



**Peacock
Press**

MAY 2000



Treat the Special
Mom
in your family to

Mother's Day Brunch!

Sunday, May 14, 2000

10:00 a.m.—2:00 p.m.

**In the Barbara McNitt Ball-
room**

Reservations are HIGHLY encouraged.

Our brunch buffet includes omelets, a waffle station, a variety of breakfast meats, fresh fruit, assorted salads, a carving

station, fresh seafood and shellfish, delicious chicken entrée specials, vegetables du jour, a bread station and truly incredible desserts!

**Special additions to our
Sunday Brunch Menu
especially for**

Mother's Day are:

Roast Prime Rib with Au Jus served with Horse-radish
Eggs Benedict with Hol-



From the kitchen of **Chef Hugh Butler** comes this month's Wednesday Night Trident Room (4-9pm) Dinner Special:

**LINGUINI with
SALMON & CLAMS**

in Garlic Butter Sauce
*Served with Garlic Bread,
Fresh Green Salad &
Chef's Choice of Dessert*

\$10.75 per plate

*Available May 3, 10, 17, 24 & 31.



Come enjoy May's Friday Lunch
Special in the El Prado
Dining Room!

This month we're serving:

SOUP BAR
featuring
Corn & Shrimp



**Chowder in a
Bread Bowl**
With Tossed Green Salad

Just \$5.00 per plate

Served 11am-1pm only.



Join us in the **TRIDENT ROOM** on **Friday, May 5 from 4-6pm** and enjoy our **Mexican Hors D'oeuvres & Margarita Specials.**

We'll have fun games and fantastic door prizes, so come celebrate the fiesta of Cinco de Mayo with us!

For more information, please contact Wally Mugol at 656-5701.

NAVAL POSTGRADUATE SCHOOL

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Superintendent

CAPT R. L. Buschmann
Deputy Superintendent

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Administrator

Brenda Dye
Newsletter Editor

The Peacock Press is a monthly publication of the MWR Department, Naval Postgraduate School. Information may be subject to change without notice.

All phone numbers are in area code 831.

CLUB DEL MONTE *Here's an invitation for you from the MWR Catering Sales Office:*



Make your reservations now for your very special celebration at Club Del Monte!

We can accommodate group sizes of 25 to 900 people with rooms available for intimate gatherings

all the way up to the regal grandeur of the Barbara McNitt Ballroom.

Among the many events held here are graduation celebrations, retirements, weddings, receptions, staff and command parties, family gatherings, dances, reunions and much more!

Invite your family, friends and co-workers for a truly memorable time at Club Del Monte! More information is available through the Catering Sales Office at 656-1049.

MWR ADVISORY BOARD TO MEET MAY 3

The next MWR Advisory Board meeting is set for Wednesday, May 3, at 10:00 a.m. in the La Novia Room, Herrmann Hall, Bldg. 220.

All departments of the Naval Postgraduate School and tenant commands are encouraged to send representatives to these informative bi-monthly meetings.

This is your opportunity to gather the latest MWR info and to share your command's feedback with key MWR personnel.

For more on how your command can take part in the MWR Advisory Board, call the MWR Administrative Office at 656-1049.

Tasty **cinco de mayo** *Treats* **Friday, May 5th 10:45AM-2PM**

For this one day ONLY— start off your holiday celebration with our lunch-time special!

FAJITA BAR- featuring Chicken or Beef Fajitas with Refried Beans, Spanish Rice, Salsa and Ice Tea or Coffee

Just \$5.50 per plate

...then, compliment your lunch with a...

NON-ALCOHOLIC MARGARITA— made with

Fresh Strawberries **Just \$2.00 each**

For reservations or information about our special events and delicious menus, please call 656-2170.

MONTEREY BAY ATHLETIC CLUB

CLASSES

? **Six Pack Attack:** Monday & Wednesday 4:30-4:45pm
This FREE class meets in the gym and will sculpt your abdominals. Open to all fitness center eligible patrons.

? **Box Combo:** Monday only at 5pm
Bringing fitness to new levels, this class combines traditional step with the hottest fitness craze-- CARDIO KICK-BOXING!

? **Step-N-Pump:** (½ Step and ½ Resistance Training) Tuesday only at 5pm
Check out this intensified cardiovascular workout that incorporates anaerobic intervals and step segments. This class will push your workout into a new zone before the final stretch.

? **Cardio Boxing:** Wednesday only at 5pm
Jab, kick and punch your way through your aerobic workout! Feel empowered as you train to improve fitness, strength, agility, balance and body control through aerobic kickboxing.

? **Just Step:** Thursday only at 5pm
Step up to a challenging bench class that will give you the intense training effect you've been looking for! Cool down and abdominals complete the workout.

? **Yoga:** Tuesday & Thursday at 12 noon
Relax, stretch, strengthen and tone! This class is designed to use both your mind and body to reach your fitness goals.

CLASS FEES ARE LISTED TO THE RIGHT:

NOTE: MWR fitness classes do not meet on Federal holidays.

ELIGIBLE PATRONS	AEROBICS DAILY	AEROBICS 8-PUNCH	AEROBICS 12-PUNCH	YOGA MONTHLY	YOGA DAILY
ACT. DUTY/RESERVIST	\$1	\$6	\$8	\$38	\$5
RETIREE/FAMILY MEMBER	\$2	\$12	\$18	\$39	\$5.50
DOD CIVILIAN	\$3	\$16	\$24	\$40	\$6

SPORTS: Watch for details about upcoming events in June. There will be a Tennis Tournament and the Summer 10K Challenge Run. Dates posted soon.

JazzAmaTazz & JazzAmaTazz for Tots

These exciting classes introduce energetic, young students to contemporary jazz dance, a dance form that combines the beauty of classical ballet with the joy, rhythm of Afro-Latin dance! Using child-friendly music with a beat, games and props, classes will warm up, stretch, learn basic positions, turns and leaps, isolations, simple percussion rhythm work, and choreography. Lots of dancing-- lots of fun! JazzAmaTazz is for boys and girls ages 4-6 years. The session cost is \$25 for family members of active duty and reservists and \$27 for family members of DoD Civilian. JazzAmaTazz meets Monday afternoons from 2:30 to 3:30pm at the CDC and every Thursday morning from 10-11am in the NPS Multipurpose Room (MPR), Bldg. 228. JazzAmaTazz for Tots meets Wednesday afternoons from 2:30 to 3:00 p.m. at the Child Development Center and on Fridays (9:45-10:15 a.m.) in the MPR, Bldg 228. The age grouping for this fun, new class is 2 to 3 years. The session cost is \$15 for family members of active duty and reservists and \$17 for family members of DoD Civilians.

Upcoming session dates are:

- ? **JazzAmaTazz (4-6 Years) at CDC***
Mondays 2:30-3:30pm
Session #: May 1, 8, 15 and 22
 - ? **JazzAmaTazz (4-6 Years) at MPR***
Thursdays 10-11am
Session #: May 4, 11, 18 and 25
 - ? **JazzAmaTazz for Tots (2-3 Years) at CDC***
Wednesdays 2:30-3pm
Session #: May 3, 10, 17 and 24
 - ? **JazzAmaTazz for Tots (2-3 Years) at MPR***
Fridays 9:45-10:15am
Session #: May 5, 12, 19 and 26
- * Multipurpose Room, Bldg.228, NPS
* Child Development Center

Register at the Child Development Center for classes held there and at the Fitness Center for classes held in the NPS MPR, Bldg 228. For additional info and session dates, please call 656-3118.

NOTE: No classes will be held during the months of June and July.

ROMAN PLUNGE SWIMMING POOL

MEMORIAL DAY WEEKEND OPERATING HOURS

(Saturday- Monday, May 27-29, 2000)
Noon- 6pm Recreational Swim

SEASON HOURS OF OPERATION

Beginning Tuesday, May 30, 2000

TUESDAY- FRIDAY

11am-1pm Adult Lap Swim
1pm-7pm Recreational Swim*

SATURDAY

Noon-6pm Recreational Swim*

SUNDAY

Noon-6pm Recreational Swim*

MONDAY CLOSED

* Lanes will be available for Adult Lap Swim during Recreational Swim hours.

DAILY POOL FEES

Active Duty and Reservists	FREE
Children (5 and under, all categories)	FREE
Children (6-15 years, all categories)	\$1.00
Retirees & Family Members (16-Adult)	\$2.00
DoD Civilians, DoD Family Members & Guests	\$3.00

MULTIPLE USE POOL PASSES

* **POOL PASSES-- BUY EARLY AND SAVE!**

Purchase your **SEASON PASS** in the **ITT OFFICE** between **May 8th & May 19th**, and receive a **10% discount** on your individual or family season pass!

POOL PASSES FOR YOUTH

Children (6-15 years, all categories) 

- ? Season Pass \$45.00
- ? 20 Punch Card \$15.00

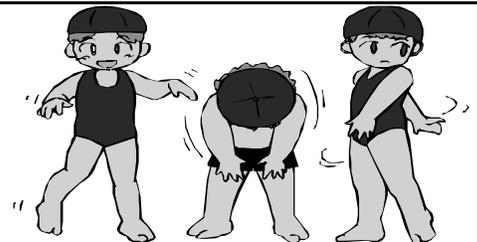
POOL PASSES FOR RETIREES AND MILITARY FAMILY MEMBERS

- ? Season Pass
- Individual \$65.00
- Family \$90.00
- ? 20 Punch Card
- Individual \$30.00
- Family (One punch per family, per day) \$40.00

POOL PASSES FOR DoD CIVILIANS AND FAMILY MEMBERS

- ? Season Pass
- Individual \$90.00
- Family \$112.00
- ? 20 Punch Card
- Individual \$40.00
- Family (One punch per family, per day) \$50.00

NOTE: All patrons must present photo ID cards when using season passes and punch cards.



Water Safety Instructors (WSI's) and lifeguards (LG's) are still needed for our 2000 summer season.

If you or anyone you know is interested in teaching swim lessons, being a lifeguard, and/or obtaining your WSI or LG certifications, please call the Roman Plunge Swimming Pool at 656-2275.

Please call the Roman Plunge Swimming Pool at 656-2275, for class schedules and information about this facility.

Don't forget to buy your passes early through the ITT Office!



INFORMATION TICKETS & TOURS

**Open Monday-Friday
9:30am to 4:30pm**

Closed Weekends & Federal Holidays

**Military or DoD identification cards
are required for all purchases.**

UPCOMING ITT TOURS		
MAY 6	INTEL MUSEUM/LICK OBSERVATORY	\$20.00
MAY 13	OAKLAND A'S vs SEATTLE MARINERS	\$30.00
MAY 20	SAN FRANCISCO GET ACQUAINTED TOUR	\$20.00
MAY 27	SAN FRANCISCO GIANTS vs CHICAGO CUBS	\$30.00
MAY 27-29	DISNEY MAGIC WEEKEND TOUR	\$199.00



BASEBALL TICKETS

Oakland Athletics weekend game tickets are available now for \$8.25 per ticket. Due to changes in the San Francisco Giants ticket policy, the ITT office will not be handling Giants season tickets this year.

EXTRA SAVINGS FOR MILITARY ONLY!

Universal Studios Military Days One Day Pass
On sale through May 31, 2000 for \$27.00. Regular Admission price is \$41.00— You save \$14.00!! Tickets expire on May 31, 2000.

Magic Mountain Early Bird One Day Pass
On sale through June 30, 2000 for \$20.50. Regular admission price is \$39.00— You save \$18.50!! Tickets expire December 31, 2000.

Must be prepared to show Military ID at gate. Entrance to theme park may be denied without proper ID. No refunds/ exchanges through ITT.



RAGING WATERS TICKETS

The San Jose water park opens May 13th. Adult tickets are \$17.50 and children (under 42" tall) are \$15.00. Children two and under are free. ITT also has individual season passes for \$41.00 each.



THE TECH MUSEUM OF INNOVATION

New this month is the combination Tech Museum admission and the IMAX theater in San Jose. Adults are \$13.95 and children (3-12 years) are \$10.95. Technology from Silicon Valley and beyond comes alive in this unique museum featuring fun, interactive exhibits for all ages.

NEW MOVIE DISCOUNT TICKETS

ITT has discount tickets for Resort Theatres (Galaxy Six, Lighthouse and Crossroads Theatres). Discount tickets are \$5.50 each. Normal purchase eligibility requirements apply.

For a current list of all discounted tickets sold through the ITT office, please visit us during business hours.

NOTICE TO TICKET BUYERS:

Vendors have the right to ask for military ID. Patrons purchasing amusement park tickets as gifts run the risk of having the ticket holder denied entry at the gate. Patrons may take non-military/DoD guests along, but the rule of thumb is 50% of each party having military or DoD ID cards and 50% without. Check with ITT before you buy.

LAGUNA SECA RACE TICKETS

May 20-21: *Monterey NASCAR Winston West Challenge*

July 6-9: *International Superbike Classic*

August 18-20: *Historic Automobile Races*

September 8-10: *Honda Grand Prix of Monterey*

October 13-15: *Monterey Sports Car Championships*

For more info about discounted tickets and upcoming special events, please visit the ITT Office on the ground floor in Herrmann Hall (Bldg. 220) or call 656-3223.

YOUTH CENTER

Youth Center May SAC Activities

May 1- We will spend lots of time creating *Mother's Day gifts*, such as bath salts and dying our own flowers. These special projects will definitely bring a smile to mom's face!

May 5- It's *Cinco De Mayo!* Come celebrate this Mexican Holiday with us as we make our own burritos, tortillas and salsa and play the maracas and other fun instruments.

May 15- *Help the new Spring birds* by filling bird feeders and making yummy pine cone treats to hang for them. We will display our finished projects around the Youth Center and enjoy the results!

National Photo Month! Starting on May 15, we will have disposable cameras to capture some of the special times we share here with each other. A special photo album will be created to display our fun photographs when our photo shoot is complete.

May 22- *National Physical Fitness and Sports Month...* **Jump-a-thon!** On May 22, we will begin training for our Jump-a-thon which will be held on **Friday, May 26**. Come and see how long we can jump, and don't forget-jumping rope is great for the heart!!!

May 24- Time to create *Memorial Day wreaths* to hang on your own front door to show your nation's pride.

May 26- *Jump-a-thon!*

Youth Summer Day Camp "CAMP S.O.S."

Weekly Sessions from June 5 to August 4

Registration Opens April 24 until May 26
Open to Youth, Ages 6-12 (grades 1-5)

- ? Day Camp Hours: 9am-5pm (Monday through Friday)
- ? Wrap around child care available from 7:30 to 9am and 5-6pm.
- ? Camp fees are based on the Youth Center sliding fee scale. A minimum deposit of \$5 per child per week, (due at time of registration), will hold a space in our camp program. **Deposits are non-transferable and non-refundable.**
- ? Camp fees cover swimming pool fees, one camp tee shirt per camper, daily snack and weekly field trips.

Youth Fitness Day

May 13, 2000
9:30am- 1pm

Cost: FREE

Open to ages 7-12

Location: Price Fitness Center (at the Presidio of Monterey)

Sign-up at the Youth Center May 1 through May 5

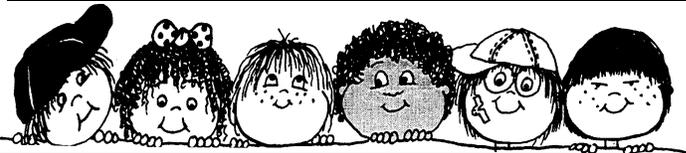
This fun event is an opportunity for children from around the local community to get together and compete in a track and field day.

There will be an obstacle course, shuttle run, sit-ups, distance throw, dashes and long jumps.

Parents are welcome to attend.

We encourage everyone to participate in these special events. Please contact the Youth Center at 656-2127 for more details and to pre-register your child .

Child Development Center

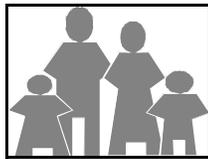


Navy-Wide Kick Off Event

National Provider

Appreciation Day

May 12 from 4-6pm



The Child Development Center will be closing the center at 4pm. We will be inviting all of our families to join us for a BBQ celebration at Gazebo Park (across from the CDC) in honor of Child Development Home Providers and Child Development Program Staff, who provide a safe and nurturing environment for children to learn and play.

Child Development Program News

ABOUT CDC

We offer developmentally appropriate child development programs in La Mesa Village for children ages 6 weeks to 5 years of age. We have full-time day care, part-day preschool and special events throughout the year.

FAMILY CHILD CARE

We have certified Child Development Home Providers offering child care in their homes in La Mesa Village. These CDH providers have completed extensive training, are CPR/First Aid qualified and have successfully met all background check and inspection requirements.

They have fun, exciting developmentally appropriate activities planned and are eager to assist with meeting your child care needs within their home environment. A list of certified CDH providers is available for pick up at the CDC during business hours. Provider referrals may not be released by phone.

JOBS OPEN AT CDC

We are always looking for child-oriented, fun-loving, team-spirited people to join our team at CDC! If you would like to earn some money working with children, then we're looking for you! Please call the MWR Personnel Office at, 656-3102, for details about the positions currently available.

Mother's Day Poem:

On Mother's day we got up first, so full of plans we almost burst. We started breakfast right away, as our surprise for Mother's Day. We picked some flowers then hurried back, to make the coffee rather black. We wrapped our gifts and wrote a card, and boiled eggs - a little hard. And then we sang a serenade, which burned the toast, I am afraid. But Mother said, amidst of cheers, "OH, What A Big Surprise, My Dears." "I've not had such a treat in years." And she was smiling to her ears.

—Unknown

For more info about the Child Development Center, how we can meet your child care needs and any of our upcoming special events, please call 656-2734.



**Bluewater
Cove Marina**

? Located at the Coast Guard Pier in historic downtown Monterey.

? Reservations available Wednesday through Sunday, noon to sunset. Please call ahead to make yours.

? Nine sailboats are available for eligible patron rental. The marina may be used by active duty military, reservists, retirees and DoD employees. "Check sails" are required for boat

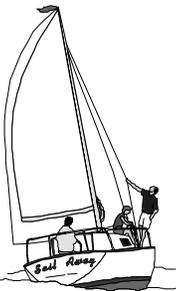
safety, to meet local sailing regulations and for orientation prior to initial sailboat rental.

? Power boat rentals are available through Outdoor Recreation (at DLI). Please call them at 242-5506 for additional information about power boat rentals.

? For marina information, check sails, and sailboat reservations, call the Bluewater Cove Marina boathouse at 656-2159.

****ARMED FORCES WEEKEND SPECIAL****

Come sailing with us on **May 20th & 21st** for a minimum of 2 hours and get the 3rd hour **FREE!** Bring your family and friends and don't miss out on this wonderful opportunity to enjoy the sun, fresh air and beauty of the Monterey Bay.



Memorial Day Weekend will host the **BISWANGER REGATTA!** Come down to the Bluewater Cove Marina for this fun-filled event. You'll have front row seats to view the race matches in progress. Don't miss this chance to discover the sport of sailing.

BLUEWATER COVE MARINA PROGRAM NOTES

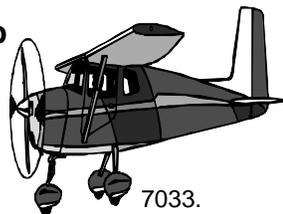
Spring Sailing Classes

Sign up now for spring sailing classes. The only dates left are June 10 & 11, so sign up now. The cost is \$60 per student. For more information, call Bluewater Cove Marina, 656-2159.



Monterey Navy Flying Club

Located at the Monterey Airport, you will find aircraft rental and professional flight training in an informal, club-type atmosphere. For more info, call the Monterey Navy Flying Club at 372-



7033.

MEET THE FLEET
These sailboats are available for rental at Bluewater Cove Marina.

Lorraine	22ft. Capri	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Small Wonder	23ft. Ranger	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Antares	26ft. Excalibur	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Serenade	22ft. Santana	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Medora	30ft. Shields	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Storm	30ft. Shields	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Barbara	30ft. Shields	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Harriet	30ft. Shields	\$12/hr. Wed./Thurs.	\$14/hr. Fri./Sun.
Hanalei II	30ft. Buccaneer	\$14/hr. Wed./Thurs.	\$17/hr. Fri./Sun.
2000 Racing Charter Fee	\$820.00 per calendar year		

MONTEREY PINES RV CAMPGROUND



Monterey Pines RV Campground is **OPEN YEAR ROUND** and is available to all active duty, reservists, retirees, family members & DoD civilians.

About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey.) Offered at our park are 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

For advance reservations or more information, call the Monterey Pines Golf Course Pro Shop at 831/ 656-4029.

DAILY RENTAL FEES

Eligible Patron	Full Hook-Up	Partial Hook-Up
Active Duty/Reservist/Retiree/Family Member	\$14/Day	\$12/Day
DoD Civilian	\$16/Day	\$14/Day
Civilian Guest	\$18/Day	\$16/Day

MONTEREY PINES GOLF COURSE

HOURS OF OPERATION

GOLF PRO SHOP

6:30am to 8pm ~ Daily
Twilight Golf ~ 2pm to Closing

MONTEREY PINES SNACK BAR

10am-5pm ~ Daily

Quote of the Month

“ Once you feel your first perfect shot you’re on your way to being a better golfer.”

Definition of an Amateur Golfer:

an amateur golfer is one who plays the game as a non-remunerative or non-profit-making sport.

THE PRO'S VIEW:

Continuing our series on how to best manage your play at Monterey Pines Golf Course, this month our focus is on:

Hole #10 440 yards, Par 4

If you're looking to play a PGA Tour "Par Four", this is the best one! From the tee, the hole plays every bit of its 440 yards with out-of-bounds on the right hand side.

"Your drive must be straight and long to have any chance for birdie or par. The

second shot to the green is difficult because it will probably require a long iron or even a fairway wood.

These clubs are harder to control with accuracy. If successful, the ball must carry two sand traps fronting

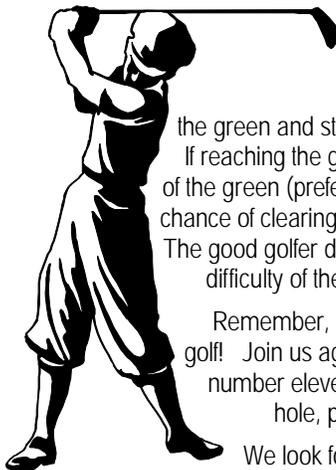
the green and stop quickly which is almost impossible with less lofted clubs.

If reaching the green in two shots is impossible, hit your second shot short of the green (preferably 50-100 yards out)– that way you will have a better chance of clearing the two huge Monterey cypress trees in front of the green.

The good golfer detests bogeys, but will gladly accept one here due to the difficulty of the hole."

Remember, have fun, play smart and (most of all) enjoy the game of golf! Join us again next month when we talk about how to approach hole number eleven. Just one last quick reminder, when you finish playing a hole, please repair your ball marks and divots. Thanks!

We look forward to seeing you on the course at Monterey Pines!



The Rules of Golf: Rule #1 The Game

1-1. General: The Game of Golf consists in playing a ball from the *teeing ground* into the *hole* by a *stroke* or successive *strokes* in accordance with the *Rules*.

1-2. Exerting Influence on Ball: No player or *caddie* shall take any action to influence the position or the movement of a ball except in accordance with the *Rules*.

PENALTY FOR BREACH OF RULE 1-2: Match play - Loss of hole;
Stroke play - Two strokes.

1-3. Agreement to Waive Rules: Players shall not agree to exclude the operation of any Rule or to waive any penalty incurred.

PENALTY FOR BREACH OF RULE 1-3: Match play - Disqualification of both sides;
Stroke play - Disqualification of competitors concerned.

1-4. Points Not Covered by Rules: If any point in dispute is not covered by the Rules, the decision shall be made in accordance with equity.

MONTEREY PINES GREENS FEES

WEEKENDS & HOLIDAYS

Military	\$12.00
DoD Civilian	\$15.00
Guest	\$25.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

MONDAY-FRIDAY

Military	\$10.00
DoD Civilian	\$12.00
Guest	\$18.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

MID-DAY (1-3pm)

Military	\$8.00
DoD Civilian	\$10.00
Guest	\$15.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

TWILIGHT (3pm-closing)

Military	\$7.00
DoD Civilian	\$8.00
Guest	\$11.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

Golf Tournament News

“Scramble at the Pines”

All Military, Active/Retired/Reservists and DoD Civilians are encouraged to join us each Friday, from 12 noon until 3pm for a four person nine hole scramble. We will play some golf, compete for prize money, and **Have A Lot of Fun!!**

? **Cost: \$5.00 per person** (does not include green fees).

? **Team Composition:** Pick your own team or we will pick one for you.

? **Rules and Requirements:**

- 1) Every player must have one drive off the tee used during the round
- 2) Must hole out on each green
- 3) Must be willing to enjoy the afternoon outdoors
- 4) Management will select which nine holes will be played each week

Good Luck and we'll see you soon!

NAVAL POSTGRADUATE SCHOOL (Area Code 831)

MWR (NPS) Intranet Events Calendar ~ <http://onboard.nps.navy.mil/intra/>

INFORMATION, TICKETS & TOURS – Herrmann Hall ground floor (Bldg. 220) across from NFCU. Open 9:30am-4:30pm, Monday through Friday. Closed weekends and federal holidays. Phone: 656-3223.

EL PRADO DINING ROOM - Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed Saturdays and federal holidays. Phone: 656-2170. Hours of Operation:

- Ala Carte Breakfast: 6:45-10:45am Weekdays
- Hot Breakfast: 6:45-8:30am Weekdays
- Lunch: 10:45am-2pm Weekdays
- Dinner: See Trident Room listing below.
- Champagne Brunch: 10am-2pm Sundays

TRIDENT ROOM – Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed weekends and most federal holidays. Phone: 656-2170. Hours of Operation:

- Beverage Service:** 4-11pm Monday-Wednesday
3-11pm Thursday & Friday
- Dinner service:** 4-9pm Monday through Friday

CLUB DEL MONTE / CATERING SALES OFFICE – Herrmann Hall ground floor across from the Trident Room (Bldg. 220). Open Tuesday through Friday, 8am to 4:30pm. Closed weekends and federal holidays. Phone: 656-1049.

MWR ADMINISTRATIVE OFFICES – Herrmann Hall ground floor across from the Trident Room (Bldg. 220). MWR Offices are open weekdays, 8am-4:30pm. Closed weekends and federal holidays. Phone: 656-2432.

MONTEREY BAY ATHLETIC CLUB – (Bldg. 239). Hours of Operation: Open Monday through Friday, 5:30am-9pm; Saturday, 8am-5pm; and 10am-5pm on Sundays and most federal holidays. Phone: 656-3118.

ROMAN PLUNGE SWIMMING POOL – (Bldg. 210) Hours of Operation: Open Tuesday through Friday, 11am-1pm (Lap Swim); 1-7pm (Recreational Swim); Saturday/Sunday, Noon-6pm (Recreational Swim); Closed on Monday. Phone: 656-2275.

CHILD DEVELOPMENT CENTER – La Mesa Village next to La Mesa Elementary School. Open 7:30am to 5:30pm, Monday through Friday. Closed all federal holidays. Phone: 656-2734.

FAMILY CHILD CARE – Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

YOUTH CENTER – La Mesa Village, Sylvan at Leahy. Open for School Age Care, Monday through Friday, 7:30-8am and 2-6pm. Special camps offered for school breaks (all seasons) & teacher in-service days. Closed all federal holidays. Phone: 656-2127.

MONTEREY PINES GOLF COURSE – Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30am-8pm, including most federal holidays. Hours vary seasonally. Phone: 656-2167.

MONTEREY PINES RV CAMPGROUND – Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-4029.

BLUEWATER COVE MARINA – On the Coast Guard pier, downtown Monterey. Open noon to sunset, Wednesday-Sunday by reservation. Closed all federal holidays. Phone: 656-2159.

MWR BUSINESS OFFICE – Herrmann Hall ground floor (Bldg. 220), next door to ITT. Open Monday through Friday, 8am-4:30pm. Closed weekends and all federal holidays. Phone: 656-5234.

MWR PERSONNEL OFFICE – Herrmann Hall ground floor (Bldg. 220), through the doorway next to ITT. Open Monday through Thursday, 8am-4:30pm. Closed Friday-Sunday and all federal holidays. Phone: 656-3102.

MWR MARKETING OFFICE – Herrmann Hall ground floor (Bldg. 220), through the door next to ITT. Open Monday through Friday, 8am-4:30pm. Closed weekends and all federal holidays. Phone: 656-5235.

MONTEREY NAVY FLYING CLUB – At the Monterey Airport. Open daily, 9am-5pm. Phone: 372-7033.



Peacock Press

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