

Peacock Press

Naval Postgraduate School

SEPTEMBER/OCTOBER 2004



We would like to invite everyone at the Naval Postgraduate School to a spectacular MWR event.....

NPS STUDENT, STAFF, AND FACULTY APPRECIATION DAY

*Please join us on Thursday, 30 September 2004
11:00-1:30 p.m. on the lawn at Herrmann Hall. Your
MWR Team will build*

"The World's Largest Sandwich Ever Made In Monterey!" Part Deux

*A 200 foot long sandwich will be served for free to
all who show up to celebrate. There will be lots of
fun for the whole family — A Bouncing House for
the kids and live entertainment will be provided by
"The Openers".*

*Regular El Prado lunch operations will be closed
on this day.*



*In Early October a million dollar renovation of the El
Prado Dining Room is going to begin. During the reno-
vation period breakfast and lunch will be served in the
Barbara McNitt Ballroom and dinner will be served in
the Trident Room.*

*We would like to inform our valued patrons that for
your convenience the Trident Room, Barbara McNitt
Ballroom and the El Prado Dining Room have 802.11b
wireless access.*

*For more information, please call 656-1046 or [help-
desk@nps.navy.mil](mailto:help-desk@nps.navy.mil).*

Visit our website: www.mwr.nps.navy.mil



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NAVAL POSTGRADUATE SCHOOL

RDML Patrick W. Dunne USN
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Chief of Staff

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Leisure Services Manager

David Stockly
Golf Course/RV Campground
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Megan Ryan
Child Development & Youth
Program Administrator

Hugh Butler
Executive Chef

Renee Leiva
Catering Sales Manager

Cecilia S. Legario
Newsletter Editor

The Peacock Press is a bi-monthly publication of the MWR Department, Naval Postgraduate School. Information may be subject to change without notice.

All phone numbers are in area code (831)



September 2004 SCHEDULE OF CLASSES

Resumix Application Preparation:
Thurs 9 Sept 1-3 pm FFSC, Bldg 3.

Advance Self-Confidence and Chess Club: **Wednesdays, 8 Sept (ONGOING) 2:30-3:30 pm La Mesa Community Center.** There will be a brief discussion on self-confidence, and then the children will learn and play chess. While the intent is how to play, the emphasis of the group is enjoyment and socialization versus competition or the need to win. The class is for 4th graders and older or advanced players who want to help teach younger students.

Veterans Benefits Brief: **Thursday, 16**

September 1-3 pm FFSC, Bldg 3. Obtaining information on your veteran's benefits can assist you with your future retirement/separation planning. Topics discussed: Education (MGIB), Disability Compensation, VA Home Loans, State Benefits for Veterans and Dependents, Supplemental Insurance, Vocational Rehabilitation, Servicemen's Group Life Insurance (SGLI) conversion and a question/answer session.

Raising an Emotionally Intelligent Child: **Tues 21 Sept 4:30-6:00 FFSC, Bldg 2.** This class will teach parents how to help their children understand their emotional world. New parenting approaches, listening with empathy, positive praise and reinforcement and how to redirect negative behavior will also be discussed.

How To Buy A Car And Save: **Thurs 30 Sept 1-3 pm FFSC, Bldg 3.**

Parent and Toddler Support Group: **Fridays 3 Sept (ONGOING) 10-11 am La Mesa Community Center.** A group for parents and their toddlers, ages 15 months to 3 years. Parents are encouraged to interact with their toddlers through fun activities, while sharing parenting tips and resources.

Future Classes in October: **Self-Confidence and Chess Class for ages 1st to 3rd grade. Wednesdays, 2:30-3:30 pm La Mesa Community Center.**

(Note: We need advanced players to help train younger children for classes to begin in October.)

Call Family Support Center, 656-3060 to register. Visit the FFSC website for update of classes: <http://www.nps.navy.mil/ffc>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>"Navy Regulations prohibit patrons from bringing food or beverages into an MWR facility from outside sources. Thank you for your cooperation."</p>	<p>Monday 13, 20 & 27 Dinner Special El Prado Room 1600-2100</p> <p>SEAFOOD CIOPPINO Adults: \$9.50 Kids 5-10: \$4.75 Under 5 \$3.00</p>	<p>Every Tuesday Dinner Special El Prado Room 1600-2100</p> <p>"Moist & Tender" PRIME RIB \$13.00</p>	<p>1 BREAKING ALL THE RULES (PG 13) 1800</p> <p>Every Wednesday Dinner Special El Prado Room 1600-2100</p> <p>CHICKEN GUMBO Adults: \$7.75 Kids 5-10: \$4.00</p>	<p>2 HOME ON THE RANGE (PG) 1800</p> <p>Every Thursday FAMILY NIGHT Dinner Special El Prado Room BBQ SMOKED BEEF BRISKET Adult \$8.00 Kids 5-10 \$4.00</p>	<p>3</p> <p>Every Friday Dinner Special El Prado Room 1600-2100</p> <p>FRIED SHRIMP Adults: \$9.00 Kids 5-10 \$4.50</p>	<p>4</p> <p>TRIDENT ROOM</p> <p>CLOSED</p>
<p>5</p> <p>ITT OPEN MON-FRI 0930-1330 1430-1630 CLOSED WEEKENDS & FEDERAL HOLIDAYS</p>	<p>6</p> <p>HOLIDAY</p> 	<p>7</p> <p>CONNIE & CARLA (PG-13) 1800</p> <p>Dinner Special "Moist & Tender" PRIME RIB</p>	<p>8</p> <p>THE DAY AFTER TOMORROW (PG 13) 1800</p> <p>Dinner Special CHICKEN GUMBO</p>	<p>9</p> <p>NEW YORK MINUTE (PG) 1800</p> <p>Dinner Special BBQ SMOKED BEEF BRISKET</p>	<p>10</p> <p>Dinner Special FRIED SHRIMP</p>	<p>11</p> <p>CLUB DEL MONTE CATERS GREAT DEALS FOR "WETTING DOWN/ PROMOTION</p>
<p>12</p> <p>MONTEREY PINES GOLF COURSE OPEN DAILY 0630-1700 AND MOST FEDERAL HOLIDAYS PLEASE CALL 656-2167</p>	<p>13</p> <p>ETERNAL SUNSHINE OF THE SPOTLESS MINDS (R) 1800</p> <p>Dinner Special SEAFOOD CIOPPINO</p>	<p>14</p> <p>GODSEND (PG 13) 1800</p> <p>Dinner Special "Moist & Tender" PRIME RIB</p>	<p>15</p> <p>L.A. CONFIDENTIAL (R) 1800</p> <p>Dinner Special CHICKEN GUMBO</p>	<p>16</p> <p>SHREK 2 (PG) 1800</p> <p>Dinner Special BBQ SMOKED BEEF BRISKET</p>	<p>17</p> <p>Dinner Special FRIED SHRIMP</p>	<p>18</p> <p>MONTEREY BAY ATHLETIC CLUB OPEN MON-FRI 0530-2100 SAT: 1200-1700 CLOSED SUN & ALL FEDERAL HOLIDAYS</p>
<p>19</p> <p>MONTEREY PINES 19TH HOLE GRILL FOOD SERVICE OPERATION OPEN 7 DAYS A WEEK PLEASE CALL 656-2167</p>	<p>20</p> <p>MEAN GIRLS (PG 13) 1800</p> <p>Dinner Special SEAFOOD CIOPPINO</p>	<p>21</p> <p>MORTAL COMBAT: ANNIHILATION (PG 13) 1800</p> <p>Dinner Special "Moist & Tender" PRIME RIB</p>	<p>22</p> <p>BATMAN & ROBIN (PG 13) 1800</p> <p>Dinner Special CHICKEN GUMBO</p>	<p>23</p> <p>SPLASH (PG) 1800</p> <p>Dinner Special BBQ SMOKED BEEF BRISKET</p>	<p>24</p> <p>Dinner Special FRIED SHRIMP</p>	<p>25</p> <p>MONTEREY NAVY FLYING CLUB OPEN MONDAY TO FRIDAY 0900-1700</p>
<p>26</p> <p>MONTEREY PINES RV CAMPGROUND OPEN YEAR ROUND PLEASE CALL 656-2167</p>	<p>27</p> <p>THE CRONICLE OF RIDDICK (PG 13) 1800</p> <p>Dinner Special SEAFOOD CIOPPINO</p>	<p>28</p> <p>DODGEBALL: A TRUE UNDERDOG STORY (PG 13) 1800</p> <p>Dinner Special "Moist & Tender" PRIME RIB</p>	<p>29</p> <p>CAPE FEAR (R) 1800</p> <p>Dinner Special CHICKEN GUMBO</p>	<p>30 BACK TO THE FUTURE PART 3 (PG) 1800</p> <p>LARGEST SANDWICH LUNCH 11 AM-1:30 PM</p> <p>Dinner Special BBQ SMOKED BEEF BRISKET</p>	<p>CAFÉ DEL MONTE OPEN MON-THURS 7 AM-3 PM FRI: 7 AM-2 PM LUNCH 10:45 AM-2 PM CLOSED WEEKENDS & ALL FEDERAL HOLIDAYS</p>	<p>FOR PARTY RESERVATIONS AT</p> <p>CLUB DEL MONTE</p> <p>PLEASE CALL 656-2170</p>

Dinner Specials Served in the El Prado Dining Room
Monday-Friday 4:00-9:00 p.m.

SEPTEMBER/OCTOBER
MONDAY DINNER SPECIAL



FRESH SEAFOOD CIOPPINO

*with Shrimp, Calamari, Crab and Mussels,
Fresh Caesar Salad and Garlic Bread*

Adults \$9.50 Kids 5-10 \$4.75 Under 5 \$3.00

SEPTEMBER/OCTOBER
TUESDAY DINNER SPECIAL

SLOW ROASTED PRIME RIB



*“moist and tender”
with Aus Jus*

*accompanied with Horse Radish,
Baked Potato, Sour Cream and
Chef’s choice dessert*

only \$13.00

SEPTEMBER
WEDNESDAY DINNER SPECIAL

**FRESH GREEN SALAD
CHICKEN GUMBO**

over steamed Rice

Adults \$7.75 Kids 5-10 \$4.00

OCTOBER
WEDNESDAY DINNER SPECIAL

**FRESH GREEN SALAD
BBQ BABY BACK RIBS**

with Baked Beans and Coleslaw

Adults \$9.00 Kids 5-10 \$4.00

FAMILY NIGHT EVERY THURSDAY

THURSDAY
SEPTEMBER DINNER SPECIAL

SMOKED BBQ BEEF BRISKET

*served with Mashed Potatoes
and Fresh Vegetable Cookies*

Adult \$8.00 Kids 5-10 \$4.00

THURSDAY
OCTOBER DINNER SPECIAL

PENNE PASTA

*with Meat Sauce
& Garlic Bread*

Adult \$7.50 Kids 5-10 \$3.75

SEPTEMBER
FRIDAY DINNER SPECIAL



**FRIED SHRIMP with ROASTED
POTATO WEDGES**

served with Fresh Herbs and Vegetables

Adults \$9.00 Kids 5-10 \$5.00

OCTOBER
FRIDAY DINNER SPECIAL



**STEAMED
DUNGUNESS CRAB**
with Drawn Butter

*Baked Potato with Sour Cream
Sauteed Fresh Vegetables*

Adult \$14.00 Kids 5-10 \$7.00



Stop by or call us for more information on these trips, rentals and more....

Tel: (831) 242-5506

www.pom.odr.com

Presidio of Monterey Bldg. 228 Lewis Hall
Monterey, CA 93944

Cruise event, design-a-tour, group tour, tour guides, back packing, orienteering, team building camps, environmental camps, sky diving, beach parties, rock climbing, ropes course, team tours, bicycle tours, rental cars, R.V. storage, surfing, wind surfing, float trips, white water, kayaking, power boat, water skiing, SCUBA, harbor tours, whale watching, sport fishing, ski club, snowboard club, Tahoe trips, one-day trips, ski & board repair, custom trips.

COMING UP:

September

- 3-5 Yosemite hike and climb
- 4 Giants vs Diamondbacks
- 4-6 Knotts Berry Farm, Seaworld, Magic Mountain
- 11 Get Acquainted with San Francisco, Kayak and Snorkel the Bay
- 17-19 Surf Safari
- 18 BOSS Beach Party rock climbing at Castle Rock
- 25 San Francisco Zoo and Exploratorium
- 25-26 Explore Sykes Hot Springs

October

- 2 Kayak Trip
- 8-11 TBA
- 16-17 Lake San Antonio Water Skiing
- 23 Surf Class

PRESIDIO OF MONTEREY VETERINARY TREATMENT FACILITY OFFERS MORE APPOINTMENT TIMES

The Presidio of Monterey Veterinary Treatment Facility is located on Parker Flats Cutoff in FT Ord Military Community, is excited to announce that it is now offering more appointments to service the Active Duty, Retiree, Reserve, and NG components on active duty status.

They are now open Monday thru Thursday 0900-1200 and 1330-1530 for over the counter sales. Vaccinations and minor sick call appointments are available Mondays and Tuesdays throughout the month based upon personnel availability.

Pets are a vital part of our families, and need their health maintained for years of happy living. We are looking forward to seeing you and your pet soon. Call to book an appointment at 242-7718.

Cafe Del Monte



**We Proudly Brew
STARBUCKS COFFEE**

Great prices!



Quick service!

Café Del Monte is located next to the Knox Library. Open Monday-Thursday 0700-1500; Friday 0700-1400; Closed Saturdays and all federal holidays. Open for lunch 1045-1400.

We serve daily specials from around the world!!

For more information, call 656-2170.

**The following MWR facilities will be closed
on Monday 6 September in observance of**

Labor Day

ADMINISTRATION AND CATERING OFFICES

MARKETING AND BUSINESS OFFICES

CAFÉ DEL MONTE

CLUB DEL MONTE

INFORMATION TICKETS & TOURS

MONTEREY BAY ATHLETIC CLUB

CHILD DEVELOPMENT CENTER

TECH CONNECTION/YOUTH & TEEN CENTER

NPS cordially invites you to the

229TH U.S. NAVY BIRTHDAY BALL

Friday, 15 October 2004

Tickets will be on sale at the IIT office. TBA

For more information, call 656-3223.



**Located on
HERRMANN HALL
QUARTERDECK**

**Open
Monday-Friday
9:30 a.m. ~ 1:30 p.m.
2:30 ~ 4:30 p.m.**

**Closed Weekends
and
Federal Holidays**



**NORTHERN CALIFORNIA
RENAISSANCE FAIRE**

*September 18-October 24
10 am-6 pm*

Come celebrate the harvest with us as the streets and pathways of our Renaissance village come to life. Our marketplace of master artisans once again offers the latest designs and finest hand work in blown glass, romantic clothing, leatherwork and much more. Test your skill in archery, throwing axes and tossing tomatoes at your favorite fool. Wend your way through the dragon's maze and ride the glant swing. Gnaw on a turkey leg or dine on quail with wild rice.

An original among Faires! Come for the entertainment - stay for the experience at our enchanted village filled with fantasy, myth, and legend at Casa De Fruta 10031 Pacheco Pass Highway Hollister, California.



DISNEY ON ICE
presents
"100 years of Disney Magical Moment"
Saturday, October 30 11:30 am and 3:30 pm.
Prices: \$19.50 or \$20.00

Disney's captivating characters and unforgettable stories come to life in this commemorative celebration that salutes the legacy of Walt Disney. In grand Disney tradition, this production features the largest cast ever of lovable Disney stars — Donald Duck and the gang; Jiminy Cricket and Pinocchio; and all of the beloved princesses — plus exciting moments from "The Lion King", "Mulan" and "Toy Story".



ENTERTAINMENT BOOKS

They're here! The 2005 Entertainment Books sold for \$20.00. Use coupons to save money at local restaurants, stores and more.

SEPTEMBER	UPCOMING ITT TOURS	PRICE
4	Knotts Berry Farm/Sea World/Magic Mountain Adult Child	\$225.00 \$199.00
4	Baseball Giants vs. Arizona Diamondbacks	\$45.00
11	San Francisco Get Acquainted	\$23.00
18	Hearst Castle	\$45.00
22	San Francisco Zoo and Exploratorium	\$45.00
OCTOBER		
9	Monterey Wine Tour	\$45.00
9-11	Knotts Berry, LA City Tour, Magic Mountain Adult Child	\$225.00 \$210.00
16	Great America End of Season	\$35.00
23	San Francisco Museum Tour	\$30.00
30	Winchester Mystery House Halloween	\$40.00
NOVEMBER		
6	San Francisco Get Acquainted	\$23.00
13	San Jose Sharks vs Vancouver	\$40.00
21	Oakland Raiders vs San Diego Chargers	
26-27	Reno Tour COST TBA	
DECEMBER		
5	Raiders vs Kansas City	\$70.00
11	San Jose Sharks vs Carolina Hurricanes	\$40.00
18	CHRISTMAS SHOPPING-UNION SQUARE SAN FRANCISCO	\$23.00

CALIFORNIA INTERNATIONAL AIRSHOW SALINAS



Gates open at 9 am, flying starts at 11 am on October 2 and 3 2004. Come and see U.S. Navy Blue Angels, Red Baron Squadron, Cardian Air Force Snowbirds, F-16 viper, The Showcopters, West Coast A-10 Demonstration team and Guest of Honor Blue Angel #1 Butch Voris. Tickets are available at ITT. Adults \$10.00; Child (2-12) \$6.50.

GRAND PRIX OF MONTEREY			FRY'S ELECTRONICS SPORTS CAR CHAMPIONSHIP		
SEPT 10-12	ITT PRICE	AT GATE	OCT 15-17	ITT PRICE	AT GATE
FRIDAY	\$8.00	\$10.00	FRIDAY	\$8.00	\$10.00
SATURDAY	\$25.50	\$35.00	SATURDAY	\$15.00	\$20.00
SUNDAY	\$33.00	\$45.00	SUNDAY	\$33.00	\$45.00
2-DAY	\$47.00	\$65.00	2-DAY	\$47.00	\$65.00
3-DAY	\$54.00	\$75.00	3-DAY	\$54.00	\$75.00

Includes admission and paddock entrance.

SPORTS

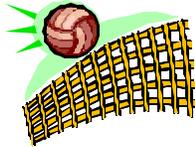


BASKETBALL LEAGUE

League starts: Oct 4, 2004
 Games played: Monday & Wednesday
 Time: 1800, 1900, 2000
 Rosters due by Sept 22, 2004
 Meeting: Sept. 22, 2004 1600 at the GYM

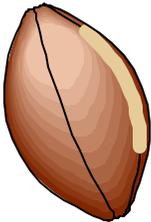
VOLLEYBALL LEAGUE

League starts: Oct 5, 2004
 Games played: Tuesday & Thursday
 Time: 1800, 1900, 2000
 Rosters due by Sept 23, 2004



FOOTBALL LEAGUE

League starts: Oct 5, 2004
 Time: Vary
 POC: Mike Jefferson, USA
 Coaches meeting: Sept 28, 2004
 Place: Price Fitness Center
 Time: 1730



FITNESS



Eating Habits for Brain Food Nutrition Class

September 2, 2004 11:00 am-12:00 pm
 FREE to all member

Aerobic Classes (approx. one hour class, free to active duty, all others need an Aerobic Card).

Step. Every Mon & Wed at 6:00 am Dee will wake you up, Step or Step n Sculpt. And on Tues & Thurs at 5:30 pm, Deborah will keep you Stepping to the beat.

Spin. If you can get a spot - check out J.P.'s Spin class taught to music. Mon & Wed at 5:30 pm or Laura's class Tues & Thurs at 12:00 noon (stationary cycling to music).

Power Flex. Very popular total body strength training class taught to music. Mon & Wed at 11:00 am or Tues & Thurs at 4:30 pm.

Capoeira (Exercise to Brazilian music). Every Tues & Thurs 6:30-7:30 pm. Cost: \$40/month, \$12/week or \$6.50/day military and DOD/civilian. This class will strengthen your core muscles and enhance your mobility and stability.

Holiday Fitness Challenge. (Starts Oct 18). Eight week exercise incentive program to get you ready for the holidays. Earn exercise points for every half hour of ANY exercise. Free to all members or for \$10 you can earn a specially designed T-shirt.

COMING IN THE FALL...A NEW Computerized Physical Assessment Evaluation equipment.

PERSONAL TRAINING IS AVAILABLE TO OUR PATRONS

We have the best male and female trainers on the peninsula. By appointment you can get set up by Marcelo (B.S. Physical Education/AFAA Certified) or Shelly Howard (ACSM & AFAA Certified).

Personal training fees are \$20.00 for a half hour, \$40.00 for an hour or \$225.00 for 6 one-hour sessions.

GROUP FITNESS CLASS SCHEDULE

HOURS	MON	TUES	WED	THURS	FRI
6:00 AM	STEP IT UP		STEP IT UP		
8:00 AM					YOGA
11:00 AM	POWER FLEX		POWER FLEX		
12:00 PM	CARDIO KICK	SPIN	CARDIO KICK	SPIN	
4:30 PM		POWER FLEX		POWER FLEX	
5:30 PM	SPIN	STEP	SPIN	CARDIO COMBO	
6:30 PM		CAPOEIRA		CAPOEIRA	

FITNESS CLASS FEES

ELIGIBLE PATRONS	AEROBIC, CYCLING, YOGA DAILY	AEROBIC 8-PUNCH CARD
ACT.DUTY/RESERVIST	FREE	N/A
RETIREE/FAMILY MEMBER	\$2.00	\$12.00
DOD CIVILIAN	\$3.00	\$16.00

GYM MEMBERSHIP FEES

ELEGIBLE PATRONS	DAILY	MONTHLY	1/2 YEAR	ANNUAL
ACTIVE DUTY RESERVIST	FREE	FREE	FREE	FREE
RETIREE/FAM MEMBER	FREE	FREE	FREE	FREE
DOD CIVILIAN	\$5.00	\$25.00	\$80.00	\$150.00

THERAPEUTIC MASSAGE

(Male or Female therapist now available)
 Help improve performance, decrease pain and promote relaxation!



Fees:

\$60.00 for 60 minutes massage session.
 \$90.00 for 90 minutes massage session.

For appointments, please call 656-3118.

Child Development Center

“CDC is the place to be!”



If your child is between the ages of six weeks and five years and you are looking for a high quality, nurturing, early childhood experience - the Child Development Center (located in La Mesa Village) is the place for you! We offer full-time child care Monday-Friday 0730-1730. Please contact the center to see if a space is available as we do maintain a wait list.

Life Skills Readiness Preschool Session: It's time to think about the fall enrollment for our Life Skills Readiness Preschool Program for children ages 3-5 years old. Our classes are beginning to fill up so don't delay if you want to be part of the fun. The fall session will consist of two day and three day morning classes. To reserve a place for your child, stop by the CDC and we'll tell you all about our fantastic program.

Jellyfish Drop-In Care Room

Jelly Fish Drop In hours are 8:30 am-2:00 pm. Reservations can be made up to one month in advance. Please keep in mind if cancellations are not made prior to the scheduled appointments, a \$5.00 fee will be charged. Care is available Monday-Friday for children ages 1 year (walking) through 6 years. The rate is \$3.50 per hour plus an additional \$.50 for snack and \$2.00 for lunch. Afford yourself the extra time you need for appointments, to run errands, or to have a little adult time to yourself. We have lots of fun!

PARENT'S NIGHT OUT

Friday, October 15, 2004

6:00 pm - 12:00 am

The Child Development Center will be offering FREE childcare for children 6 weeks to 12 years old of active duty military families. Fun games and activities will be provided while parents enjoy the night out.

Spaces are limited so mark your calendar and reserve your space starting Monday, October 11, 2004.

Parent's Night Out Registration will be accepted from 2:00 pm to 4:00 pm only starting Monday, October 11, through Friday, October 15, 2004.

For more information call the CDC at 656-2734.

Before School Care

Before School Care is available for children ages 5-12 years old attending La Mesa Elementary School.

If you are interested in **Before and After School Kindergarten Care**, please complete a Request for Care Form at the CDC front office. Before and After Kindergarten Care is offered in our Full Time Pre-School Classrooms. Fees are based on total family income.

Important Note: All children attending our program that need transportation to and from school must be enrolled in an afternoon Kindergarten session at La Mesa Elementary School. For more information, please call the CDC at 656-2734.



The Child Development Home program offers Navy certified care by military family members in their homes.

Interested in pursuing a rewarding career and working at home?

How about becoming a Child Development Home Care provider? You'll receive extensive training, become First Aid/ CPR qualified and be part of our dedicated team of professionals that provide child care in their homes. Give us a call! We'll be happy to give you more information, and assist you through our CDH certification process!

The Benefits: You can stay home with your own children, offer authorized quality child care for others in your La Mesa residence,

All of our programs are open to active duty military, reservists in active duty status, and DOD civilians on a space available basis. Please call 656-2734 for more information.

SEPTEMBER 2004 SAC SCHEDULE OF EVENTS




**BOYS & GIRLS CLUBS
OF AMERICA**

MWR is pleased to announce that the Tech Connection Teen and Youth Center has been accepted into the membership of the Boys and Girls Club of America effective May 25, 2004.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 SOUND OFF	2 EGG IN A BOTTLE	3 BLIND WALK (Children 's Eye Health Awareness)
6 CLOSED Labor Day	7 SPIKES ON A STRING	8 BLACK INK MAGIC	9 SPEED BOAT	10 BUILD YOUR OWN HOTDOG (National Hotdog Day)
13 STAINED GLASS FISH	14 BLOW IT UP	15 SANDPAPER CRAYON TRANSFER PICTURES	16 THE SNAKE GAME	17 SUN CATCHERS
20 PONY BEAD ANIMALS	21 LAVA LAMP BOTTLE	22 BUCKET CHUCK IT	23 MELT CRAYON DESIGNS	24 THE JEOPARDY GAME
27 CANDLE DIPPING	28 BETCHA CAN'T TIE A KNOT	29 MARTIN MADNESS	30 PLAY WITH FRISBEES (The Frisbee was Patented in 1958)	

Local Military Children to Perform the Disney Musical "Robin Hood"

The Monterey Area Education Enrichment Focus Group (MAEEFG) is proud to announce performances of the musical, "Robin Hood." The musical is licensed by Disney and is based on the classic cartoon. A cast of approximately forty local military children, ages 4-15, will be playing the characters. Performances will be held on September 10th and 11th at 7 pm at the Porter Youth Center on Ord Military Community. Audience members are sure to enjoy the singing, dancing, and acting that the cast has been diligently working on all summer. Admission is free and everyone is invited to attend.

MAEEFG is a volunteer group consisting of family members from Presidio of Monterey, Naval Postgraduate School, and Fleet Numerical. The group focuses on providing educational and enriching activities for the children of military families living in the Monterey area. The group's project for this summer is to provide military children an opportunity to enjoy the arts and develop their talents in music, dance, drama, and art.

These children have worked hard throughout their summer vacation. They have been attending two rehearsals a week: reciting lines, memorizing songs, and practicing dance movements to prepare for this special production. The children will also be helping with the sewing of costumes, painting of scenery and props, learning about sound production, and cooking for the cast party. The children are all very excited to show off their talents on stage.

Please come share in this Robin Hood Musical experience. Show your support for the wonderful cast of characters and the volunteers who have given time this summer to enrich the educational experiences for our youth. This promises to be a great experience for both the participants and the audience.

Come enjoy an hour of fun! The experience will be priceless!

For more information about MAEEFG or Robin Hood contact Cindy at 242-6904.



The Monterey Navy Flying Club offers excellent opportunities for aircraft rentals, recreational flying and professional flight training to Active Duty, National Guard, Reserve members and their families; Retirees and their families; Civil Air Patrol members; and federal government employees. The club's airplane rental and instruction rates are the lowest in California. Learn how to fly, meet new friends and discover the beauty of the Monterey Peninsula! Give us a call and visit our website.

www.navyflyingclubs.com/monterey

MEMBERSHIP FEES

Monthly dues: \$23.00

Initiation fee: \$30.00

Want to earn your pilot's certificate?

You have often thought about becoming a pilot. Our staff of professional flight instructors is ready to help you achieve your goal - for a much lower cost than you will find anywhere else. Ground school, the first step in learning the basics of flight, is offered in cooperation with Monterey Peninsula College or through self-study courses available through the Club.

Ground and Flight Instruction: \$25.00/hour.

COST SHARING: Our licensed pilots at the Monterey Navy Flying Club frequently fly by themselves, and through "cost sharing" of the fees for the flight, you and up to two other MWR eligible patrons can fly along. Fly over the California Coast or down it's beautiful valleys. Call the Monterey Navy Flying Club at (831) 372-7033 for more information.

AIRCRAFT RENTAL RATES



Beech (T-34) \$100.00



Cessna 152 (IFR) \$54.00



Cessna 172 (IFR) \$70.00

All rates are on an hourly basis including fuel.

Bluewater Cove Marina



NPSSA

- Sailing lessons for members
- Racing Events
- Cruising
- Social Events

Open to all military, their family members, faculty and staff of NPS, DLI and Coast Guard.

For more information go to www.nps.navy.mil/Welcome.htm

Naval Postgraduate School Sailing Association

For boats reservations go to www.mwr.nps.navy.mil or call 656-3118.

NPSSA, is dedicated to practicing and promoting the art of sailing as well as furthering Navy sailing in the Monterey area. NPSSA is comprised of students, faculty and staff from NPS and DLI, local active duty and retired personnel, and DOD civilians.



MWR ADVISORY BOARD TO MEET WEDNESDAY 1 SEPTEMBER 2004

The next MWR Advisory Board Meeting is set for Wednesday, 1 September 2004, at 10:00 a.m. in the La Novia Room, Herrmann Hall, Bldg 220.

All Departments of the Naval Postgraduate School and tenant commands are encouraged to send representatives to these informative bi-monthly meetings.

This is your opportunity to gather the latest MWR information and to share your organization's feed back with key MWR personnel.

For more on how your command can take part in the MWR Advisory Board, call the MWR Administrative Office at 656-1049.



Go to our new website at
www.montereypinesgolf.com.

Register with our site and print off coupon good for discounted green fee. Good Monday - Friday only and golfers must present coupons at check in time.

Golf instruction available from your certified golf instructors.

DAVID STOCKLY/DAVID HARBER/BOON CHATVONG
 Golf Professionals



	CIVILIAN	MILITARY	JUNIOR
HALF-HOUR	\$35.00	\$30.00	\$25.00
ONE HOUR	\$55.00	\$50.00	\$45.00
VIDEO HOUR	\$70.00	\$65.00	\$60.00
PLAYING LESSON	\$85.00	\$80.00	\$75.00
5 1/2 HOUR SESSIONS	\$125.00	\$125.00	\$125.00

**MONTEREY PINES
 19TH HOLE GRILL**
FOOD SERVICE OPERATION

Monday– Thursday
 9:00 am - 7:00 pm

Friday, Saturday & Sunday
 6:30 am - 5:00 pm

For more information, call 656-2167.

PUNCH CARD 20 PLAY	25% DISCOUNT
MILITARY	\$180.00
DOD	\$270.00
CIVILIAN	\$360.00

10 play range cards are now available for \$40.00

MONTEREY PINES RV CAMPGROUND

Monterey Pines RV Campground is **OPEN YEAR ROUND** and is available to all active duty, reservists, retirees, family members and DOD civilians.



*About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey), our park offers 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

DAILY RENTAL FEES

ELIGIBLE PATRON	Full Hook-Up	Partial Hook-Up
Military	\$22/Day	\$18/Day
DOD	\$25/Day	\$22/Day
Sponsored guests	\$29/Day	\$25/Day

RV VEHICLE STORAGE RATE

	0 TO 20 FT	OVER 20 FT
Military	\$15.00	\$20.00
DOD Civilian	\$20.00	\$25.00

GOLF FEES

GREEN FEES	PRIME	TWI
MILITARY	\$12.00	\$10.00
DOD	\$18.00	\$12.00
CIVILIAN	\$24.00	\$15.00

<u>RENTALS:</u>		
Cart Rate		\$20.00
Single Cart		\$12.00
Rental Clubs		\$10.00
Pull Carts		\$5.00

NAVAL POSTGRADUATE SCHOOL (Area Code 831)

MWR ADMINISTRATIVE OFFICES - Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open weekdays, 8 a.m. to 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2170 or 656-2432.

EL PRADO DINING ROOM - Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed weekends and federal holidays. For information, call: 656-2170.

Hours of Operation:

Ala Carte Breakfast: 6:45 - 10:45 a.m. Weekdays
Hot Breakfast: 6:45 - 9:00 a.m. Weekdays
Lunch: 10:45 a.m. - 2:00 p.m. Weekdays
Dinner: 4:00 - 9:00 p.m. Monday through Friday

TRIDENT ROOM - Herrmann Hall ground floor (Bldg. 220). Open Monday through Saturday. Closed Sundays and most federal holidays. Phone: 656-2170 or 656-7508 (after regular business hours). Hours of Operation:

Beverage Service : 4:00 - 11:00 p.m. Monday - Wednesday
3:00 - 11:00 p.m. Thursday & Friday
4:00 - 11:00 p.m. Saturdays
Dinner Service : 4:00 - 9:00 p.m. Monday through Friday

CLUB DEL MONTE/CATERING SALES OFFICE - Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open Monday through Friday, 8:00 a.m. - 4:30 p.m. Closed weekends and federal holidays. Phone: 656-1049.

CAFÉ DEL MONTE - Located next to Knox Library. Open Monday-Thursday 7:00 a.m.-3:00 p.m.; Friday 7:00 a.m.-2:00 p.m.; Closed weekends and all federal holidays. Open for lunch 10:45 a.m.-2:00 p.m.

INFORMATION TICKETS & TOURS - Herrmann Hall Quarterdeck (Bldg. 220). Open 9:30 a.m. - 4:30 p.m. Monday through Friday. Closed weekends and federal holidays. Closed for lunch 1:30-2:30 p.m. Phone: 656-3223.

CHILD DEVELOPMENT CENTER - La Mesa Village next to La Mesa Elementary School. Open 7:30 a.m. - 5:30 p.m., Monday through Friday. Closed on all federal holidays. Phone: 656-2734.

CHILD DEVELOPMENT HOMES - Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

TECH CONNECTION - La Mesa Village, (Bldg. 444) 1222 Leahy Rd. Open for School Age Care, Monday through Friday, 2:30-6 p.m. while school is in session. Special camps offered for school breaks (all seasons) & teacher in-service days. Youth & Teen Open Recreation, 2:30- 6:00 p.m. Monday through Friday while school is in session and 0900-1800 during day camp. Closed on all federal holidays. Phone: 656-2127.

MONTEREY BAY ATHLETIC CLUB ~ (Bldg. 208). Hours of Operation: Open Monday through Friday, 5:30 a.m. - 9:00 p.m.; Saturdays, 8:00 am - 1:00 p.m. Closed on Sundays and federal holidays. Phone 656-3118.

MONTEREY PINES GOLF COURSE - Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30 a.m. - 5 p.m., including most federal holidays. Hours vary seasonally. Phone: 656-2167.

MONTEREY PINES RV CAMPGROUND - Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-7563.

MONTEREY NAVY FLYING CLUB - At the Monterey Airport. Open Monday to Friday 9:00 a.m. - 5:00 p.m. Phone: 372-7033.

BLUEWATER COVE MARINA - On the Coast Guard Pier, downtown Monterey. Open daily. Phone: 242-5747/656-3118.

MWR BUSINESS OFFICE - Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. - 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-7954.

MWR MARKETING OFFICE - Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. - 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-1170/7677.

THE FLEET & FAMILY SUPPORT CENTER - 1280 Leahy Road, Monterey, Ca 93940. Open Monday through Friday, 8:00 a.m. - 4:30 p.m. Tel: 656-3060.

NAVY EXCHANGE TELEPHONE NUMBERS - Main Store: 373-7277; Autoport: 373-7271; La Mesa Mini-Mart: 375-0959.

NAVY LODGE - 1100 Farragut Road, Monterey, Ca 93940. Tel: 372-6133.



Peacock Press

Morale, Welfare and Recreation Department
Naval Postgraduate School
1 University Circle
Monterey, CA 93943-5000

CHECK OUT MWR'S WEBSITE!

www.mwr.nps.navy.mil