peak performance. Learn the basic principles involved in designing a training program (energy systems, periodization, etc).

Exercise Around the World

When: Monday, 11 August  
Cost: Free  
Location: MBAC

Earn a certificate for completing an eight-week exercise challenge. Any kind of exercise minutes will be turned into miles. You can watch yourself go to country to country while you meet the challenge we give you.

d. Golf Course/RV Park Division, Mr. Murray

(1) The #2 and #8 tee boxes have been completed and opened for play on 7 June. They are much bigger tee boxes and will accommodate many different tee locations.

(2) The 2nd Annual Superintendent's Cup was held on 7 June. We had 120 golfers, which is the largest event of the year.

(3) Currently we are working on connecting the two irrigation ponds. This will allow us to store and use more water for the golf course.

(4) MWR will begin parking cars for the Monterey Fairgrounds during the County Fair on 12 - 17 August.

(5) The Mixed Couples Championship will be held on Saturday, 16 August.

(6) Mr. Thomas discussed the status of the water drilling at the golf course.

e. Child Development and Youth Division, Ms. Ryan.

(1) Child Development Program. Effective 7 July, we are expanding the drop in care hours of operation at the Child Development Center from 7:30 a.m. - 4 p.m., Monday - Friday.

(2) Tech Connection Youth & Teen Center. We are recruiting for a Youth Teen/Sports Coordinator, a Lead Child

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY BOARD MEETING OF 2 JULY 2003

Development Program Assistant, a Cook for the Child Development Center and Child Development Program Assistants.

(3) Ms. Ryan discussed the recent changes made to the open recreation policy at the youth center.

5. Fleet and Family Support Center, Mr. Burton.

a. Distributed Schedule of Classes for July 2003.

6. Navy Exchange, Ms. Shearon.

a. Distributed current NEX sales information.

7. Directorate of Community Activities, MWR-DLI, Mr. Seigrist.

a. Distributed current activity information brochure.

8. Facilities Update, Mr. Thomas.

a. La Novia Room renovation.

b. Marina renovation.

9. New Business.

a. A board member asked about the status of repairing the holes in the softball out-field, it has caused some injuries to users of the field. It is dangerous.

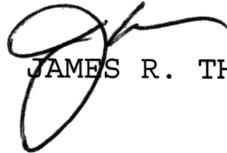
Mr. Mason responded. We have three tons of sand and are working on filling in the holes temporarily until it can be redone, since there is not enough time to redo the field before the season begins. We will do as much as we can until the season begins. The outfield was going to be redone, but that has been delayed by Public Works.

b. MS2 Pington. Is ITT selling Laguna Seca Race tickets yet?

Ms. Close responded. We do have tickets for the bike races. We usually get the tickets a couple weeks prior to the race. We have tickets for the 11 - 13 July bike weekend. At our new space, we have less counter space in the lobby to put up all the flyers and information of what we have, so please ask us if you don't see the information.

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY  
BOARD MEETING OF 2 JULY 2003

10. With no other items from the members, Mr. Thomas thanked everyone for attending and adjourned the meeting at 10:52 a.m. The next meeting is scheduled for Wednesday, 3 September 2003, at 10 a.m. in the La Novia Room, Herrmann Hall, NPS. NPS and tenant commands are invited to send a representative.



JAMES R. THOMAS

Distribution:  
NAVPGSCOLINST 5605.2S (List 1)

Copy to:  
Advisory Board Members  
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Retired Officer's Association (TROA)  
Superintendent's Student Council (SSC)  
Monterey Pines Golf Association  
Navy Monterey Golf Association  
Naval Postgraduate School Sailing Association (NPSSA)  
Fleet Reserve Association (FRA)