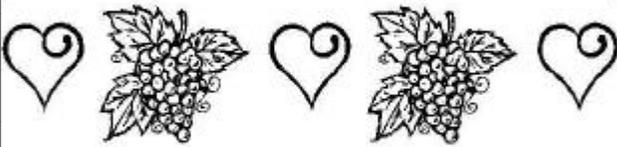




JANUARY 2001

Happy New Year

WINTER WINE TASTING



PRESENTED BY OSSC & MWR

Saturday, February 10, 2001
7:00 to 9:30 p.m.

Barbara McNitt Ballroom, Herrmann Hall
Bldg. 220, Naval Postgraduate School

Silent Auction will be going on during
the wine tasting with dancing to follow
in the El Prado Dining Room
from 9:00 p.m. to 1:00 a.m.

This traditional event is open to military,
reservists, retirees, DoD civilians
and their guests.

Tickets are \$25.00 per person
and can be purchased at the ITT Office
Monday to Friday 9:30 a.m. to 4:30 p.m.
VISA/MASTER CARD accepted.

Tickets will also be available at the door
the night of the event and can be
purchased by cash or check.

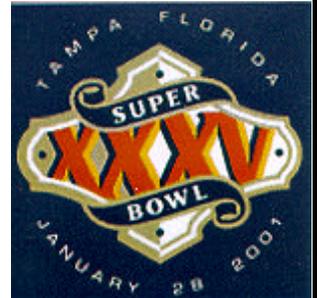
For more information call Colleen
Wine Tasting Chairperson
at (831) 643-9131



**SUPER BOWL
XXXV**

SUNDAY!

**Trident Room
January 28, 2001**



Super Sunday is almost here! Make your plans now
to join us! The Trident Room will open at 1300 and feature
social hour prices until kickoff at 1515. Enjoy our sandwich
building buffet featuring various kinds of meats, breads and
cheeses, plus all the condiments for just \$5.50 per person.

Patrons must be 21 years of age to attend this event.
We will also be serving free popcorn and peanuts all after-
noon.

Join us in the Trident for tons of great Super Bowl fun!

For more information, call 656-2170.

HOT BREAKFAST

Did you know that hot breakfast is available
in the El Prado Dining Room, from 6:45 - 8:30
a.m., weekdays? It's true. Typically, you will
find scrambled eggs, breakfast meats, French
toast or pancakes, and breakfast-style potatoes.

The cost is \$3.50 for a full meal
including coffee or tea. Single items
are available ala carte, also.



For more information, call 656-2170.

"SATURDAYS IN THE TRIDENT ROOM"

By popular demand, starting January 2001 the
Saturday operation in the Trident Room will be back!
We will open from 4:00 to 11:00 p.m. with dinner
service from 4:00 to 9:00 p.m.

Come on down and bring your friends!

*The El Prado Dining Room and the Trident Room
will be closed on Monday January 1, in observance of New Year's Day
and on Monday January 15, in observance of President's Day.*

**Come and enjoy our
Tuesday Night Dinner Special
in the Trident Room
4:00 - 9:00 p.m.**

**The Succulent
Roast Prime Rib!**

*with Aux Jus and Horse Radish
accompanied with baked potato and sour cream
fresh vegetables and
Chef's choice of dessert.*

Only \$13.00



**Our Wednesday Night Special
in the Trident Room
4:00 - 9:00 p.m.**



**Fresh Green Salad
Spaghetti with Meat Sauce
Chef's choice of dessert.**

for just \$9.75



Friday Lunch Special

*El Prado Dining Room is serving lunch Monday thru Friday,
From 10:45 a.m. to 2:00 p.m.
For the month of January we offer
something simple and affordable!*

Grilled Hamburgers

*with Condiments
Served with French Fries and Coleslaw \$5.50*



LIBERTY ADVENTURES

**South Lake Tahoe Ski Trip
January 12 to 15, 2001**

Departure/Location: Friday, January 12 at 5:00 p.m. from
the front of Herrmann Hall.

Return: Monday, January 15 at 10:00 p.m.

Cost: \$102.00 (Enlisted single/geo bachelor active duty)

\$110.00 (All others)

Cost includes transportation and lodging.

Trip limitations: Seven (7) travelers, first come first served.

Registration and deadline: Sign up in the ITT Office by 3 January 2001.

For more information contact: DC2 Michael Higgins at 656-2275.



NAVAL POSTGRADUATE SCHOOL

RADM David R. Ellison
Superintendent

CAPT R.L. Buschmann
Deputy Superintendent

CTAC Matthew C. Burskey
Command Chief

Captain Hirsh
Director, Personnel and
Military Services

Megan D. Ryan
MWR Director

Kim Andersen
Food & Beverage Manager

Chrystal J. Harris
Financial Officer

Beth Leone-Mullins
Leisure Services Manager

Cathy Austin
Child Development Program
Administrator

Mike Valleau
Golf Course/RV Campground
Manager

Cecilia S. Legario
Newsletter Editor

The Peacock Press is a monthly
publication of the MWR Department,
Naval Postgraduate School.
Information may be subject to
change without notice.

All phone numbers are in
Area code (831)

FAMILY BREAKFAST

**Sunday, January 21, 2001
Trident Room, Herrmann Hall
Naval Postgraduate School**

Menu consists of: Scrambled eggs, bacon or
sausage, french toast, mini croissant, sliced
fruits, orange juice and coffee/tea. All for just
\$5.50 (one trip only)! Kids ages 5-10 \$3.50
(under 5 free). Reservations recommended.

For more information, please call 656-2170.

**MWR ADVISORY BOARD
TO MEET JANUARY 17, 2001**

The next MWR Advisory Board meeting is set for
Thursday, January 18, 2001, at 10:00 a.m. in the La
Novia Room, Herrmann Hall, Bldg. 220.

All departments of the Naval Postgraduate School
and tenant commands are encouraged to send repre-
sentatives to these informative bi-monthly meetings.
This is your opportunity to gather the latest MWR info
and to share your command's feedback with key MWR
personnel.

For more on how your command can take part in
the MWR Advisory Board, call the MWR Administrative
Office at 656-1049.

MONTEREY BAY ATHLETIC CLUB

Watch For New Aerobic Classes

starting January 8, 2001.

Schedules will be available at the Fitness Center January 3, 2001.

? **Six Pack Attack:** Monday & Wednesday 4:30-5:00 p.m.
This FREE class meets in the gym and will sculpt your abdominals. Open to all fitness center eligible patrons.

? **Yoga:** Tuesday & Thursday at 12 noon
Relax, stretch, strengthen and tone! This class is designed to use both your mind and body to reach your fitness goals.

~~~Ms. Celeste Budd is our MWR Fitness Specialist~~~

### CLASS FEES

| ELIGIBLE PATRONS      | AEROBICS DAILY | AEROBICS 8-PUNCH | AEROBICS 12-PUNCH | YOGA MONTHLY | YOGA DAILY |
|-----------------------|----------------|------------------|-------------------|--------------|------------|
| ACT.DUTY/RESERVIST    | \$1.00         | \$6.00           | \$8.00            | \$38.00      | \$5.00     |
| RETIREE/FAMILY MEMBER | \$2.00         | \$12.00          | \$18.00           | \$39.00      | \$5.50     |
| DOD CIVILIAN          | \$3.00         | \$16.00          | \$24.00           | \$40.00      | \$6.00     |



## BICYCLE RENTALS



The Monterey Bay Athletic Club has adult sized bicycles available for rental by fitness center eligible patrons to meet their transportation needs or for recreational riding.

Two kinds of bikes are available for rental-street bikes and six speed bikes. Rentals are conducted on a daily, weekend, weekly or monthly basis. All rentals include the use of a bicycle safety helmet, lock and chain. Bicycle rental prices are listed below.

| BICYCLE TYPE | DAILY   | WEEKEND | WEEKLY  | MONTHLY  |
|--------------|---------|---------|---------|----------|
| STREET BIKE  | \$8.00  | \$12.00 | \$34.00 | \$96.00  |
| 6-SPEED      | \$10.00 | \$15.00 | \$42.00 | \$120.00 |

Individuals wishing to rent a bicycle need to fill out a rental agreement and pay in advance for their rental at the Fitness Center, Bldg. 239.

## Weights for Women Workshop

Saturday January 20, 2001

9:30—11:00 a.m.

Learn the basics of a weight training program designed to meet your specific fitness goals. This is an introduction to body sculpting, through the use of resistance training on the gym floor. This workshop will introduce the basic concepts of resistance training, how it benefits women and their workout programs, as well as learning how to operate the fitness equipment available at the Monterey Bay Athletic Club.



Sign-up at the Fitness Center Front Desk before Thursday, January 18, 2001.

For more information, please call 656-3118.

## WINTER INTRAMURAL SPORTS

**Basketball season** will begin January 8, 2001. Games will be scheduled on Mondays and Wednesdays. Rosters are available at the Fitness Center front desk for team entries.



**Volleyball season** will begin January 9, 2001. Games will be scheduled on Tuesdays and Thursdays. Rosters are available at the Customer Service Desk, Fitness Center for team entries.



All team rosters for both games are due by January 3, 2001.

For more information, contact the Fitness Center at 656-3118.

The Fitness Center will be closed on January 1, in observance of New Year's Day and will be open on January 15, President's Day, from 1000 to 1700.

## Let's Picnic!

MWR has two picnic park facilities available for you and your family to utilize. One is located at the Monterey Pines Golf Course and the other is Sparks Field on base, just across the street from Del Monte Lake and the softball field.



### The rental fees for the picnic grounds are as follows:

- ? Active Duty/Reservist/Family Members: **FREE**
- ? Retirees/Family Members: **\$60.00**
- ? DoD Civilians: **\$100.00**
- ? Sponsored Public Civilians: **\$125.00**

For availability and reservation information, contact the Fitness Center at 656-3118.

## BODY FAT ANALYSIS

Body Fat Analysis is available at Monterey Bay Athletic Club. The cost is \$20.00. Appointments are necessary. Payment is required when the appointment is scheduled.

## "Monterey Bay Milestones"

January is the month of several "New Year's Resolutions". Setting up personal fitness goals should be at the top of the list, and you should be rewarded for those achievements. Here's your opportunity to walk, bike, climb, run or ride to those milestones:

- ? Every mile counts as a single point.
- ? For each 50 "Milestones" you move up the ladder of personal success, striving to get from the Monterey Bay Coastline to the Florida Coastline.
- ? On a personal log sheet, track your type of fitness activity with the number of miles per training session.
- ? Each finishing participant will receive a certificate of accomplishment.
- ? This is a self-monitored program, competing with your individualized personal fitness goals.
- ? The program begins Monday January 8, 2001 and runs continuously through January 31, 2001.



## INFORMATION TICKETS & TOURS

**Open Monday-Friday  
9:30 am to 4:30 pm**

*Closed Weekends  
and  
Federal Holidays*

Closed on Monday January 1st  
in observance of New Year's Day  
and on Monday January 15th  
in observance of President's Day

| January  | UPCOMING ITT TOURS                                 | PRICES   |
|----------|----------------------------------------------------|----------|
| 12—14    | Las Vegas                                          | \$149.00 |
| 20       | Sharks Vs. Rockies                                 | \$50.00  |
| 27       | San Francisco Get Acquainted                       | \$23.00  |
| February |                                                    |          |
| 3        | Wine Tasting                                       | \$20.00  |
| 10       | Sharks Vs. Chicago                                 | \$50.00  |
| 17—19    | Disneyland/Knott's Berry Farm<br>Universal Studios | \$199.00 |
| 24       | San Francisco Get Acquainted                       | \$23.00  |

### 15TH ANNUAL STARS ON ICE

This will be Scott Hamilton's "farewell tour." See Olympic champions Tara Lipinski, Kristi Yamaguchi, Ilya Kulik, Ekaterina Gordeeva, Kurt Browning and a host of other national and world champions.



ITT has a limited number of tickets reserved for \$42.00 each at the San Jose Arena on Sunday, January 14 at 4:00 p.m.

Contact ITT for discounted tickets at 656-3223.

### WHALE WATCHING

ITT is booking 2-hour tour reservations for the gray whale migration through Randy's Fishing Trips at \$11.00 for adults and children. Chris' Fishing Trips at \$13.00 for adults and \$7.00 for children under 12 years old.



Check with ITT before you go. "We've received the newest addition of the OpSki Military Snow Sports Travel Guide and it has hundreds of great deals with a listing of nearly 100 bases - including ours and the special ticket arrangements we have," said Jennifer Andersen. "It's terrific, this provides our base personnel with enough options to last them the entire winter! You can now purchase tickets directly through our office as well as take advantage of outstanding offers available at resorts around the world."

### NOTICE TO TICKET BUYERS

Vendors have the right to ask for military ID. Patrons purchasing amusement park tickets as gifts run the risk of having the ticket holder denied entry at the gate. Patrons may take non-military/DoD guests along, but the rule of thumb is 50% of each party having military or DoD ID cards and 50% without. Check with ITT before you buy.

For more information about discounted tickets and upcoming special events, please visit the ITT Office on the ground floor in Herrmann Hall (Bldg. 220) or call 656-3223.

#### SKI LIFT TICKETS

#### PRICES

|                           |         |
|---------------------------|---------|
| Alpine Meadows            | \$42.00 |
| Heavenly                  | \$50.00 |
| Homewood                  | \$33.00 |
| Kirkwood                  | \$42.00 |
| Kirkwood (13-22 yrs)      | \$35.00 |
| Mt. Rose                  | \$31.00 |
| Northstar/Sierra at Tahoe | \$43.00 |
| Young Adult               | \$35.00 |
| Squaw Valley              | \$46.00 |
| Sugar Bowl                | \$43.00 |
| Young Adult               | \$32.00 |

### DISNEY ON ICE

#### *Celebrates 75 Years of Disney Magic!*

Get ready, because Mickey, Minnie, Pinocchio, Buzz Lightyear, Jiminy Cricket and your Disney favorites from *Mulan*, *A Bugs Life* and *the Lion King* will be taking to the ice for a celebration in grand Disney tradition. Never before has the cool ice surface shimmered with so many of your Disney favorites.

Buy your ticket at ITT for \$17.00 and be part of the magic on Saturday, February 17.

Performances are at 11:30 a.m. and 3:30 p.m. at the San Jose Arena.

Please call ITT Office at 656-3223 for more information.

**YOUTH CENTER**

**NON-FITNESS WALK**

*Tuesday, January 9 at 3:30 p.m.*

This event is open for children (ages 6-12), free! Starting place is the BMX Track with finish at the Youth Center. Participants should follow our arrows to 5 exciting food stations along the way.

**Stations include:** Pie throwing, pie tasting, jello eating, cupcake building and pudding search.

Each station will be giving out small prizes. Cupcake shaped awards will be given to each participant. We need ten (10) participants for this event.

Deadline for signing up is January 5, 2001. Registration can be made by calling the Youth Center at the La Mesa Village at 656-2127.

**YOUTH BASKETBALL**



Registrations are being taken through 5 January 2001 for youth 7 to 12 years old. Cost \$40.00. Season begins mid-January. Teams will play games at POM Youth Center; practices will be at NPS Gym. Coaches are needed!

For more information call 656-2127.

**EMPLOYMENT ANNOUNCEMENT**

MWR Youth Center is seeking enthusiastic and energetic people interested in working with the School Age Care Program for children ages 6 – 12. Must be 18 years of age, and be able to work flexible hours.

For more information please call HRO at 656-4103.

**YOUTH CENTER GAMES**

**WHEEL OF FORTUNE**

*Thursday January 18, 2001 at 3:30 p.m.*

This event is open to children (ages 6-12). Participants will solve simple word puzzles. Prizes will be awarded to each player and whoever gets the highest points will receive movie tickets.

**JEOPARDY**

*Thursday January 25, 2001 at 3:30 p.m.*

This event is open to children (ages 6-12). Participants will be grouped by teams and have a round robin. Question categories are: Disney, Movies, Hobbies and Sports. Each participant will receive a prize and the winning team will receive a big prize.

**Child Development Program**



**CDC IS THE PLACE TO BE**

If your child is between the ages of six weeks and five years and you are looking for a nurturing early childhood experience — we have lots to offer. There's full-time and school-age kindergarten care for children that need a safe, fun and positive environment while Mom or Dad are at work or school.

We also have a fantastic Part-Day Pre-school program for children 3-5 years that are looking for an enrichment program for 2 or 3 days a week in the mornings. Hourly care is also offered on a space available basis!

**CHILD DEVELOPMENT HOMES**

Interested in pursuing a rewarding career and work at home? How about becoming a Child Development Home Provider? You'll receive extensive training, become First Aid/CPR qualified and be part of a dedicated team of professionals that provide child care in their homes in La Mesa Village. Give us a call and we'll assist you through our CDH certification process!

If you're looking for a home environment to meet your child care needs, a list of certified CDH providers is available for pick up at the CDC during business hours. Provider referrals may not be released by phone.

For more information about the Child Development Center, how we can meet your child care needs and any of our upcoming events, please call 656-2734.

The Youth Center and Child Development Center will both be closed on Monday, January 1 in observance of New Year's Day and on Monday January 15 in observance of President's Day.

Bluewater Cove Marina will be closed on January 1, in observance of New Year's Day and on January 15 in observance of President's Day.



- ? Located at the Coast Guard Pier in historic downtown Monterey.
- ? **Reservations available Wednesday through Sunday noon to sunset. Please call ahead to make yours.**
- ? Nine Sailboats are available for eligible patron rental. The Marina may be used by active duty military, reservists, retirees and DoD employees. "Check sails" are required for boat safety, to meet local sailing regulations and for orientation prior to initial sailboat rental.
- ? Power boat rentals are available through Outdoor Recreation (at DLI). Please call them at 242-5506 for additional information about power boat rentals.
- ? For Marina information, check sails, and sailboat reservations, call the Bluewater Cove Marina Boat-house at 656-2159.

**SAILING DREAM COME TRUE**

Have you ever "Had A Dream" of sailing? Then dream no more, because Bluewater Cove Marina is running a 50% off special on January 20, 2001 in memory of Dr. Martin Luther King Jr.'s Birthday.

Must be B-skipper qualified to participate.



**Monterey Navy Flying Club**

Located at the Monterey Airport, you will find aircraft rental and professional flight training in an informal, club-type atmosphere.



For more info, call the Monterey Navy Flying Club at 372-7033.

**MEET THE FLEET**  
 These sailboats are available for rental at Bluewater Cove Marina.

|                                |                            |                      |                    |
|--------------------------------|----------------------------|----------------------|--------------------|
| <b>Lorraine</b>                | 22ft. Capri                | \$13/hr. Wed./Thurs. | \$15/hr. Fri./Sun. |
| <b>Small Wonder</b>            | 23ft. Ranger               | \$13/hr. Wed./Thurs. | \$15/hr. Fri./Sun. |
| <b>Antares</b>                 | 26ft. Excalibur            | \$13/hr. Wed./Thurs. | \$15/hr. Fri./Sun. |
| <b>Serenade</b>                | 22ft. Santana              | \$13/hr. Wed./Thurs. | \$15/hr. Fri./Sun. |
| <b>Medora</b>                  | 30ft. Shields              | \$13/hr. Wed./Thurs. | \$15/hr. Fri./Sun. |
| <b>Storm</b>                   | 30ft. Shields              | \$13/hr. Wed./Thurs. | \$15/hr. Fri./Sun. |
| <b>Barbara</b>                 | 30ft. Shields              | \$13/hr. Wed./Thurs. | \$15/hr. Fri./Sun. |
| <b>Harriet</b>                 | 30ft. Shields              | \$13/hr. Wed./Thurs. | \$15/hr. Fri./Sun. |
| <b>Hanalei II</b>              | 30ft. Buccaneer            | \$15/hr. Wed./Thurs. | \$18/hr. Fri./Sun. |
| <b>2000 Racing Charter Fee</b> | \$830.00 per Calendar year |                      |                    |

Bluewater Cove Marina charter fee takes effect 1 January 2001

**MONTEREY PINES RV CAMPGROUND**



Monterey Pines RV Campground is **OPEN YEAR ROUND** and is available to all active duty, reservists, retirees, family members & DoD civilians.

**About Our Park**

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey). Our park offers 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

For advance reservations or more information, call the Monterey Pines Golf Course Pro Shop at (831) 656-4029.

| DAILY RENTAL FEES                           |              |                 |
|---------------------------------------------|--------------|-----------------|
| Eligible Patron                             | Full Hook-Up | Partial Hook-Up |
| Active Duty/Reservist/Retiree/Family Member | \$14/Day     | \$12/Day        |
| DoD Civilian                                | \$16/Day     | \$14/Day        |
| Civilian Guest                              | \$18/Day     | \$16/Day        |

# MONTEREY PINES GOLF COURSE

## HOURS OF OPERATION

**GOLF PRO SHOP**  
 6:30 a.m. to 5pm ~ Daily  
 Twilight Golf ~ 2pm to Closing  
**MONTEREY PINES SNACK BAR**  
 10:00 a.m. ~ 5:00 p.m. ~ Daily

### GOLF HISTORY: THE GAME'S HEROES *Harry Vardon (1870-1937)*

Born in Jersey, Harry Vardon won a record six British Opens and one US Open. He popularized, though did not invent the Vardon grip and revolutionized the game through the unprecedented power of his play. With J. H. Taylor and James Braid – 25 years the Great Triumvirate – he dominated the game.

At the age of 50, he was good enough to be runner-up in the US Open.

## GOLF TIP

### For Crisper Iron Play

Many golfers who hit their woods decently play relatively poorly with the irons because they steer or jab at the ball with these clubs. "Accuracy-anxiety" is their prime problem. Their over-concern with direction and landing the ball on target instead of **SWINGING** the club **THROUGH** the ball **TO** the target causes poor play. Remember that any kind of steering motion is likely to disrupt both your arc and clubface alignment and thus misdirects the shot. With every iron in the bag you must swing the clubhead **FREELY** and **CONFIDENTLY**. Don't worry about the outcome of the shot until the ball is on its way.

### THE PRO'S VIEW:



We continue to advise you on how to best manage your play at Monterey Pines Golf Course. You will only see the tougher Par 3 holes in this column as this month we work on:

**HOLE #4: 192 YARDS, PAR 3**  
 This hole is tough! It's long and features two huge Monterey cypress trees that guard the left side of the green. The right side is trapped, leaving the golfer with only a small opening to hit to the green. Another problem can also occur. Most golfers either slice or face a golf ball, which is affected then by the prevailing afternoon breeze off the ocean.

### There are two shots to play:

"The first shot option (geared to the more accomplished golfer) is to hit a high hard drive at the right side of the bunker (sand trap) bringing it right-to-left to the green".

"With the second shot option, the average golfer, using a club that will keep the ball low, can hit the ball and let it roll to the green. If it does not hit the green, at least there is the opportunity to chip it close and save par."



Sign-up for golf lessons with Nick Nelson or Dave Arancio. Try the new video lesson. Lesson gift certificates are a great idea for any occasion.

Note: Golf Course is open on most federal holidays.

## MONTEREY PINES GREENS FEES

### WEEKENDS & HOLIDAYS

|                 |         |
|-----------------|---------|
| Military        | \$13.00 |
| DoD Civilian    | \$16.00 |
| Guest           | \$26.00 |
| Junior Military | \$6.00  |
| Junior DoD      | \$7.00  |
| Junior Guest    | \$8.00  |

### MONDAY – FRIDAY

|                 |         |
|-----------------|---------|
| Military        | \$11.00 |
| DoD Civilian    | \$13.00 |
| Guest           | \$19.00 |
| Junior Military | \$6.00  |
| Junior DoD      | \$7.00  |
| Junior Guest    | \$8.00  |

### MID-DAY (12-2 P.M.)

|                 |         |
|-----------------|---------|
| Military        | \$9.00  |
| DoD Civilian    | \$11.00 |
| Guest           | \$16.00 |
| Junior Military | \$6.00  |
| Junior DoD      | \$7.00  |
| Junior Guest    | \$8.00  |

### TWILIGHT (2 P.M. – closing)

|                 |         |
|-----------------|---------|
| Military        | \$8.00  |
| DoD Civilian    | \$9.00  |
| Guest           | \$12.00 |
| Junior Military | \$6.00  |
| Junior DoD      | \$7.00  |
| Junior Guest    | \$8.00  |

## GOLF RULE

### Rule 14/1 Club Stopped on Downswing by Agency Other Than Player

**Question:** If a player starts his downswing and his clubhead is deflected or stopped by an agency other than himself, e.g., the branch of a tree, is he deemed to have made a stroke?

**Answer:** Yes

## GOLF JOKE

"What's the quickest way to beat my brother-in-law at golf?"

"Give him a book on how to play" **GOLF!**



**NAVAL POSTGRADUATE SCHOOL (Area Code 831)**

MWR (NPS) Intranet Events Calendar – <http://onboard.nps.navy.mil/intra/>

**INFORMATION TICKETS & TOURS** ~ Herrmann Hall ground floor (Bldg. 220) across from NFCU. Open 9:30 a.m. 4:30 p.m., Monday through Friday. Closed weekends and federal holidays. Phone: 656-3223.

**EL PRADO DINING ROOM** ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed Saturdays and Federal holidays. Phone: 656-2170.

Hours of Operation:

Ala Carte Breakfast: 6:45 ~ 10:45 a.m. Weekdays  
Hot Breakfast: 6:45 ~ 8:30 a.m. Weekdays  
Lunch: 10:45 a.m. ~ 2 p.m. Weekdays  
Dinner: See Trident Room listing below.  
Champagne Brunch: 10 a.m. ~ 2 p.m. Sundays

**TRIDENT ROOM** ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed weekends and most federal holidays. Phone: 656-2170. Hours of Operation:

**Beverage Service:** 4:00 ~ 11:00 p.m. Monday ~ Wednesday  
3:00 ~ 11:00 p.m. Thursday & Friday  
4:00 ~ 11:00 p.m. Saturdays  
**Dinner Service:** 4:00 ~ 9:00 p.m. Monday through Saturday

**CLUB DEL MONTE/CATERING SALES OFFICE** ~ Herrmann Hall ground floor (Bldg. 220). Open Tuesday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and federal holidays. Phone: 656-1049.

**MWR ADMINISTRATIVE OFFICES** ~ Herrmann Hall ground floor (Bldg. 220). Open weekdays, 8 a.m. to 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2432.

**MONTEREY BAY ATHLETIC CLUB** ~ (Bldg. 239). Hours of Operation: Open Monday through Friday, 5:30 a.m. ~ 9 p.m.; Saturday, 8 a.m. ~ 5 p.m.; and 10 a.m. ~ 5 p.m. on Sundays and most federal holidays. Phone: 656-3118.

**ROMAN PLUNGE SWIMMING POOL** ~ (Bldg. 210). Closed from November 2000 ~ May 2001. Phone: 656-2275.

**CHILD DEVELOPMENT CENTER** ~ La Mesa Village next to La Mesa Elementary School. Open 7:30 a.m. ~ 5:30 p.m., Monday through Friday. Closed on all federal holidays. Phone: 656-2734.

**CHILD DEVELOPMENT HOMES** ~ Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

**YOUTH CENTER** ~ La Mesa Village, Sylvan at Leahy. Open for School Age Care, Monday through Friday, 7:30 ~ 8:00 a.m. and 2:00 ~ 6 p.m. Special camps offered for school breaks (all seasons) & teacher in-service days. Closed on all federal holidays. Phone: 656-2127.

**MONTEREY PINES GOLF COURSE** ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30 a.m. ~ 5 p.m., including most federal holidays. Hours vary seasonally. Phone: 656-2167.

**MONTEREY PINES RV CAMPGROUND** ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-4029.

**BLUEWATER COVE MARINA** ~ On the Coast Guard pier, downtown Monterey, open noon to sunset, Wednesday ~ Sunday. Closed on all federal holidays. Phone: 656-2159.

**MWR BUSINESS OFFICE** ~ Herrmann Hall ground floor (Bldg. 220), next Door to ITT. Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-5234.

**MWR MARKETING OFFICE** ~ Herrmann Hall ground floor (Bldg. 220), through the ITT Office to the left. Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-4804.

**MONTEREY NAVY FLYING CLUB** ~ At the Monterey Airport. Open daily, 9:00 a.m. ~ 5:00 p.m. Phone: 372-7033.

*Welcome New Students!*



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