

MORALE, WELFARE AND RECREATION DEPARTMENT

Naval Postgraduate School

Monterey, CA 93943

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22 March 2004

From: Quality of Life Director

To: Distribution

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION (MWR)
ADVISORY BOARD MEETING OF 3 MARCH 2004

Ref: (a) NAVPGSCOLINST 1700.2B

1. In accordance with reference (a), the MWR Advisory Board Meeting commenced at 1005 on Wednesday, 3 March 2004, in the La Novia Room, Herrmann Hall, Naval Postgraduate School (NPS).

2. Members and Guests Present

<u>Name</u>	<u>Title & Organization</u>	<u>Email Address</u>
James Thomas	Quality of Life Director, MWR, NPS	jrthomas@nps.navy.mil
Darlene Raish	Leisure Services Manager, MWR, NPS	drraish@nps.navy.mil
Megan Ryan	Child and Youth Services Director, MWR, NPS	mdryan@nps.navy.mil
Eric Thompson	Golf Course/RV Campground Manager, MWR, NPS	ejthomps@nps.navy.mil
Amy Caudillo	Community Activities/ITT Manager, MWR, NPS	amclose@nps.navy.mil
Paddy McGrath	Monterey Navy Flying Club Manager, MWR, NPS	paddymnfc@aol.com
Loy Vincent	Fitness Center Manager, MWR, NPS	lvincent@nps.navy.mil
CAPT C. J. Herron	Dean of Students, NPS	cjherron@nps.navy.mil
LCDR Dominick Vincent	Representative, Superintendent's Student Council, NPS	davincen@nps.navy.mil
Simon Lupton	Manager, Navy Exchange (NEX), NPS	Nex_Monterey-gm@nexnet.navy.mil
Tom Rowley, LCDR, USN (Ret.)	Representative, Military Officers Association of America (MOAA)	Tr2004@webtv.net
GSCM Robert Murphy	Command Master Chief, NPS	romurphy@nps.navy.mil

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY
BOARD MEETING OF 3 MARCH 2004

Mary Jo McDonough	International Activities Coordinator, DRMI	mjmcdono@nps.navy.mil
MS3 Sophal Sarn	Flag Admin, NPS	ssarn@nps.navy.mil
Mary Lou Pilnick	Director, Eagles Eye Gallery, NPS	marylou@watercolorhou seportraits.com
Melita Calub	Administrative Assistant, Fleet and Family Support Center (FFSC), NPS	mcalub@nps.navy.mil
AGCM Art Deicke	Command Master Chief, Fleet Numerical Meteorology & Oceanography Center	Art.deicke@fnmoc.navy .mil
Lloyd Rice, CAPT, USN (Ret.)	Directorate of Community Activities, MWR-DLI, Presidio of Monterey	
Edgar Kloth, ADC (Ret.)	Fleet Reserve Association (FRA), Branch 178, Monterey	lored@mbay.net

3. Mr. Thomas asked the members to introduce themselves. He then asked for a motion to approve the minutes from the last meeting. CAPT Herron made a motion to approve the minutes as written, and Mr. Lupton seconded.

4. Old Business

a. Mr. Thomas. Updated the members on the status of the proposal to give the golf course to the First Tee Program. A committee and the Region are still working on the proposal and plan to go forward for further approval. He also discussed the terms and conditions of the proposal.

5. Activity Updates

a. Club Del Monte, Mr. Thomas

- St. Patrick's Day Dinner, Wednesday, 17 March. Corned Beef and Cabbage Served with Red Potatoes and Carrots; Adults \$7.50.
- Easter Brunch, Sunday, 11 April, Barbara McNitt Ballroom, 10:45 a.m. - 2:00 p.m. Variety of salads, entrees, seafood bar and desserts. Adults \$19.75, Children 5 - 10 Half Price, Under 5 Free. Reservations are highly encouraged. Please call 656-2170.
- Nightly Dinner Specials in March & April
Monday. Fresh Seafood Cioppino with Shrimp, Calamari, Crab and Mussels, Served with Fresh Caesar Salad and

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY BOARD MEETING OF 3 MARCH 2004

Garlic Bread; Adults \$7.50, Children 5 - 10 \$4.00, Under 5 \$2.00.

Tuesday. Slow Roasted Prime Rib with Aus Jus Accompanied with Horse Radish, Baked Potato, Sour Cream and Chef's Choice Dessert; \$13.00.

Wednesday. Pork Carnitas with Black Beans and Salsa; Adults \$8.50, Children 5 - 10 \$4.25.

Thursday. **Family Night:** Spaghetti and Meat Sauce with Fresh Vegetables and Garlic Bread; Adults \$6.50, Children 5 - 10 \$4.00.

Friday. Fettuccine Pasta with Salmon, Sautéed Mushrooms, Bell Peppers, and Onions in a White Cream Sauce; Adults \$9.00, Children 5 - 10 \$4.50.

The above dinner specials are served in the El Prado Dining Room, Basement of Herrmann Hall, from 4 - 9 p.m. For more information, please call 656-2170.

b. Leisure Services Division, Ms. Raish

(1) Marina. The Naval Postgraduate School Sailing Association (NPSSA) is offering sailing lessons to its members on 12 - 14 March. The cost of the course is \$100. Anyone wishing to join NPSSA must pay an additional \$25 membership fee at the time of registration for the class. Sign up at the Monterey Bay Athletic Club (MBAC).

Mr. Thomas. Briefly discussed the affects of the Navy-wide budget cuts to the sailing program and to other MWR activities. We are working on having a contractor run the marina for the Navy and pay rental fees to us, thereby maintaining military and DOD discounted rates.

(2) Sports and Fitness

- Beach Volleyball. The Roman Plunge Swimming pool has been filled in with sand. We are planning to use the filled in pool for beach style volleyball and are working on the details. Interested players can contact Sue Robinson at the MBAC, 656-3118, for more information.

CAPT Herron. Commented that she would like to coordinate with the fitness center and the Student Council to ensure student input involvement. Some students have approached me with several different ideas.

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY
BOARD MEETING OF 3 MARCH 2004

(a) Sports

- **Spring Softball League** (Rosters due 9 April)
Date: Mondays & Wednesdays beginning 12 April
Times: 1800, 1900 and 2000
- **Spring Volleyball League** (Rosters due 9 April)
Date: Tuesdays & Thursdays beginning 13 April
Times: 1800, 1900 and 2000
- **St Patrick's Day Run**
Date: Friday, 12 March
Time: 1500
Cost: \$12.00 for active duty and reserves;
\$14.00 DOD civilians

(b) Fitness, Mr. Loy Vincent

- Free Massage. Training for Big Sur marathon or maybe you just need to optimize your fitness program. Our Massage Therapist here at NPS is offering free introductory, 5-10 minute massages to all MBAC members. Benefits of massage include relaxation, rejuvenation, healing, muscle tone improvement and stress relief.
Dates: Friday, 19 March and Friday, 16 April
Time: 1100 - 1300
- Fitness for Pregnant Women. Since one of our Personal Trainers is pregnant (second trimester) we thought, what a great opportunity to teach a fitness class for pregnant women. This class will be split into two parts; one half of the class will be lecture and the other will be light weight-bearing exercises and stretching. **The class will be taught for two or three months starting 1 March.**
Dates: Mondays and Wednesdays
Time: 1630 - 1730
Cost: \$4 a session or \$25 a month (eight sessions)
- Pilates is Back. Come and meet our new Pilates Instructor, Lashley Pulsipher, AFAA Group Fitness Instructor. Lashley is multi-talented

with a B.A. in Political Science and a B.A. in Arabic Studies.

Dates: Mondays and Wednesdays

Time: 1200 - 1300

Cost: \$50 a month/\$15 a week/\$9.00 a day

- Fitness Education Classes. The following fitness classes will be available at the Fitness Center. **Free** to all members [military (active, retired, reserves), DOD and family members]. Get the latest up to date information from some of the best Personal Trainers in the business. **All classes held on Thursdays from 1100 - 1200:**
 - 04 Mar Nutrition for performance
 - 11 Mar Cardiovascular training - peaking your performance
 - 18 Mar Optimize your Strength Program
 - 01 Apr Cardiovascular Training
 - 08 Apr Strength Training
 - 15 Apr Nutrition for the long run

CAPT Herron. Discussed sales of NPS logo clothing through NEX. There is a demand for good quality NPS logo clothing. Suggested that a table be set up in the basement of Herrmann Hall to sell this merchandise during certain times of the year such as graduation.

Mr. Thomas. Suggested that the NEX extend its sales of NPS logo merchandise to the civilian staff. The merchandise is not available for purchase at any other location in Monterey.

Mr. Lupton. Will research the regulations further to determine if it is possible to extend sales at the NEX to civilians and the possibility of setting up a table in Herrmann Hall.

(3) Information, Tickets and Tours (ITT) and Liberty/Single Sailor Program, Ms. Close

(a) ITT

- Oakland A's Baseball Tickets on Sale! Tickets are \$12.25 for weekend games throughout the season. Special orders for weekday games can be placed in advance. Stop by ITT for more information.

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY BOARD MEETING OF 3 MARCH 2004

- Ski Lift Tickets. Alpine Meadows, Big Bear Mountain, Brian Head, Heavenly, Kirkwood, Northstar, Sierra, Mt. Rose, Squaw Valley, and Sugar Bowl lift tickets are available at ITT.
- 2004 Price Changes for the Monterey Bay Aquarium. Adult \$17.95, Senior \$16.95, Student \$14.95 and Child \$7.95.
- Come and join in the Annual ITT Leisure Fun Fair! It will be held in the ballroom on Thursday, 22 April from 1100 to 1300. Visit with our vendors and find out what there is to do locally and throughout California! There will be door prizes to be given away such as Six Flags tickets, a complimentary night's stay at the Hilton Garden Inn, and San Francisco Zoo tickets just to name a few! Come join the fun!
- HP Pavilion was Host to Disney on Ice Princess Classics. We had customers pre-pay for the event and sold 123 tickets for the two shows.

(b) Liberty. Lake Tahoe Ski Trip was 20 - 22 February; took 24 people.

(c) Community Activities. The Super Bowl party was a success with an attendance of 138 people. Patrons were able to watch the game, enjoy some free food, and win some prizes. First Command helped to sponsor the event, and the money they provided went to pay for the food and some prizes.

(d) Movies. Check out our website for the most current information on movie schedule and location.

(4) Monterey Navy Flying Club (MNFC), Ms. McGrath. Information on cost sharing program. Patrons share the cost of the flight with the pilots. It's a great way to get an aerial view of the Monterey Bay. Last month we had six cost shares.

c. Golf Course/RV Park Division, Mr. Thompson

(1) Golf

(a) Well project bid is in the process of being put together and will be sent out to prospective vendors.

(b) We will be applying weed killer to fairways and rough on 23 February.

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY BOARD MEETING OF 3 MARCH 2004

(c) Weather permitting, punch and over-seed fairways on 8 to 10 March.

(d) Weather permitting, punch and top dress greens 22 to 24 March.

(e) Golf lesson clinics for beginners, ladies and juniors are on going and we always welcome new students.

(f) 229th Battalion Tournament will be held on 21 May. Contact Scott Oakley at 242-7247 for details.

(2) RV Campground

(a) We are anxiously awaiting the bid to be given so that we can asphalt and level our RV sites.

(b) The RV campground continues to be a popular spot for active duty military and retirees.

d. Child Development and Youth Division, Ms. Ryan

- (1) Month of the Military Child Celebration: PJ's and Pancakes. Entertainment, food, activities, demonstrations and fun!!! All children and their families are invited!!!

Date: Saturday, 17 April

Time: 0930 - 1130

Where: Teen and Youth Center-Tech Connection

(2) Tech Connection

- Youth Basketball/Tee-Ball 2004. Registration begins 8 March. Skills assessment is 3 April. Practice begins 5 April for children ages 4-6, 7-8 and 9-11. Volunteer coaches get their first child free! For more info, please contact Daniel McCune at 656-2127.
- Camp Boots Full Day Camp is being offered 15 - 26 March. Camp hours are 0900 - 1700 with wrap around care available 0730 - 0900 and 1700 - 1800.

(3) Child Development Center (CDC)

- The Life Skills Readiness Program will be closed for spring break 15 - 26 March.

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY BOARD MEETING OF 3 MARCH 2004

- Floor Project. New linoleum flooring will be installed in the preschool classrooms. Tentative start date is Monday, 29 March. The children's classrooms will be moved on a temporary basis to facilitate this project. The CDC will provide further information to the parents, once the project schedule has been confirmed.
- We will have a new Child Development Home Care Provider soon who will be offering an exciting program for toddlers from ages 2-4!! Morning sessions will be available either 2 days or 3 days per week from 0830 - 1200 noon. Please call the CDC at 656-2734 for information.

6. FFSC, Ms. Melita Calub. Provided current class schedule and flyers of upcoming activities.

Mr. Thomas. Made a suggestion to include the FFSC website address on their flyers.

7. NEX, Mr. Lupton

- a. Upcoming sales information.
- b. Gas station being open 24 hours a day.
- c. Telephone number for Barber Shop is 373-4688.
- d. Tai Hut will cease operations on 31 March.

LCDR Vincent. Regarding the Café Del Monte, many students are asking why the Tai Hut is closing and shifting concessions to MWR.

Mr. Thomas. The superintendent, ADM Ellison, made the decision for MWR create a permanent structure in the future center of the campus. The return of investment would not support the construction if you did not terminate the other venues. We plan to provide a wide variety of international specials as well as a regular menu. The revenue generated by Café Del Monte will help to offset some of the losses within MWR.

8. Directorate of Community Activities, MWR-DLI, Mr. Lloyd Rice

a. DLI Outdoor Recreation is not in competition with NPS MWR. Coordination and relations between DLI and NPS MWR ITT is very good. There seems to be a misconception that we are in competition with NPS, but we are not; the only exception may be ITT.

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY BOARD MEETING OF 3 MARCH 2004

When Fort Ord closed, they consolidated Fort Ord and NPS Outdoor Recreation; and they also have a Memorandum of Agreement with California State University Monterey Bay to provide support.

The Navy controls a potential customer base for DLI Outdoor Recreation somewhere between 10,000 to 15,000 people. We need to be able to get access to these customers in order to advertise our services. We need assistance to get our program information to this customer base.

Ms. Raish. Provided information about how MWR can assist DLI Outdoor Recreation to get the information to the NPS community. NPS MWR management reviews the information from DLI and ensures that the information distributed is not in competition with the NPS ITT. There are a lot of services that DLI provides that NPS does not.

LCDR Vincent. Suggested that the NPS MWR website provide a link to DLI Outdoor Recreation, etc., and noted that this would be more effective than flyers. Many students are not aware of all the services that DLI Outdoor Recreation provides.

Mr. Thomas. Emphasized the need for NPS to continuously support the DLI Outdoor Recreation program. DLI is the only source in Monterey that provides these services and equipment at discount rates to the military and DOD community. He noted that DLI Outdoor Recreation is the best in the Army and asked that the board members assist with getting the word out.

b. DLI Outdoor Recreation is working on reorganizing, upgrading and expanding services and programs.

9. New Business. None.

10. With no other items from the members, Mr. Thomas thanked everyone for attending and adjourned the meeting at 1124. The next meeting is scheduled on Wednesday, 5 May 2004, at 10 a.m. in the La Novia Room, Herrmann Hall, NPS. NPS and tenant commands are invited to send a representative.


JAMES R. THOMAS

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http://www.mwr.nps.navy.mil/advisory/content_advisory.htm

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Advisory Board Members

Officer Students Spouses' Club (OSSC)

Military Officers Association of America (MOAA)

Subj: MINUTES OF THE MORALE, WELFARE AND RECREATION ADVISORY
BOARD MEETING OF 3 MARCH 2004

Superintendent's Student Council (SSC)
Monterey Pines Golf Association
Navy Monterey Golf Association
Naval Postgraduate School Sailing Association (NPSSA)
Fleet Reserve Association (FRA)