



MAY 2001

www.mwr.nps.navy.mil



*Treat the Special Mom
in your family to*

Mother's Day Brunch!

Sunday, May 13, 2001

11:00 a.m. ~ 2:30 p.m.

In the Barbara McNitt Ballroom

Reservations are HIGHLY encouraged.

Our brunch buffet includes omelets, French toast, a variety of breakfast meats, fresh fruits, assorted salads, a carving station, fresh seafood and shellfish, delicious chicken entrée specials, vegetables du jour, a bread station and truly incredible desserts!

Special additions to our menu include:

Carved Roast Beef and Leg of Lamb with Au Jus served with Horseradish Specialty Desserts

Adults ~ \$21.95

Children (5~10 years) ~ \$11.00

Under Age 5 ~ Free

(Reservation for groups of 15 or more will require pre-payment by Credit Card. VISA or Master Card only).



CUATRO CINCO DE MAYO FIESTA

*May 4, 2001 5:00 ~ 7:00 p.m.
Trident Bar, Herrmann Hall*

***Mexican Munchies**

***Entertainment**

***Big Prize for the most festively dressed participant!**



Games:

Burrito Battle
Margarita Mania
Jalapeno Heave
Jumping Bean Juggle
Tortilla Toss
Salsa Samba

Prizes:

Mexican Fiesta Sombrero's
Mariachi BBQ Aprons
Maracas Sets
Pinata's
\$25.00 Rental Car Voucher
Movie Tickets
AT&T 53 minute phone cards

Open to all active duty military, reservists, retirees and DoD Civilians. For more information, call 656-5235.

Tasty Cinco de Mayo Treats



**Friday, 04 May 2001
10:45 a.m. - 2:00 p.m.**

*For this one day ONLY
start off your holiday celebration
with our
lunchtime special!*

FAJITA BAR

*Featuring Chicken or Beef Fajitas
with Refried Beans, Spanish Rice,
Salsa and Ice Tea or Coffee*

From the kitchen of
Chef Hugh Butler comes this month's
Wednesday Night
Trident Room (4-9 p.m.)
Dinner Special:

**Fresh Garden Salad
POT ROAST WITH GRAVY**

Fresh Mashed Potatoes
and Vegetables
Carrot Cake

only \$9.75

Come enjoy May's
Friday Lunch Special
in the El Prado
Dining Room!



**This month we're serving:
Fresh Garden Green Salad
SEAFOOD PASTA**

with Alfredo Sauce
served with Garlic Bread
and one fountain beverage

only \$5.50

NAVAL POSTGRADUATE SCHOOL

RADM David R. Ellison
Superintendent

CAPT R.L. Buschmann
Deputy Superintendent

CTAC Matthew C. Burskey
Command Chief

Captain Hirsh
Director, Personnel and
Military Services

Chrystal J. Harris
Acting MWR Director

Chrystal J. Harris
Financial Officer

Beth Leone-Mullins
Leisure Services Manager

Mike Valleau
Golf Course/RV Campground
Manager

Cathy Austin
Child Development Program
Administrator

Kim Andersen
Food & Beverage Manager

Cecilia S. Legario
Newsletter Editor

The Peacock Press is a monthly
publication of the MWR Department,
Naval Postgraduate School.
Information may be subject to
change without notice.

All phone numbers are in
Area code (831)

Come and enjoy our
Tuesday Night
Dinner Special in the
Trident Room
4:00 ~ 9:00 p.m.



**Succulent
Roast Prime Rib!**

with Aux Jus and Horse Radish
accompanied with Baked Potato and
Sour Cream

Fresh Vegetables and
Chef's choice dessert

only \$13.00

HOT BREAKFAST

Did you know that hot
breakfast is available in the
El Prado Dining Room,
from 6:45 - 9:00 a.m.,
weekdays? Typically, you
will find scrambled eggs,
breakfast meats, French
toast or pan-
cakes, and
breakfast-style
potatoes.



The cost is \$3.50 for a
full meal including coffee
or tea. Single items are
available ala carte.

LIBERTY ADVENTURES

"SAN FRANCISCO ALCATRAZ ROAD TRIP"

May 12, 2001

Meet at the NPS Quarterdeck at 8:00 a.m. sharp!

Return at approximate 5:00 p.m.

Discover and explore the greatest maximum security prison in the world!

? \$15.00 per person for single enlisted military members & geographic
bachelor military, E1~E9 attached to NPS and tenant commands.

? \$20.00 per person for guests.

? ADULTS ONLY. Price includes transportation, admission, ferry and
audio tour.

Bring money for souvenirs and lunch. Trip requires a minimum of eight (8)
sign-ups.

For more information, call 656-2275 or 656-5235 or email aerandal@nps.

**Saturdays in the
TRIDENT ROOM**

By popular demand, the Saturday operation in the Trident Room is back! We are
open from 4:00 to 11:00 p.m. with dinner service from 4:00 to 9:00 p.m.

Come on down and bring your friends!

MEMORIAL DAY HOURS OF OPERATION

*In observance of Memorial Day, Monday
May 28, please note the following hours:*

Club Del Monte: CLOSED

Information Tickets & Tours: CLOSED

Child Development Center: CLOSED

Youth Center: CLOSED

Bluewater Cove Marina: CLOSED

Roman Plunge Swimming Pool: OPEN
1200~1800

Monterey Bay Athletic Club: OPEN
1000~1700

Monterey Pines Golf Course: OPEN
0630~2000

MWR Business Office: CLOSED

MWR Administrative Office: CLOSED

**MONTEREY BAY ATHLETIC CLUB
FITNESS CLASS SCHEDULE**

- ? **PT READ** ~ Tues. & Thurs. ~ 6:00 a.m. Physical training ready. Hottest new class to get and keep you in shape.
- ? **STEP** ~ Tues. & Thurs. ~ 5:00 p.m. All the steps you want.
- ? **STEPX** ~ Sat. ~ 8:30 a.m. All the steps you want plus 15 minutes more.
- ? **YOGA** ~ Tues. ~ 12:00 p.m. Stress relief for your day.
- ? **ABS** ~ Mon. & Wed. ~ 4:30 p.m. This FREE class will sculpt your abdominals. Open to all fitness center eligible patrons.
- ? **KICK BOX** ~ Mon. & Wed. ~ 5:00 p.m. Jab, kick and punch your way through your aerobic workout.
- ? **ONLY GLUTES** ~ Tues ~ 4:30 p.m. Exercises that focus on firming and shaping your lower half.
- ? **CIRCUIT** ~ Wed. ~ 6:00 a.m. Interval training with weights.

ALL CLASSES ARE HELD IN THE MULTIPURPOSE ROOM BLDG 228.

CLASS FEES

ELIGIBLE PATRONS	CLASS DAILY	CLASS 8-PUNCH	CLASS 12-PUNCH	YOGA MONTHLY	YOGA DAILY
ACT.DUTY/RESERVIST	\$1.00	\$6.00	\$8.00	\$18.00	\$5.00
RETIREE/FAMILY MEMBER	\$2.00	\$12.00	\$18.00	\$19.00	\$5.50
DOD CIVILIAN	\$3.00	\$16.00	\$24.00	\$20.00	\$6.00

Personal Training: The Monterey Bay Athletic Club offers Personal Training that includes consultation, fitness/exercise program design and one-on-one training. The cost is \$35.00 per hour, by appointment only.

Body Fat Analysis: Body Fat Analysis is available at Monterey Bay Athletic Club. The cost is \$20.00. Payment is required when appointment is scheduled.

WELL FIT 2001

Team Fit Contest May 9th - 21st. Grab a partner (21 or older) and join us for the 3-body part challenge; CHEST, LEGS and ABS! Categories will be Men/Women (17 yr+) and Coed with the first place being awarded in each division. This event is open and FREE of charge to eligible patrons. Sign up by May 8th.

Aerobic/Fitness Classes FREE for TWO WEEKS in May 2001! ~ In support of Navy Fitness month, we encourage you to participate in our 6:00 a.m. Tuesday, Wednesday and Thursday fitness classes May 1-14, for free! Get your day off to a great start!

Let's Picnic!

MWR has two picnic park facilities available for you and your family to utilize. One is located at the Monterey Pines Golf Course and the other is Sparks Field on base, just across the street from Del Monte Lake and the softball field.



The rental fees for the picnic grounds are as follows:

- ? **Active Duty/Reservist/Family Members: FREE**
- ? **Retirees/Family Members: \$60.00**
- ? **DoD Civilians: \$100.00**
- ? **Sponsored Public Civilians: \$125.00**

BICYCLE RENTALS

The Monterey Bay Athletic Club has adult sized bicycles available to rent by eligible patrons to meet their transportation needs or for recreational riding.



Two types of bikes are available for rental: street bikes and six speed bikes. Rentals are conducted on a daily, weekend, weekly or monthly basis. All rentals include the use of a bicycle safety helmet, lock and chain. Bicycle rental prices are listed below.

INDIVIDUALS WISHING TO RENT A BICYCLE NEED TO FILL OUT A RENTAL AGREEMENT AND PAY IN ADVANCE FOR THEIR RENTAL AT THE FITNESS CENTER, BLDG. 239.	BICYCLE TYPE	DAILY	WEEKEND	WEEKLY	MONTHLY
	STREET BIKE	\$8.00	\$12.00	\$34.00	\$96.00
6-SPEED	\$10.00	\$15.00	\$42.00	\$120.00	

SPORTS



Racquet Ball Challenge

Tuesday, 22 & 23 May 2001 games from 4:00 ~ 8:00 p.m. Fitness Center, Bldg. 239
Sign up by 20 May at the Fitness Center front desk.

Did you miss out in February? Here's your chance to compete! Men's/Women's/Mixed pairs divisions. The cost is \$10.00 - active duty/reservists, \$11.00 - retirees/family members, and \$12.00 - DoD civilians. We need at least six people per division.

Due to California power crisis, the lights on the Tennis Courts and Softball Field will not be utilized.

ROMAN PLUNGE SWIMMING POOL

Opens May 26 ~ November 2, 2001

HOURS OF OPERATION

- May 26 - June 8**
Tuesday ~ Friday
1100-1300 lap swim
1300-1900 recreational swim
Saturday 1200-1800 recreational swim
Sunday-Monday: CLOSED
- June 9 - October 1**
Tuesday ~ Friday
1100-1300 lap swim
1300-1900 recreational swim
Saturday ~ Sunday
1200-1800 recreational swim
Monday: CLOSED
- October 2 - November 2**
Tuesday ~ Friday
1100-1300 lap swim
1300-1700 recreational swim
Saturday 1200-1700 recreational swim
Sunday-Monday: CLOSED



DAILY POOL FEES

- Active Duty, Reservists Free
- Children (5 yrs. & younger, all categories) Free
- Children (6-15 yrs, all categories) \$1.00
- Retirees & Family members (16 yrs. & up) \$2.00
- DoD Civilians, DoD Family Members, Guests \$3.00

MULTIPLE USE POOL PASSES

****POOL PASSES - BUY EARLY and SAVE!** Purchase your **SEASON PASS** in the ITT OFFICE **May 7th-May 21st**, and receive a **10% discount** on your individual or family season pass!

Pool Passes for Youth

Season Passes
Children (6-15 yrs, all categories) \$45.00

20 Punch Card
Children (6-15 yrs., all categories) \$15.00

Pool Passes for Retirees and Military Family Members

Season Passes
Individual \$65.00
Family \$90.00

20 Punch Card
Individual \$30.00
Family \$40.00
(One punch per family per day)

Pool Passes for DoD Civilians and DoD Family Members

Season Passes
Individual \$90.00
Family \$112.00

20 Punch Card
Individual \$40.00
Family \$50.00
(One punch per family per day)

Water Safety Instructors (WSI'S) and lifeguards (LG'S) are still needed for our 2001 summer season.

If you or anyone you know is interested in teaching swim lessons, being a lifeguard, and/ or obtaining your WSI or LG certifications, please call the Roman Plunge Swimming Pool at 656-2275.



INFORMATION TICKETS & TOURS

Open Monday-Friday
9:30 a.m. to 4:30 p.m.

Closed Weekends
and
Federal Holidays

MAY	UPCOMING ITT TOURS	PRICES
5	Monterey Wine Tour	\$20.00
5	San Francisco "Cinco de Mayo" Parade	\$23.00
12	Giants vs. New York	\$35.00
19	Marine World	\$40.00
19	"Carnival" - San Francisco	\$23.00
25 - 27	Las Vegas Extravaganza	\$189.00

ARMED FORCES VACATION CLUB

Armed Forces Vacation Club is a vacation club arranged between MWR and resort Condominiums International. AFVC offers condominium unit rentals for \$234.00 per week at select resorts located all around the world. Stop by ITT to pick up your space available voucher.



Laguna Seca's race season has started! Discounted tickets are available approximately three weeks prior to each race. Check with ITT for prices.

**MONTEREY NASCAR
CHALLENGE**
May 19 - 20



**HONDA INTERNATIONAL
SUPERBIKE CLASSIC**
July 6 - 8



**MONTEREY SPORTS CAR
CHAMPIONSHIP**
September 7 - 9



**ROLEX MONTEREY
HISTORIC AUTOMOBILE RACES**
August 17 - 19

HONDA GRAND PRIX OF MONTEREY
October 12 - 14



Oakland A's Tickets. Baseball season is underway! ITT is selling tickets for Oakland Athletics' weekend games throughout the season for \$9.50.

Special orders for weekday games can be placed in advance through ITT.



Raging Waters. Opens its gates May 17th. With attractions such as Barracuda Blaster and Wacky Water Works, there is something for all members of the family. Tickets are available in the ITT office. Adult: \$18.95; Child: \$16.00. Season passes are also available for \$46.00



Bonfante Gardens. One of California's newest theme parks, Bonfante Gardens, opens its doors for the first time in June. Located in Gilroy, it is comprised of 40 rides and attractions, including five distinct gardens, Tree Circus, and a collection of unusual trees trans-

planted from the Santa Cruz Mountains. Check with ITT for ticket prices.



Six Flags Marine World in Vallejo is now open. Marine World, America's only combination wildlife park, oceanarium, and theme park, features over 30 rides and attractions for all ages. Tickets are \$21.00 for 4 years old and over.

ITT TRIVIA

Calling all trivia buffs! Be the first to answer the trivia question and receive a free gift certificate to See's Candies. The Question: *What does the name "Pinocchio" mean?* The first person to stop by ITT with the correct answer will win the prize!

MONTEREY-SALINAS BUS PASSES

Do you take the bus to work? Then **SAVE** money by buying a monthly **EMPLOYEE BUS PASS** through ITT! Come see us before the 20th of each month and pay for your pass for the next month. ITT will order it especially for you and call you when it arrives.



MONTHLY PRICES ARE:

Peninsula Zone \$40.50
All Zone
(includes Salinas) \$81.00

NOTICE TO TICKET BUYERS

Vendors have the right to ask for military ID. Patrons purchasing amusement park tickets as gifts run the risk of having the ticket holder denied entry at the gate. Patrons may take non-military/DoD guests along, but the rule of thumb is 50% of each party having military or DoD ID cards and 50% without. Check with ITT before you buy.

For more information, please call 656-3223.

SUMMER YOUTH CELEBRATION

Join us for our eight week summer day camp from 11 June thru 03 August. This year's theme will recognize the 50th anniversary of Naval Postgraduate School. Each week we offer a different theme that is action packed activities, swimming, bowling, skating and one major field trip. Themes this summer include Galley Week (cooking week) and Boot Camp Week (sports week) to name a few. Field trips every Wednesday give campers an exciting off base adventure. Major field trips include Great America, Raging Waters and Golfland. Day camp hours are 0900-1700 with wrap around from 0730-0900 and 1700-1800.

Reserve a spot today by registering at the Youth Center. Weekly reservations are available. Fees are based on sliding scales. Day camp is open to ages 6-12 (or children who have completed their first year of kindergarten. Come join the fun!!

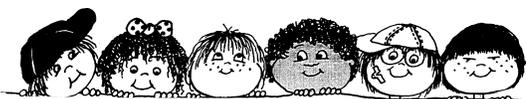


EMPLOYMENT ANNOUNCEMENT

MWR Youth Center is seeking enthusiastic and energetic people. Must be 18 years of age, and be able to work flexible hours at the new Youth/Teen Center. Various positions available.

For more information please call HRO at 656-4103.

For more information about the Youth Center's programs and special events, please call 656-2127.



Child Development Program

CDC IS THE PLACE TO BE

If your child is between the ages of six weeks and five years and you are looking for a nurturing early childhood experience ~ the Child Development Center (located in La Mesa Village) is the place for you! There's full-time and school-age kindergarten care for children that need a safe, fun and positive environment while Mom or Dad are at work or school.

Looking for an enrichment program for 2 or 3 mornings per week? Our Child Development Program also offers a fantastic Part-Day Preschool program for children 3-5 years. Hourly care is also offered in a space available basis.



Accredited by NAEYC's
National Academy of Early
Childhood Programs

CHILD DEVELOPMENT HOMES

Interested in pursuing a rewarding career and work at home? How about becoming a Child Development Home Provider? You'll receive extensive training, become First Aid/CPR qualified and be part of a dedicated team of professionals that provide child care in their homes in La Mesa Village. Give us a call and we'll assist you through our CDH certification process!



If you're looking for a home environment to meet your child care needs, a list of certified CDH providers is available for pick up at the CDC during business hours. Provider referrals may not be released by phone.

For more information about how our Child Development Program can meet your child care needs, please call 656-2734.



- ? Located at the Coast Guard Pier in historic downtown Monterey.
- ? **Reservations available Wednesday through Sunday noon to sunset. Please call ahead to make yours.**
- ? Nine Sailboats are available for eligible patron rental. The Marina may be used by active duty military, reservists, retirees and DoD employees. "Check sails" are required for boat safety, to meet local sailing regulations and for orientation prior to initial sailboat rental.
- ? Power boat rentals are available through Outdoor Recreation (at DLI). Please call them at 242-5506 for additional information about power boat rentals.
- ? For Marina information, check sails, and sailboat reservations, call the Bluewater Cove Marina Boathouse at 656-2159.

MEET THE FLEET

These sailboats are available for rental at Bluewater Cove Marina.

Lorraine	22ft. Capri	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Small Wonder	23ft. Ranger	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Antares	26ft. Excalibur	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Serenade	22ft. Santana	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Medora	30ft. Shields	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Storm	30ft. Shields	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Barbara	30ft. Shields	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Harriet	30ft. Shields	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Hanalei II	30ft. Buccaneer	\$15/hr. Wed./Thurs.	\$18/hr. Fri./Sun.
2000 Racing Charter Fee	\$830.00 per Calendar year		

MOTHER'S DAY SAIL

Sunday, 13 May 2001

Bluewater Cove Marina welcomes all mothers on "Mother's Day" for a wonderful day of sailing on the beautiful Monterey Bay.

Sail one hour get one hour free. Must be B-skipper Qualified to participate.

MONTEREY NAVY FLYING CLUB

Located at the Monterey Airport, you will find aircraft rental and professional flight training in an informal, club-type atmosphere.



For more info, call the Monterey Navy Flying Club at 372-7033.

MONTEREY PINES RV CAMPGROUND



Monterey Pines RV Campground is **OPEN YEAR ROUND** and is available to all active duty, reservists, retirees, family members & DoD civilians.

About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey). Our park offers 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

For advance reservations or more information, call the Monterey Pines Golf Course Pro Shop at (831) 656-4029.

DAILY RENTAL FEES

Eligible Patron	Full Hook-Up	Partial Hook-Up
Active Duty/Reservist/ Retiree/Family Member	\$14/Day	\$12/Day
DoD Civilian	\$16/Day	\$14/Day
Civilian Guest	\$18/Day	\$16/Day

MONTEREY PINES GOLF COURSE

HOURS OF OPERATION GOLF PRO SHOP

6:30 a.m. to 8pm ~ Daily
Twilight Golf ~ 3pm to Closing
MONTEREY PINES SNACK BAR
10:00 a.m. ~ 5:00 p.m. ~ Daily

GOLF TIP

The ultimate test of a golfer's honesty comes when he gets around to analyzing himself and course management. For instance, how many shots would you have saved if you had never lost your temper, never got dispirited, always use your mind ahead of your muscles, always played within your known resources? If you answer those questions honestly and then really stick with the resulting resolutions, you can not fail to play better golf.

JUNIOR GOLF CLINIC

Monterey Pines Golf Course
10:00 ~ 11:30 a.m. every Saturday
\$15.00 per junior ages 6-16 years old

Consists of the following:

- *Short game instruction
- *Full swing instruction
- *Rules and etiquette
- *Putting
- *Tournament

Please contact Nick or Dave at
6446-8278 or 372-2857.

The Ladies of.....

NPS GOLF CLUB ASSOCIATION

Invite you to join their league to play every Wednesday starting at 9:00 a.m. Membership application forms are on the bulletin board in the Monterey Pines Golf Clubhouse.

As a member of the Ladies League, players are able to establish their handicaps for tournament play

For more info, please contact Phyllis Michelson at 372- 6160 or Mary Pounds at 394-8288.

THE PRO'S VIEW:



We continue to advise you on how to best manage your play at Monterey Pines Golf Course. You will only see the tougher Par 3 holes in this column as this month we work on:

HOLE #4: 192 YARDS, PAR 3
This hole is tough! It's long and features two huge Monterey cypress trees that guard the left side of the green. The right side is trapped, leaving the golfer with only a small opening to hit to the green. Another problem can also occur. Most golfers either slice or face a golf ball, which is affected then by the prevailing afternoon breeze off the ocean.

There are two shots to play:

“The first shot option (geared to the more accomplished golfer) is to hit a high hard drive at the right side of the bunker (sand trap) bringing it right-to-left to the green”.

“With the second shot option, the average golfer, using a club that will keep the ball low, can hit the ball and let it roll to the green. If it does not hit the green, at least there is the opportunity to chip it close and save par.”



Sign-up for golf lessons with Nick Nelson or Dave Arancio. Try the new video lesson. Lesson gift certificates are a great idea for all seasons.

Note: Golf Course will be open on 28 May, Memorial Day.

MONTEREY PINES GREENS FEES

WEEKENDS & HOLIDAYS

Military	\$13.00
DoD Civilian	\$16.00
Guest	\$26.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

MONDAY - FRIDAY

Military	\$11.00
DoD Civilian	\$13.00
Guest	\$19.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

MID-DAY (12-2 P.M.) DAILY

Military	\$9.00
DoD Civilian	\$11.00
Guest	\$16.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

TWILIGHT (2 P.M.-CLOSING) DAILY

Military	\$8.00
DoD Civilian	\$9.00
Guest	\$12.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

GOLF RULE

Rule 8-1 Giving or asking For Advice

Advice in golf concerns suggestions about how to play, choose a club, or make a stroke. You are allowed to give this kind of advice to your partner, and you may take it only from your partner, your caddie, and your partner's caddie.

NAVAL POSTGRADUATE SCHOOL (Area Code 831)

MWR (NPS) Intranet Events Calendar ~ <http://onboard.nps.navy.mil/intra/>

INFORMATION TICKETS & TOURS ~ Herrmann Hall ground floor (Bldg. 220) across from NFCU. Open 9:30 a.m. 4:30 p.m., Monday through Friday. Closed weekends and federal holidays. Phone: 656-3223.

EL PRADO DINING ROOM ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed Saturdays and Federal holidays. Phone: 656-2170.
Hours of Operation:

- Ala Carte Breakfast: 6:45 ~ 10:45 a.m. Weekdays
- Hot Breakfast: 6:45 ~ 9:00 a.m. Weekdays
- Lunch: 10:45 a.m. ~ 2 p.m. Weekdays
- Dinner: See Trident Room listing below.
- Champagne Brunch: 10 a.m. ~ 2 p.m. Sundays

TRIDENT ROOM ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Saturday. Closed weekends and most federal holidays. Phone: 656-2170. Hours of Operation:

- Beverage Service:** 4:00 ~ 11:00 p.m. Monday ~ Wednesday
3:00 ~ 11:00 p.m. Thursday & Friday
4:00 ~ 11:00 p.m. Saturdays
- Dinner Service:** 4:00 ~ 9:00 p.m. Monday through Saturday

CLUB DEL MONTE/CATERING SALES OFFICE ~ Herrmann Hall (PW area) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and federal holidays. Phone: 656-1049.

MWR ADMINISTRATIVE OFFICES ~ Herrmann Hall (PW area) ground floor (Bldg. 220). Open weekdays, 8 a.m. to 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2432.

MONTEREY BAY ATHLETIC CLUB ~ (Bldg. 239).
Hours of Operation: Open Monday through Friday, 5:30 a.m. ~ 9 p.m.; Saturday, 8 a.m. ~ 5 p.m.; and 10 a.m. ~ 5 p.m. on Sundays and most federal holidays. Phone: 656-3118.

ROMAN PLUNGE SWIMMING POOL ~ (Bldg. 210). Hours of Operation:
Opens Tuesday through Friday, 11am-1pm (Lap Swim); 1-7pm (Recreational Swim); Saturday/Sunday, Noon-6pm (Recreational Swim); Closed on Monday. Phone: 656-2275.

CHILD DEVELOPMENT CENTER ~ La Mesa Village next to La Mesa Elementary School. Open 7:30 a.m. ~ 5:30 p.m., Monday through Friday. Closed on all federal holidays. Phone: 656-2734.

CHILD DEVELOPMENT HOMES ~ Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

YOUTH CENTER ~ La Mesa Village, Sylvan at Leahy. Open for School Age Care, Monday through Friday, 7:30 ~ 8:00 a.m. and 2:00 ~ 6 p.m. Special camps offered for school breaks (all seasons) & teacher in-service days. Closed on all federal holidays. Phone: 656-2127.

MONTEREY PINES GOLF COURSE ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30 a.m. ~ 5 p.m., including most federal holidays. Hours vary seasonally. Phone: 656-2167.

MONTEREY PINES RV CAMPGROUND ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-4029.

BLUEWATER COVE MARINA ~ On the Coast Guard pier, downtown Monterey, open noon to sunset, Wednesday ~ Sunday. Closed on all federal holidays. Phone: 656-2159.

MWR BUSINESS OFFICE ~ Herrmann Hall ground floor (Bldg. 220), next door to ITT. Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-5234.

MWR MARKETING OFFICE ~ Herrmann Hall ground floor ITT Lobby (Bldg. 220). Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-4804.

MONTEREY NAVY FLYING CLUB ~ At the Monterey Airport. Open daily, 9:00 a.m. ~ 5:00 p.m. Phone: 372-7033.

CHECK OUT MWR'S WEBSITE!
www.mwr.nps.navy.mil



Peacock Press

Morale, Welfare and Recreation Department
Naval Postgraduate School
1 University Circle
Monterey, CA 93943-5000

