



Peacock Press

APRIL 2002

Naval Postgraduate School

From the Quality of Life Director...

*In the next 30-60 days you will notice some significant improvements in "your NPS quality of life." The long awaited \$700,000 **renovation of the Trident Room** is scheduled to be completed in late April or early May. The renovation is being funded by YOUR MWR dollars! The entire room is undergoing a complete renovation to include new floors, ceiling, bar, and all new furnishings - the bar will include a few of the original fixtures, including "Pete." We are developing special "Wetting Down" and "group social" packages for the Trident that I'm sure you will appreciate. Be on the lookout for our announcement of the **Trident Room** grand opening.*

*During April, the Fleet and Family Support Center (FFSC), Army Community Services (ACS), and the Officer Student Spouses Club (OSSC) will host a "**Partners in Service, We're in This Together**" joint services conference for spouses of military officers on the Monterey Peninsula. Many topics will be addressed including The Meaning of Jointness which will include Flag Officers from all uniformed services. Other topics include Advantages of Military Life, Joint Career Decision Making, Crisis and Stress Management, Legal Issues, Etiquette/Protocol, and Dealing with the Media. The conference will be held on 26 April from 1830-2100 and 27 April from 0800-1530. For more information, please email fscweb@nps.navy.mil or call the Fleet and Family Support Center at 656-3060.*

*April is the Month of the Military Child and we will have our **NPS Family Fun Fest** on Saturday, April 27th from 1100 to 1400 in the grass area, adjacent to the Tech Connection. We plan to have clowns, games, face painting, inflatable houses for jumping, inflatable Sumo Wrestling and Jousting events, carnival games, information booths, and much more. Lots of fun for all! We will even have some fun field games/events for Dads and kids to enter together since some spouses will be at the Partners in Service conference.*

*We are also in the process of purchasing a portable movie theater for use in our Ballroom, complete with theatre chairs and a large 9' x 12' screen. We will show **Navy Motion Picture Service movies at no charge** on most evenings that we don't have catered events in our ballroom. If you have attended one of our Family night dinner specials you already know your family can eat a quality meal for about what it costs to eat at McDonalds. Now throw in free movie tickets, popcorn, and peanuts. If there is better deal on the Peninsula for military families, I haven't found it! Coming soon to a Ballroom near you!*

Jim Thomas

www.mwr.nps.navy.mil



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NAVAL POSTGRADUATE SCHOOL

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CAPT Frank C. Petho
Deputy Superintendent

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Quality of Life Director

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The Peacock Press is a monthly publication of the MWR Department, Naval Postgraduate School. Information may be subject to change without notice.

All phone numbers are in area code (831)

Liberty/Special Events

SPRING LUNCHEON

La Novia Room
Wednesday, 10 April 2002
1130 ~ 1300

This event is open to single enlisted sailors and geo-bachelors attached to NPS and tenant commands ONLY!

*RSVP at 656-5235
no later than
Tuesday, 9 April 2002.*

MWR

ADVISORY BOARD

Wednesday, 3 April 2002

The next MWR Advisory Board meeting is set for Wednesday, 3 April 2002, at 1000 in the La Novia Room, Herrmann Hall, Bldg. 220.

All NPS departments and tenant commands are encouraged to send representatives to these informative bi-monthly meetings.

It is an opportunity to gather the latest MWR info and to share your command's feedback with MWR personnel.

For more information, call the MWR Administrative Office at 656-1049.

MWR April Calendar of Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Happy Easter</p>	<p>1</p> <p>FAMILY NIGHT every Monday 1600-2100 El Prado Room Dinner Special SEAFOOD CIOPPINO Adults \$6.50 Kids 5-10 \$4.00 Under 5 \$2.00</p>	<p>2</p> <p>Every Tuesday El Prado Bar Dinner Special ROAST PRIME RIB \$13.00</p>	<p>3</p> <p>MWR ADVISORY BOARD MEETING 1000 La Novia Room</p>	<p>4</p> <p>FAMILY NIGHT Dinner Menu Pot Roast of Beef</p> <hr/> <p>TECH CONNECTION Youth Arts & Crafts 1630 7-12 years</p>	<p>5</p> <p>Every Friday El Prado Room Lunch Special Fresh Juicy HAMBURGERS Bar \$4.95</p>	<p>6</p> <p>TECH CONNECTION TEEN OUTLET VOYAGE (Gilroy) 1000-1700</p>
	<p>7</p> <p>SUNDAY FAMILY BREAKFAST HAS BEEN CANCELLED UNTIL FURTHER NOTICE.</p>	<p>8</p> <p>TECH CONNECTION Youth Table Tennis 1630</p>	<p>9</p> <p>FITNESS CENTER Spring Volleyball Season begins. Games played Tues & Thurs</p>	<p>10</p> <p>LIBERTY SPRING LUNCHEON La Novia Room 1130-1300 RSVP by 9 April Call 656-5235</p> <hr/> <p>FITNESS CENTER Spring Softball Season begins Games played Mon & Wed</p>	<p>11</p> <p>FAMILY NIGHT Dinner Menu Penne pasta with Meat Sauce</p>	<p>12</p> <p>El Prado Bar SOCIAL HOUR 1600-1800 every Friday</p>
<p>14</p> <p>BLUEWATER COVE MARINA OPEN DAILY NOON~SUNSET For more info Call 656-3118</p>	<p>15</p> <p>TECH CONNECTION Teen bring a Friend Day</p>	<p>16</p> <p>TECH CONNECTION Youth & Teen Pool Challenge 1600</p>	<p>17</p> <p>Every Wednesday El Prado Bar Dinner Special GRILLED TRI-TIP with Fresh Salsa \$8.50</p>	<p>18</p> <p>FAMILY NIGHT Dinner Special Fresh Roasted Juicy Young Hens</p>	<p>19</p> <p>TECH CONNECTION TEEN INTERNATIONAL SPOTLIGHT 1630</p>	<p>20</p> <p>TECH CONNECTION Baseball season begins</p>
<p>21</p> <p>MONTEREY BAY ATHLETIC CLUB OPEN DAILY AND MOST FEDERAL HOLIDAYS Call 656-3118 for more info</p>	<p>22</p> <p>TECH CONNECTION Snowcone Day \$.50 1600-1700</p>	<p>23</p> <p>TECH CONNECTION Teen/Staff Board Game Challenge 1630</p>	<p>24</p> <p>TECH CONNECTION Youth Sandpaper Flowers 1600 7-12 years</p>	<p>25</p> <p>FAMILY NIGHT Dinner Menu Braised Tender Pork Ribs</p>	<p>26</p> <p>"PARTNERS IN SERVICE" conference 1830-2100 Call 656-3060 for more info</p>	<p>27</p> <p>"PARTNERS IN SERVICE" conference 0800-1530 Call 656-3060 for more info</p>
					<p>NPS FAMILY FUN FEST 1100-1400</p>	
<p>28</p> <p>MONTEREY PINES GOLF COURSE OPEN DAILY AND MOST FEDERAL HOLIDAYS 0630-1700 Call 656-2170</p>	<p>29</p> <p>TECH CONNECTION Teen/Staff Foosball Challenge 1630</p>	<p>30</p> <p>TECH CONNECTION TEEN SPOONS 1630</p>	<p>MONTEREY NAVY FLYING CLUB OPEN MONDAY TO FRIDAY 0900-1700 Call 372-7033</p>	<p>FAMILY NIGHT Every Thursday El Prado Room 1600-2100 Adults \$6.50 Kids 5-10 \$4.00 Kids under 5 \$2.00</p>		<p>For party Reservations at CLUB DEL MONTE Please call 656-2170</p>

FAMILY NIGHT

*Every Thursday
1600~2100
in the El Prado Room
Prices are: Adults ~ 6.50
Children 5-10 ~ \$4.00
Children under 5 years \$2.00*

MENU

4 April

*Fresh Salinas Valley Crispy Mixed Green Salad
Pot Roast of Beef
Mashed Potatoes and Gravy
Dinner Rolls
Fresh Baked Cookies*

11 April

*Caesar Salad
Penne Pasta with Meat Sauce
Fresh Garlic Bread
Brownies*

18 April

*Fresh Salinas Valley Crispy Mixed Green Salad
Fresh Roasted Juicy Young Hens
Fresh Fried Potato Wedges
Dinner Rolls
Fresh Baked Cookies*

25 April

*Braised Tender Pork Ribs
Scalloped Potatoes
Steamed Broccoli
Dinner Rolls
Brownies*

Please call 656-2170 for reservations.

WHAT'S NEW...

Did you know you can dine with Club Del Monte 6 nights a week? That's right, we offer dinner Mon-Sat evenings 1600-2100 for very reasonable prices. Mon-Thurs consists of monthly dinner specials and Friday includes Social Hour from 1600-1800 with complimentary hors d'oeuvres and reduced beverage prices.

Come on down to the El Prado Bar where the fun is! If you would like to bring your family, we can seat you in the main dining room. Patrons must be 21 years of age in the El Prado Bar. Please call 656-2170 to reserve your seat for larger groups.

Note: Open to all active duty, retirees, reservists, DOD staff attached to NPS and family members, who possess a current I.D. and base decal. Arrangements can be made for your civilian guests to join you by providing guests names to base security.

MOTHER'S DAY BRUNCH

May 12, 2002

**Barbara McNitt Ballroom
11:00 a.m. ~ 2:30 p.m.**

**\$16.00 ~ Adults
\$8.00 ~ Children
(5~10 yrs of age)**

Open to all active duty, military retirees, NPS DOD civilians and their families who possess current military/Gov't I.D. and current vehicle decal.

Reservations Highly Recommended

Please call 656-2170 to reserve your seat today.

From the kitchen of Chef Hugh Butler comes this month's Wednesday Dinner Special served in the El Prado Bar 4:00 ~ 9:00 p.m.



Grilled Tri-Tip

*with Fresh Salsa
Fresh Black Beans
Topped with Sour Cream
Sautéed Vegetable Medley
Served with Mixed Green Salad*

\$8.50



Come enjoy our Tuesday Dinner Special in the El Prado Bar 4:00 ~ 9:00 p.m.

Roast Prime Rib

with Aux Jus and Horse Radish accompanied with Baked Potato and Sour Cream Fresh Vegetables and Chef's choice dessert

only \$13.00

**King's cut of Prime Rib
\$5.00 additional**

MONDAY FAMILY NIGHT

El Prado Room 1600-2100

APRIL

DINNER SPECIAL



**Fresh Seafood
Cioppino with Shrimp,
Calamari, Crab
and Mussels.**

**Fresh Caesar Salad
and Garlic Bread**

**Adults \$6.50
Kids 5-10 \$4.00
Under 5 \$2.00**

Please call 656-2170 for reservations.

Come enjoy April's Friday Lunch Special in the El Prado Dining Room



**Fresh Grilled
Juicy Hamburger Bar**

Served with French Fries, Sliced Onions, Lettuce, Tomatoes and Dill Pickles.

\$4.95

PLEASE NOTE: SUNDAY FAMILY BREAKFAST HAS BEEN CANCELLED UNTIL FURTHER NOTICE.



MWR

Bluewater Cove Marina
is OPEN!!!!

- Located at the Coast Guard Pier in Historic Downtown Monterey.
- Our services are available for all active duty, retired military, family members and DOD civilians.
- Open everyday.
- Rentals are now from the Monterey Bay Athletic Club.
- First come - first served.
- Nine boats are available to rent.

- The minimum age to qualify for sailboat rentals is 18.
- Check sails are required for boat safety training and to familiarize all patrons with sailing areas and off limit locations prior to initial sailboat rental. Reservations for "check sails" are required - contact NPSSA.
- For Marina information, check sails, and boat reservations contact NPSSA or Monterey Bay Athletic Club at 656-3118.
- Powerboat rentals are available at Outdoor Recreation (located at DLI). Call 242-5506 for more information.

MEET THE FLEET!

These sailboats are available for rental from
Bluewater Cove Marina
Rentals at the Monterey Bay Athletic Club

Starting April 17th, special twilight sailing from 4:00 to sunset every day. Rental fee is reduced to only \$20.00 during daylight savings time. Patrons cannot reserve boats in advance, this fee is available on a walk in basis only. For more information contact the Monterey Bay Athletic Club at 656-3118.

Hanalei Wednesday evening sails during the racing season. Cost of rental is divided among riders. No experience necessary. Departing the Coast Guard Pier at 5:30 p.m. for approximately 1-2 hours. This is a great way to get on the water and watch the Wednesday night races in Monterey Bay.

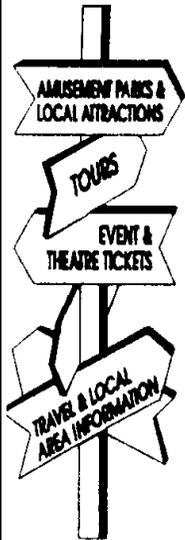
Interested in sailboat racing? Every Wednesday night from 5:30 to 7:30 p.m. you can join a crew and take part in the Sunset racing series. No experience necessary and a great opportunity to learn how to sail. Contact NPSSA at npssa@nps.navy.mil for more information.

-NPSSA-

NPSSA, the Naval Postgraduate School Sailing Association, is dedicated to practicing and promoting the art of sailing as well as furthering Navy sailing in the Monterey area. NPSSA is comprised of students, faculty and staff from NPS and DLI, local active duty and retired personnel, and DOD civilians. Members take part in local racing events and NPSSA-sponsored cruising events. Additionally, NPSSA provides assistance to MWR with boat maintenance and sailing qualifications through volunteers. All MWR eligible personnel may join NPSSA. For more information or to volunteer contact NPSSA at npssa@nps.navy.mil.

SPECIAL RE-OPENING RATE

Small Wonder	23 ft. Ranger	\$30/day
Serenade	22 ft. Santana	\$30/day
Antares	26 ft. Excalibur	\$30/day
Lorraine	22 ft. Capri	\$30/day
Barbara, Harriet	30 ft. Shields	\$30/day
Medora, Storm	30 ft. Shields	\$30/day
Hanalei II	30 ft. Buccaneer	\$40/day



Located on
HERRMANN HALL
QUARTERDECK

Open Monday-Friday
9:30 a.m. to 1:30 p.m.
2:30~4:30 p.m.

Closed Weekends
and
Federal Holidays

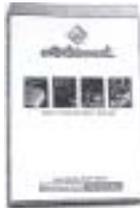
APRIL	UPCOMING ITT TOURS	PRICES
6	San Francisco Giants vs. Padres	\$40.00
6	San Jose Sharks vs. Detroit	\$45.00
13	Pier 39 Alcatraz	\$39.00
27	Great American Amusement Park	\$45.00
MAY		
4	San Francisco Giants vs. Reds	\$40.00
4	Cinco de Mayo	\$20.00
11	San Francisco Get Acquainted	\$23.00
25-27	Las Vegas	\$189.00



Offering the best variety of roller coasters in Northern California, Great America is also an excellent place to entertain kids with attractions such as Nickelodeon Splat City and Kidzville. Tickets: \$30.00 for anyone 7 yrs and older; Children 3-6 yrs \$20.00.

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ENTERTAINMENT BOOKS. *Didn't get your new Entertainment Book for 2002? ITT ordered extra copies this year and has books for sale at \$20.00 each.*



LEISURE FUN FAIR
Wednesday 15 May 2002
Barbara McNitt Ballroom
11:00 a.m. ~ 1:00 p.m.



Talk to people from area attractions, amusement parks, museums, hotels, etc. on the latest in recreational and leisure activities!

Check out some of this year's vendors:

- Great America
- Legoland
- Marine's Memorial Club & Hotel
- Roaring Camp
- Heavenly Ski Resort

Win fabulous door prizes and plan to visit one of the tourist locations represented at the fair. All MWR patrons are invited!

FREE TICKET OFFERS

Disney Resorts and Universal Studios are continuing their offers for a one time free admission to active duty U.S. military through 30 April. Up to five family members and friends will receive 50% off when accompanied by the active duty member.



OAKLAND ATHLETICS BASEBALL.

Baseball season is starting! ITT has tickets at \$10.25 for the Oakland A's weekend games throughout the season. Special orders for weekday games can be placed in advance through ITT.



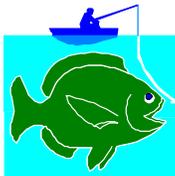
THE TECH MUSEUM. Become a player in The Tech Museum's new interactive "Science of Sport" exhibit running through 21 April.

Also, see *Beauty and the Beast* in the Hackworth IMAX Dome Theater showing through 20 May. Buy tickets at ITT for \$14.00 for adults and \$12.00 for children 3-12 years old.

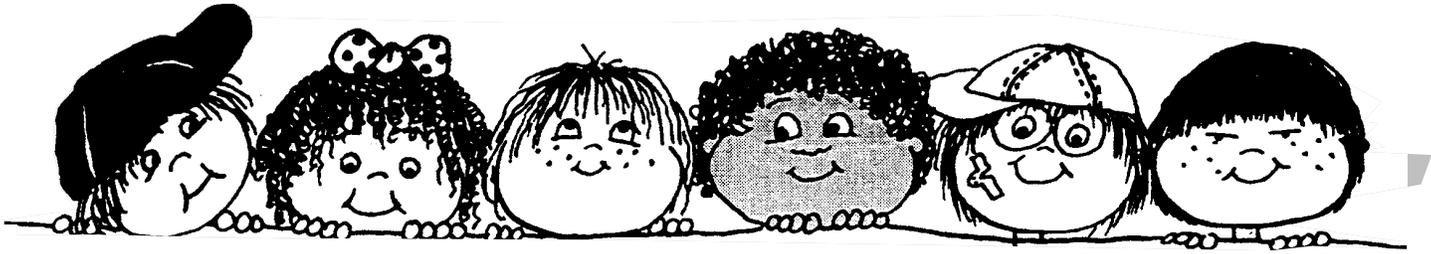


DEEP SEA FISHING & WHALE WATCHING

Sign up for local deep-sea fishing or whale-watching excursions with Randy's Fishing Trips. Whale-watching is \$16.00 for adults or children. Prices for fishing start at \$31.00 per person. Gear and licenses are extra.



For more information about tickets and tours, please call 656-3223.



In honor of Month of the Military Child, Naval Postgraduate School presents. . .

Military Family Fun Fest



Saturday, April 27, 2002 11:00 am - 2:00 pm

Tech Connection, La Mesa Village

Lots of fun activities, games and events for kids of all ages!

For additional information, to volunteer, or to set-up an information table for your command-sponsored club or organization, please call Julianne Schmidt at 656-2734.



The Child Development Home program offers Navy certified care by military family members in their homes. *“One of our Child Development Homes offers a playgroup”* for 2-4 year olds Monday through Thursday from 0800-1200. Please stop by the Child Development Center to pick up a list of certified homes in La Mesa and to fill out an interest form for the playgroup.

Interested in pursuing a rewarding career and work at home? How about becoming a Child Development Home Care Provider? You’ll receive extensive training, become First Aid/CPR qualified and be part of our dedicated team of professionals that provide child care in their homes. Give us a call and we’ll assist you through our CDH certification process!

Child Development center *“CDC is the place to be!”*

If your child is between the ages of six weeks and five years and you are looking for a high quality, nurturing early childhood experience ~ the Child Development Center (located in La Mesa Village) is the place for you! We offer full-time child care. We maintain a wait list for full-time care.

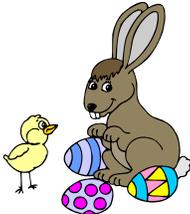
Life Skills Readiness Program ~ The Child Development Center offers a part-day preschool program called the Life Skills Readiness Program for children 3 to 5 years old. Prepare your child for school and give yourself some time to take care of some errands. Our Life Skills Readiness program offers a developmentally appropriate curriculum in a stimulating environment within our accredited child development program. Sessions are Monday/Wednesday/Friday 0900-1130, and Tuesday/Thursday 0900-1130. A five day program may be available upon request. The program starts in August and runs to June each year.



Hourly Care Room ~ The Child Development Center offers an hourly care room to registered children between the ages of 1 year (walking) and 6 years. Reservations may be made up to two full weeks in advance. The rate is \$3.50 per hour plus an additional \$.50 for snacks. The current hours are Monday through Friday 9:00 a.m. to 12:00 noon. To make reservations and register your child, please call the Child Development Center at 656-2734.

**Accredited by NAEYC’s
National Academy of Early
Childhood Programs**

YOUTH & TEEN APRIL 2002 SCHEDULE OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 TEEN COMIC VIEW 1630~1730	2 YOUTH FACE PAINTING 1600 7~12 YEARS	3 TEEN BRING A MOVIE DAY 1630 (PG & PG 13) ONLY	4 YOUTH ARTS & CRAFTS 1630 7~12 YEARS	5 TEENS TOUR CSUMB 1630 (Needs 10 Kids)	6 TEEN OUTLET VOYAGE (GILROY) 1000~1700
7 CLOSED	8 YOUTH TABLE TENNIS 1630	9 YOUTH BINGO 1600	10 YOUTH STRING ART 1600	11 TEEN SUMMER PLANNING DAY Bring your ideas! 1600	12 YOUTH SPOONS 1600	13 WACKY WILD FUN RUN FREE! 1100~1200 Registration 1~10 April
14 CLOSED	15 TEEN BRING A FRIEND DAY	16 YOUTH & TEEN POOL CHALLENGE 1600	17 YOUTH KRIMPART 1600	18 TEEN'S RAP (Poetry) 1600~1730	19 TEEN INTERNATIONAL SPOTLIGHT 1630	20 BASEBALL SEASON BEGINS
21 CLOSED	22 SNOWCONE DAY \$.50 1600~1700	23 TEEN/STAFF BOARD GAME CHALLENGE 1630	24 YOUTH SANDPAPER FLOWERS 1600 7~12 YEARS	25 TEEN CREATE YOUR OWN SMOOTHIE 1630	26 YOUTH VIDEO MOVIE POPCORN DAY 1600	27 FAMILY FUN FEST 1100~1400
28 CLOSED	29 TEEN/STAFF FOOSBALL CHALLENGE 1630	30 TEEN SPOONS 1630				

The Youth Center is looking for youths interested in track & field and any adult interested in becoming the Track Coach. Baseball Skills Assessment: Coach Pitch ~ 0900 and Junior' ~ 1100 will be held behind the La Mesa Elementary School. Practices will begin 8 April 2002. We are also looking for anyone interested in teaching instructional classes at the Tech Connection. We currently have Ballet & Jazz lessons being taught by Carmel Ballet Academy. Please contact the Youth Center @ 656-2127/9108.

NPS DUATHLON

Hosted by the Naval Postgraduate School's MWR Department and Monterey Military Triathlon Team (M2T2)

Date: Saturday, April 13, 2002
Time: 0800
Pre-register by: April 7, 2002



Entry fees: (includes T-shirt)

Active duty:

- 19 and under ~ \$20.00
- 20 and over ~ \$22.00
- Reservist/Retired ~ \$25.00
- DOD ~ \$25.00

For entries received after April 7, T-shirt may not be available on race day.

For more info or to register call: Monterey Bay Athletic Club at (831) 656-1943 or Lynn Fodrea: (831) 238-3697
e-mail: lfodrea@nps.navy.mil

NEW ACTIVITIES

Therapeutic Massage

(will be available starting 22 April 2002)

Fees: \$50.00 for a one-hour massage session.
\$75.00 for a one and one-half hour massage session.

For appointments, please call 656-3118.

NEW POLICY

Starting May 1, Naval Postgraduate School Active Duty members **only** are authorized "swim cards" to be used at the Monterey Sports Center pool facility free of charge.



PERSONAL TRAINING

We offer personal training that includes consultation, fitness/exercise program design and one-on-one training.

BICYCLE RENTALS

The Monterey Bay Athletic Club has adult sized bicycles available for rental by fitness center eligible patrons to meet their transportation needs or for recreational riding.



Two kinds of bikes are available for rental-street bikes and six speed bikes. Rentals are conducted on a daily, weekend, weekly or monthly basis. All rentals include the use of a bicycle safety helmet, lock and chain. Bicycle rental prices are listed below:

BICYCLE TYPE	DAILY	WEEKEND	WEEKLY	MONTHLY	Individuals wishing to rent a bicycle need to fill out a rental agreement and pay in advance for their rental at the Fitness Center, Bldg. 208.
STREET BIKE	\$8.00	\$12.00	\$34.00	\$96.00	
6-SPEED	\$10.00	\$15.00	\$42.00	\$120.00	

GROUP FITNESS CLASS SCHEDULE

HOURS	MON	TUES	WED	THURS	SAT
6:00 AM	20/20/20	FREE STYLE	PT READY	FREE STYLE	
8:30 AM					*STEP
9:30 AM		STEP REBOOK		STEP REBOOK	*MUSCLE CONDITIONING
12:00 PM		PEDAL PUMPING		PEDAL PUMPING	
5:00 PM	SIX PACK ATTACK	PILATES	SIX PACK ATTACK		
5:30 PM	KICK BOX	PEDAL PUMPING	KICK BOX	PEDAL PUMPING	
6:30 PM	PEDAL PUMPING	STEP REBOOK	STEP REBOOK	STEP REBOOK	

FITNESS CLASS FEES

ELIGIBLE PATRONS	AEROBIC PILATES DAILY	CYCLING DAILY	COMBO 8-PUNCH CARD	YOGA MONTHLY	YOGA DAILY
ACT.DUTY/RESERVIST	FREE	FREE	N/A	\$36.00	\$5.00
RETIREE/FAMILY MEMBER	\$2.00	\$2.50	\$12.00	\$38.00	\$5.50
DOD CIVILIAN	\$3.00	\$3.00	\$16.00	\$40.00	\$6.00

Combo Cards: Allows you to take pilates, aerobics or cycling classes.

SPORTS

Spring Softball

Season begins:

April 10, 2002

Games played Monday & Wednesday



Spring Volleyball

Season begins:

April 9, 2002

Games played Tuesday & Thursday.



Let's Picnic!

MWR has two picnic park facilities available for you and your family to utilize. One is located at the Monterey Pines Golf Course and the other is Sparks Field on base, just across the street from Del Monte Lake and the softball field.



The rental fees for the picnic grounds are as follows:

- Active Duty/Reservist/Family Members: **FREE**
- Retirees/Family Members: **\$60.00**
- DoD Civilians: **\$100.00**
- Sponsored Public Civilians: **\$125.00**



www.navyflyingclubs.com/monterey

The Monterey Navy Flying Club offers excellent opportunities for aircraft rentals, recreational flying and professional flight training to Active Duty, National Guard, Reserve members and their families; Retirees and their families; Civil Air Patrol members; and federal government employees. The club's airplane rental and instruction rates are the lowest in California. Learn how to fly, meet new friends and discover the beauty of the Monterey Peninsula! Give us a call and visit our website.

AIRCRAFT RENTAL RATES

Cessna 152 (IFR) \$46.00

Cessna 172 (IFR) \$66.00

Beech T-34 B \$75.00



All rates are on hourly basis including fuel.

Want to earn your pilot's certificate?

You have often thought about becoming a pilot. Our staff of professional flight instructors is ready to help you achieve your goal - for a much lower cost than you will find anywhere else. Ground school, the first step in learning the basics of flight, is offered in cooperation with Monterey Peninsula College or through self-study courses available through the Club.

Ground and Flight instruction: \$20.00/hour.

MEMBERSHIP FEES

Monthly dues: \$23.00

Initiation fee: \$30.00

The Fleet & Family Support Center



PASS THE WORD OF AWARENESS

“THREE MILLION CHILDREN IN THE UNITED STATES WILL BE REPORTED ABUSED OR NEGLECTED THIS YEAR.....”

If you see blue ribbons tied around a car antenna or a sturdy oak tree, know that it symbolizes dedication to raising awareness about child abuse. The idea of blue ribbons began in Norfolk, Virginia, when a grandmother tragically lost a grandson to child abuse. In her effort to make those around her aware that child abuse could have a deadly outcome, she tied a blue ribbon on her vehicle as a tribute to his memory. The community of Norfolk adopted this blue ribbon approach to aware-

ness, and very shortly, the campaign grew into a national event.

April is Child Abuse Awareness month. In an effort to support child abuse awareness throughout our community, the Fleet and Family Support Center will be highlighting parenting classes, child abuse prevention trainings, poster displays and an on-going blue ribbon campaign throughout the month. We will also be partnering with the Child Development Center and MWR to encourage quality activities for children and their parents. Look for our poster display with free blue ribbons (at MWR, CDC, DLI and NPS) as we move it to these various locations during April. Become part of this very important awareness effort for 2002. If you or someone you know would like more information on our April activities and/or would like to learn more about Child Abuse Prevention and Education, please contact the Fleet and Family Support Center at 656-3060.

PARTNERS IN SERVICE

“We’re in This Together”

A Joint Services Conference for Military Officer's Spouses on the Monterey Peninsula.

When: April 26, 2002 ~ 1830-2100

April 27, 2002 ~ 0800-1530

Where: Naval Postgraduate School

If you do not receive a registration form and interested in attending, please e-mail fscweb@nps.navy.mil or call 656-3060.



MONTEREY PINES RV CAMPGROUND

Monterey Pines RV Campground is **OPEN YEAR ROUND** and is available to all active duty, reservists, retirees, family members and DOD civilians.

About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey). Our park offers 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

DAILY RENTAL FEES

Eligible Patron	Full Hook-Up	Partial Hook-Up
Active Duty/Reservist/ Retiree/Family Member	\$15/Day	\$13/Day
DOD Civilian	\$18/Day	\$16/Day
Civilian Guest	\$20/Day	\$18/Day

SWING TIP

The flop shot is one of the hardest to perform. You've seen the shot used by Tiger Woods and Phil Mickelson many times on TV. It seems they always get the ball close to the hole.

The first key is using the right equipment. Use a 60-degree lob wedge or 56-degree to 58-degree sand wedge for best results.

Next, grip the club with a light, loose grip. If you grip too tightly, your swing will become too restricted. You need a smooth, flowing swing to execute this shot.

Then open your stance and club face so that your feet are pointing left of the target but the club is pointing to the target. This is similar to how you'd stand for a bunker shot.

The key is swinging along your body line, which promotes a cutting across motion. This is why the player stands open to the target line.

Now that the grip and stance are set, the next step is the swing-smooth and slow, accelerating through and cutting across the ball. This will create the desired high, soft shot with spin. The most important thing with this shot, and why the Tour pros are so good, is one word: **practice**.

MONTEREY PINES GREENS FEES

MONDAY-FRIDAY

Military	\$12.00
DOD Civilian	\$14.00
Guest	\$20.00
Junior	\$8.00

WEEKENDS & HOLIDAYS

Military	\$14.00
DOD Civilian	\$18.00
Guest	\$28.00
Junior	\$8.00

TWILIGHT (2 P.M.-CLOSING) DAILY

Military	\$9.00
DOD Civilian	\$11.00
Guest	\$15.00
Junior	\$8.00

Policy Change: Mid Day rate was discontinued. The Twilight rate will remain in effect, starts at 2:00 p.m. during Pacific Standard time and 3:00 p.m. during Daylight Savings time.

All gift certificates will be redeemed for Pro Shop merchandise only. Gift certificates will not be redeemable for green fees, cart fees, annual fees, monthly fees or punch cards.

NAVAL POSTGRADUATE SCHOOL (Area Code 831)

MWR (NPS) Intranet Events Calendar ~ <http://onboard.nps.navy.mil/intra/>

MWR ADMINISTRATIVE OFFICES ~ Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open weekdays, 8 a.m. to 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2432.

EL PRADO DINING ROOM ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed Saturdays and Federal holidays. Phone: 656-2170.

Hours of Operation:

Ala Carte Breakfast: 6:45 ~ 10:45 a.m. Weekdays
Hot Breakfast: 6:45 ~ 9:00 a.m. Weekdays
Lunch: 10:45 a.m. ~ 2:00 p.m. Weekdays
Dinner: See El Prado Room listing below.

EL PRADO BAR ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Saturday. Closed weekends and most federal holidays. Phone: 656-2170. Hours of Operation:

Beverage Service: 4:00 ~ 11:00 p.m. Monday ~ Wednesday
3:00 ~ 11:00 p.m. Thursday & Friday
4:00 ~ 11:00 p.m. Saturdays
Dinner Service: 4:00 ~ 9:00 p.m. Monday through Saturday

CLUB DEL MONTE/CATERING SALES OFFICE ~ Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open Monday through Friday, 8:00 a.m. ~ 4:30 p.m. Closed weekends and federal holidays. Phone: 656-1049.

INFORMATION TICKETS & TOURS ~ Herrmann Hall Quarterdeck (Bldg. 220). Open 9:30 a.m. ~ 4:30 p.m. Monday through Friday. Closed weekends and federal holidays. Closed for lunch 1:30~2:30 p.m. Phone: 656-3223/3224.

CHILD DEVELOPMENT CENTER ~ La Mesa Village next to La Mesa Elementary School. Open 7:30 a.m. ~ 5:30 p.m., Monday through Friday. Closed on all federal holidays. Phone: 656-2734.

CHILD DEVELOPMENT HOMES ~ Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

ROMAN PLUNGE SWIMMING POOL ~ (Bldg. 210). Closed until further notice. Phone: 656-2275.

TECH CONNECTION ~ La Mesa Village, (Bldg. 444) 1222 Leahy Rd. Open for School Age Care, Monday through Friday, 7:30 ~ 8:00 a.m. and 2:00 ~ 6 p.m. Special camps offered for school breaks (all seasons) & teacher in-service days. Youth & Teen Open Recreation, 2:30~ 6:00 p.m. Monday through Friday and 1:00~6:00 p.m. on Saturdays. Closed on all federal holidays. Phone: 656-2127.

MONTEREY BAY ATHLETIC CLUB ~ (Bldg. 208). Hours of Operation: Open Monday through Friday, 5:30 a.m. ~ 9:00 p.m.; Saturdays, 8:00 a.m. ~ 5:00 p.m.; Sundays 9:00 a.m. ~ 5 p.m. Federal holidays, 10 a.m. ~ 5 p.m. Phone 656-3118.

MONTEREY PINES GOLF COURSE ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30 a.m. ~ 5 p.m., including most federal holidays. Hours vary seasonally. Phone: 656-2167.

MONTEREY PINES RV CAMPGROUND ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-4029.

MONTEREY NAVY FLYING CLUB ~ At the Monterey Airport. Open Monday to Friday 9:00 a.m. ~ 5:00 p.m. Phone: 372-7033.

BLUEWATER COVE MARINA ~ On the Coast Guard Pier, downtown Monterey. Open daily noon to sunset. Phone: 656-2159/656-3118.

MWR BUSINESS OFFICE ~ Herrmann Hall ground floor (Bldg. 220), across from Navy Federal Credit Union ATM machine. Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-5234.

MWR MARKETING OFFICE ~ Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-4804.

THE FLEET & FAMILY SUPPORT CENTER ~ 1280 Leahy Road, Monterey, Ca 93940. Open Monday through Friday, 8:00 a.m. ~ 5:00 p.m. Tel: 656-3060.

CHECK OUT MWR'S WEBSITE!
www.mwr.nps.navy.mil



Peacock Press

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