



# Peacock Press

JULY 2003



Naval Postgraduate School



From the Quality of Life Director...

**G**et ready for some great summer fun in beautiful Monterey. Visit our remodeled ITT office in its new Quarter Deck location (across the hall from where we were) and check out the myriad of available recreational choices. Everything from discounted prices to our world-class aquarium, to tours of S.F., tickets to professional sporting events, or tickets to Disneyland, Six Flags, or races at Laguna Seca, and much more. Your NPS MWR ITT professionals will cheerfully explain all your options, and provide absolutely great prices on tickets to satisfy all your recreational needs!

Dine at our famous Old Club Del Monte in July. Start with a few libations in our recently renovated historic Trident Bar. Also, check out Chef Hugh Butler's quality dinners at great prices in our El Prado Dining Room, and then head for a recently released movie in our MWR theatre. We feature recently released blockbuster movies **FREE OF CHARGE** and show them on our 9'x12" screen while you lounge in our comfortable chairs and munch on our free popcorn. Movies like **The Hours**, **Agent Cody Banks**, **Anger Management**, **X-Men 2**, and **The Hunted** are being shown Monday through Thursday in July. For the price of an adult movie ticket downtown, you can have a nice dinner, a movie, and free popcorn at the Club Del Monte! These are absolutely great value "packages" for you and your family that you just can't find anywhere else in Monterey – not even close! So get your spouse and kids out of the house this summer for some great quality time! Movies begin at 1900 on all nights except Family Night Thursday when they begin at 1800.

And of course through your MWR Department, you can go sailing at our Blue Water Cove Marina, fly in one of our planes in our Flying Club, golf at our Monterey Pines Golf Course, work out at our Monterey Bay Athletic Club, and take care of your children's needs in our quality Child and Youth Programs.

Navy MWR has recently developed standards for many of its programs which receive Appropriated Fund Support like Child Care, ITT, Youth, Liberty, and Fitness. For all of these activities, the service level for each program at every installation Navy-wide will be measured. An essential part of every program's score is "customer satisfaction". Each of the programs listed above is required to conduct customer satisfaction surveys prior to 1 August. The data collected from these surveys will be used to support funding for Navy MWR programs. Please assist us and complete a survey for any of these programs that you use. Thank you for your assistance.

*Jim Thomas*

[www.mwr.nps.navy.mil](http://www.mwr.nps.navy.mil)



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## NAVAL POSTGRADUATE SCHOOL

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Clay Murray  
Golf Course/RV Campground  
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The Peacock Press is a monthly publication of the MWR Department, Naval Postgraduate School. Information may be subject to change without notice.

All phone numbers are in  
area code (831)



## JULY 2003 SCHEDULE OF CLASSES

This workshop is open to all active duty personnel and their families. The entire relocation process will be addressed by representatives from the following NPS activities: Household Goods, Family Housing, Security Police, PSD, and Navy Medical Admin Unit. Information on PCS or separation and retirement moves will be addressed by the presenters.

**Transition Assistant Program (TAP) Seminar:** Tues-Thurs 22-24 July 7:50 am - 4 pm Spanagel Hall, Rm 101A. This workshop provides a job search overview, job hunting skills, work values, goals, resume preparation, interviewing, negotiations, veteran's benefits, plus information on location, travel, separating leave, job referrals, and much more. Co-sponsored by the Department of Defense, Department of Labor and the Department of Veteran's Affairs.

**CARIT Brief:** Fri 25 July 8-10:00 am Spanagel Hall, Room 101A. Attendance at this briefing is mandatory for personnel retiring or separating. Failure to attend this briefing will require travel to Lemoore NAS, CA to complete this requirement. Topics covered: DD 214 (Certificate of Release or Discharge from Active Duty), Household Goods/Travel, VA Benefits, Retirement Information, Social Security, and much more.

**Promoting Growth and Self-Esteem for Adults:**

**Tues 29 July/5, 12, 19 Aug 4-5:30 pm FFSC Bldg 3.** This is a four (4) session group focusing on the long-term effects for those individuals that grew up in an alcoholic home, abusive environment or other family dysfunction. Topics to be discussed are issues related to feelings, trust, and the adaptive and sometimes unhealthy patterns of communication within families and the process of change.

**Budget 4 Baby:** Tues 29 July 6-8 pm Conference Room at 1281 Leahy Rd. When you complete a Navy-Marine Corps Relief Society BUDGET FOR BABY CLASS, you will receive "Baby's First Sea Bag." Class is open to Sailors, Marines, and Coast Guard Enlisted or Officers, Active Duty, Retirees and dependents! Call 656-3141 to reserve a space.

### ON-GOING CLASSES

**Self-Confidence/Chess Group:** Tuesdays 1 & 22 July 9-10:15 OMC Chapel.

**Infant Play Group:** Tuesdays 10:30-11:30 a.m. La Mesa Community Center.

**Toddler Play Group:** Fridays 10-11:20 La Mesa Community Center.

Registration is required. Call the Fleet and Family Support Center, 656-3060 to register. Visit the FFSC website for update to classes: <http://www.nps.navy.mil/fsc>

**Credit Management:** Thurs 3 July 1-2:30 pm FFSC Bldg 3. This class is to provide the skills needed to establish and maintain a good credit rating. Included is a video and discussion. How to get the best deal on a loan, avoid excessive debt, make wise use of credit as a consumer, consumer credit protection laws, dealing with creditors, and what to do to repair credit.

**Avoiding Financial Scam:** Wed 16 July 1-2:30 pm FFSC, Bldg 3. This is a 60-90 minute interactive program including video and discussion. It is suitable for all audiences. It could be a seemingly innocent phone call, letter, or e-mail, promising fast money. Beware - it's almost certainly a financial scam. They affect more people than you might think. Meet Janet and Mike Brown, who were duped out of thousands of dollars. Learn how you can avoid being a victim.

**Smooth Move/Relocation Workshop:** Thurs 17 July 2-3:30 pm Glasgow Hall Rm 117

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>"Navy Regulations prohibit patrons from bringing food or beverages into an MWR facility from outside sources. Thank you for your cooperation."</p>	<p>Every Monday Dinner Special El Prado Room 1600-2100 SEAFOOD CIOPPINO Adults \$7.50 Kids 5-10 \$4.00 Under 5 \$2.00</p>	<p>1 GODS &amp; GENERALS (PG 13) 1900  Every Tuesday Dinner Special El Prado Room 1600-2100 "Moist &amp; Tender" PRIME RIB \$13.00</p>	<p>2 THE HOURS (PG 13 ) 1900  Every Wednesday Dinner Special El Prado Room 1600-2100 BBQ BABY BACK RIBS Adults: 8.50 Kids 5-10 \$4.25</p>	<p>3 FANTASIA 2000 (G) 1800  Every Thursday FAMILY NIGHT Dinner Special POT ROAST W/MASHED POTATOES Adults: \$7.50 Kids 5-10 \$3.75</p>	<p>4 <i>Holiday</i>  Independence Day</p>	<p>5 CLUB DEL MONTE FOOD AND BEVERAGE OPERATION CLOSED</p>
<p>6 For Party Reservations at  CLUB DEL MONTE  Please call 656-2170</p>	<p>7 UNDISPUTED (R) 1900  Dinner Special SEAFOOD CIOPPINO</p>	<p>8 HEAD OF STATE (PG 13) 1900  Dinner Special "Moist &amp; Tender" PRIME RIB</p>	<p>9 CONFESSIONS OF A DANGEROUS MIND (R)1900  Dinner Special BBQ BABY BACK RIBS</p>	<p>10 RETURN TO NEVERLAND (G) 1800  Dinner Special POT ROAST W/MASHED POTATOES</p>	<p>11 FRIDAY 11, 18 &amp; 25 Dinner Special El Prado Room 1600-2100  FISHERMAN'S PLATTER</p>	<p>12 BLUEWATER COVE MARINA OPEN DAILY NOON TO SUNSET  "HANALEI CRUISE" 1300-1500</p>
<p>13 MONTEREY PINES RV CAMPGROUND OPEN YEAR ROUND  Please call 656-7563</p>	<p>14 THE HUNTED (R) 1900  Dinner Special SEAFOOD CIOPPINO</p>	<p>15 BRINGING DOWN THE HOUSE (PG 13) 1900  Dinner Special "Moist &amp; Tender" PRIME RIB</p>	<p>16 DREAM CATCHER (R) 1900  "HANALEI CRUISE" 1730-1930</p>	<p>17 AGENT CODY BANKS (PG ) 1800  Dinner Special POT ROAST W/MASHED POTATOES</p>	<p>18 Every Friday TRIDENT ROOM OPEN 1500-2300 LIVE ENTERTAINMENT  SOCIAL HOUR 1600-1800</p>	<p>19 MONTEREY BAY ATHLETIC CLUB OPEN DAILY AND MOST FEDERAL HOLIDAYS</p>
<p>20 MONTEREY PINES GOLF COURSE OPEN DAILY &amp; MOST FEDERAL HOLIDAYS.</p>	<p>21 X-MEN 2 (PG 13) 1900  Dinner Special SEAFOOD CIOPPINO</p>	<p>22 THE CORE (PG 13) 1900  Dinner Special "Moist &amp; Tender" PRIME RIB</p>	<p>23 ANGER MANAGEMENT (PG 13) 1900  Dinner Special BBQ BABY BACK RIBS</p>	<p>24 JIMMY NEUTRON: BOY GENIUS (G) 1800  Dinner Special POT ROAST W/MASHED POTATOES</p>	<p>25 Dinner Special El Prado Room 1600-2100  FISHERMAN'S PLATTER</p>	<p>26 MONTEREY NAVY FLYING CLUB OPEN MONDAY TO FRIDAY 0900-1700</p>
<p>27 ITT OPEN MON-FRI 0930-1330 1430-1630 CLOSED WEEKENDS &amp; FEDERAL HOLIDAYS</p>	<p>28 WHAT A GIRL WANTS (PG ) 1900  Dinner Special SEAFOOD CIOPPINO</p>	<p>29 SHANGHAI KNIGHTS (PG 13) 1900  Dinner Special "Moist &amp; Tender" PRIME RIB</p>	<p>30 X-MEN 2 (PG 13) 1900  Dinner Special BBQ BABY BACK RIBS</p>	<p>31 AGENT CODY BANKS (PG) 1800  Dinner Special POT ROAST W/MASHED POTATOES</p>	<p>FREE MOVIES ARE SHOWN IN THE BARBARA MCNITT BALLROOM</p>	<p>TRIDENT ROOM DINNER SERVICE 1600-2100  BEVERAGE SERVICE 1600-2300</p>



## JULY MONDAY DINNER SPECIAL

*El Prado Dining Room  
4:00-9:00 p.m.*

### **FRESH SEAFOOD CIOPPINO**

*with Shrimp, Calamari, Crab and Mussels,  
Fresh Caesar Salad and Garlic Bread*

**Adults \$7.50 Kids 5-10 \$4.00 Under 5 \$2.00**

## **FAMILY NIGHT** **July Thursday Dinner Special** *in the El Prado Room 4:00-9:00 p.m.*



### **POT ROAST**

*with Mashed Potatoes,  
Fresh Vegetables & Green Salad*

**Adult \$7.50 Kids 5-10 \$3.75**

*Come enjoy our July Tuesday Dinner Special  
in the El Prado Room 4:00-9:00 p.m.*



### **ROAST PRIME RIB**

*"moist and tender" with Aux Jus  
accompanied with Horse Radish, Baked  
Potato, Sour Cream  
and Chef choice dessert*

**only \$13.00**

*July 11, 18 & 25 Friday Night Special served in the  
El Prado Room 4:00-9:00 p.m.*



### **FISHERMAN'S PLATTER**

*Combination Plate: Fried Shrimp, Fried Alaskan White Cod,  
Fried Calamari, Rice Pilaf and Fresh Vegetables.*

**Adults \$8.75 Kids 5-10 \$4.50**

*July Wednesday Dinner Special served  
in the El Prado Room 4:00-9:00 p.m.*



### **BBQ BABY BACK RIBS**

*served with Corn Bread,  
Fresh Corn on the Cob  
and Fried Potato Wedges*

**Adults \$8.50 Kids 5-10 \$4.25**

## **MWR ADVISORY BOARD**

### **TO MEET WEDNESDAY, 2 JULY 2003**

*The next MWR Advisory Board Meeting is set for Wednesday,  
2 July 2003, at 10:00 a.m. in the La Novia Room, Herrmann  
Hall, Bldg 220.*

*All departments of the Naval Postgraduate School and tenant  
commands are encouraged to send representatives to these  
informative bi-monthly meetings.*

*This is your opportunity to gather the latest MWR info and to  
share your command's feed back with key MWR personnel.*

*For more on how your command can take part in the MWR  
Advisory Board, call the MWR Administrative Office at 656-  
1049.*



## **WHITE WATER RAFTING TRIP**



### **NAPA, California August 2-3, 2003**

*Stop by ITT Office to sign up by 7 July, Room 126  
Herrmann Hall. Cost is \$45.00. Any questions, call  
Amy at 656-7955. This trip is open to all enlisted  
single sailors and geo-bachelors attached to NPS and  
tenant commands.*

## **IN OBSERVANCE OF JULY 4TH THE FOLLOWING MWR FACILITIES WILL BE CLOSED:**

*Club Del Monte  
Information Tickets & Tours  
Child Development Center  
Tech Connection/Teen & Youth Center  
Bluewater Cove Marina  
Monterey Bay Athletic Club  
Monterey Navy Flying Club  
MWR Business Offices*

**Tues 1 Jul - Gods and Generals (PG 13): Steven Lang & Robert Duvall.** A sweeping epic, charting the early years of the Civil War and how the campaigns unfolded from First Manassas and Fredericksburg, to Stonewall Jackson's death at the battle of Chancellorsville. As a prequel to the movie "Gettysburg", this film explores the motivations of the combatants and the lives of those who waited at home.

**Wed 2 Jul - The Hours (PG 13): Meryl Streep & Nicole Kidman.** The lives of two desperate women, one struggling with a terminally ill husband and the other with a terminally ill marriage, are examined through the common thread that connects them, the life and writings of Virginia Wolfe. (Winner of the 2003 Best Actress Oscar. Kidman)

**Thurs 3 Jul - Fantasia 2000 (G) - Angela Lansbury & James Levine:** Following in the footsteps of the 1940 Disney classic, FANTASIA 2000 features seven animated short films set to classical compositions, along with the original version of "The Sorcerer's Apprentice," starring Mickey Mouse.

**Mon 7 Jul - Undisputed (R): Ving Rhames & Wesley Snipes.** A heavyweight boxing champ, accused, convicted and sent to prison for rape, discovers that he has competition when a fellow inmate sets up a prison boxing match to determine just who, is the "Undisputed" prison champion.

**Tues 8 Jul - Head of State (PG 13): Chris Rock & Bernie Mac.** When a popular Democratic presidential candidate dies unexpectedly on the campaign trail, there is no one to take his place. Resigned to losing the race, the party puts an unknown Washington D.C. alderman on the ticket just to take up space. But no one ever expected his grass- roots campaign to actually become a serious contender.

**Wed 9 Jul - Confession of a Dangerous Mind (R): Sam Rockwell and Drew Barrymore.** Based on Chuck Barris's autobiography this is the story about the fictional secret life of a "Gong Show" host & the time he spent as the CIA assassin "Sunny Sixkiller" who makes hits while under the guise of chaperoning the game show contestants who have won vacation prizes.

**Thurs 10 Jul - Return to Neverland (G): Blayne Weaver & Corey Burton.** Peter Pan returns to teach Wendy's resolute daughter the ways of Neverland in what amounts to a little over an hour of Disney direct-to-video fodder plastered on the big screen.

**Mon 14 Jul - The Hunted (R): Tommy Lee Jones & Benicio Del Toro.** In the green moss covered mountains of Oregon, a highly trained Special Forces assassin kills four deer hunters and begins a game of cat-&-mouse with the only man who can stop him, the one man who taught him everything he knows. But now, even as they face off for the last time neither is sure "Who is the hunter & who is the hunted".

**Tues 15 Jul - Bringing Down The House (PG 13): Steve Martin & Queen Latifah.** A divorced, straight-laced, uptight attorney, who still loves his ex-wife & can't figure out what he did wrong, decides to move on with his life when he is smitten by a brainy, bombshell barrister he's been chatting with online...but his world is about to be turned inside-out because his webmate turns out to be an escaped convict.

**Wed 16 Jul - Dreamcatcher (R): Morgan Freeman and Thomas Jane.** Based on the popular novel by Steven King, four young friends perform a heroic act and are changed forever by the supernatural powers they gain in return. Now, years later, on their annual hunting trip to the Maine woods, they are challenged again, when they encounter a deadly alien force attempting to infect & take over our world.

**Thurs 17 & 31 Jul - Agent Cody Banks (PG): Frankie Muniz & Hilary Duff.** To his family and friends, Cody Banks is a typical teen who loves skateboarding, hates math, and feels like a complete idiot around girls. But Cody's got a secret... He's part of a special CIA youth program & is assigned to befriend a fellow student whose father is developing a fleet of nanobots for the evil organization ERIS.

**Mon 21 & Wed 30 Jul - X-Men 2 (PG 13): Patrick Stewart & Ian McKellen .** Already living in a world that mistrusts and fears them the X-Men face even more discrimination after a mutant with extraordinary powers launches a devastating attack on the White House that causes a public outcry against them. As General Stryker plans an attack on professor Xavier's school, the X-men must find the rogue mutant.

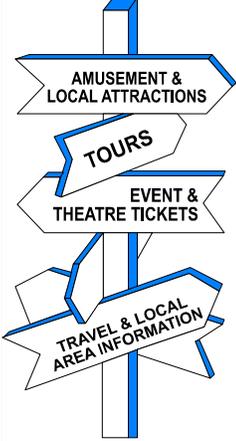
**Tues 22 Jul - The Core (PG 13): Aaron Eckhart & Hilary Swank.** As global natural disasters begin to occur, scientists discover that the Earth's molten core has begun to cool and unless the process is reversed, all life will end when the magnetic fields generated by the spinning core shut down. With time running out and survival at stake, they must try to re-ignite the very heart of our planet.

**Wed 23 Jul - Anger Management (PG 13): Adam Sandler and Jack Nicholson.** After a misunderstanding that escalates out of control, a mild-mannered New Yorker is ordered to attend anger management classes run by a Doctor whose unorthodox approach to treatment is confrontational and abusive. But the situation gets out of control when the Doctor decides to move in & intensify his unique form of therapy.

**Thurs 24 Jul - Jimmy Neutron: Boy Genius (G): Debbie Derryberry and Patrick Stewart.** The story of a ten-year-old genius inventor Jimmy Neutron, whose penchant for gadget-creation gets him and his robot dog Goddard into trouble at home and school. However, when the parents of Jimmy's hometown are kidnapped by the gooey green aliens known as Yokians, it's up to Jimmy, his best friend Carl Wheezer, and his arch rival Cindy Vortex to rally their fellow kids for a rescue effort.

**Mon 28 Jul - What A Girl Wants (PG): Amanda Bynes & Colin Firth:** A free spirited American 19 year-old, who was raised by her equally free spirited mother in New York, travels to England to try to establish a relationship with her father who turns out to be a prominent political figure unhappily bound by strict social customs that may not survive this unknown, carefree visitor from his past.

**Tues 29 Jul - Shanghai Knights (PG 13): Jackie Chan & Owen Wilson.** After taming the wild west in Shanghai Noon, Chon Wang and Roy O'Bannon are back in the saddle, but this time Chon is out to settle a score and avenge the death of his father while also keeping Roy away from his sister who has uncovered a world wide conspiracy to murder the Royal family.



**Located on  
HERRMANN HALL  
QUARTERDECK**

**Open  
Monday-Friday  
9:30 a.m. ~ 1:30 p.m.  
2:30 ~ 4:30 p.m.**

**Closed Weekends  
and  
Federal Holidays**

JULY	UPCOMING ITT TOURS	PRICE
4-6	Las Vegas	150.00
12	San Francisco Get Acquainted	\$23.00
19	San Francisco Giants vs Colorado Rockies	\$45.00
26	Raging Waters	\$30.00
<b>AUGUST</b>		
2	Monterey Local Wine Tour	\$39.00
9	San Francisco Giants vs Diamondbacks	\$45.00
16	Pier 39/Alcatraz	\$39.00
23	Winchester Mystery House	\$35.00
30	San Diego Sea World/Disney/Universal	\$225.00



**2003 Laguna Seca's race season.**  
*Discounted tickets are available approximately  
three weeks prior to each race.*



### Superbike Tickets are in!!

**General Admission**  
Saturday \$22.50  
Sunday \$33.00    2-Day \$50.50  
Paddock Pass \$15.50



**HONDA  
Superbike Classic**  
JUL 11 - 13, 2003



**Monterey Historic  
Automobile Races**  
AUG 15 - 17, 2003



**Monterey Sports  
Car Championships**  
LE MANS Series  
SEP 5 - 7, 2003



**US Sports Car  
Invitational**  
OCT 3 - 5, 2003

### OAKLAND A'S TICKETS



Baseball season is in full swing!!  
Tickets are available for Friday,  
Saturday and Sunday games for only  
\$10.50. Special orders for weekday  
games can be made in advance.

### SALUTE TO THE HEROES

Disneyland/Universal Trip, lodging and transportation included. The cost is \$99.00 each for the first and second person and \$45.00 each for the third and fourth person. For more information call ITT at 656-3223. This special is only available to active duty U.S. military, U.S. Coast Guard and activated National Guard and reservists and their family members and guests.

### SF 49ERS TICKET LOTTERY



ITT will conduct its annual drawing for the right to purchase tickets to see the 49ers play football starting in July. Please check with us or pick up a flyer for more details.

### SUMMER TICKETS






Summer tickets such as Santa Cruz Beach and Boardwalk, Marine World, Soak City, and Hurricane Harbor are now available at the ITT office.

### LOCATION, LOCATION, LOCATION!!

ITT has moved across from the Quarterdeck to Room 126. Same great service and hours, just new location!



**ENTERTAINMENT BOOKS:** We have Entertainment Books for \$20.00. These books are filled with discounted coupons for everything you can think of. These are great gifts, but also good for you and your family. After using a few of the coupons, the money you save will have paid for the book!

## YOGA CLASSES



**YOGA:**  
Every Monday & Wednesday 12-1 pm

**GENTLE YOGA:**  
Every Friday 11 am-12 noon

**YOGA FOR ATHLETES:**  
Every Friday 12-1 pm

Cost: \$7.00 /class or \$50.00/month (16 classes every month)

## MUSCULAR POWER-FLEX

(New Strength Training Class)

Mondays & Wednesday 11 am - 12 pm  
Tuesdays & Thursdays 4:30-5:30 pm

For the cost of an aerobic class you can get a total body strength training workout. Weight training to music is the quickest way to get one of the most efficient workouts available.

Free to military and regular aerobic class fees apply.



## GROUP FITNESS CLASS SCHEDULE

HOURS	MON	TUES	WED	THURS	FRI	SAT
6:00 AM	PT READY	20/20/20	PT READY	20/20/20		
10:30 AM						SPIN
11:00 AM	POWER FLEX		POWER FLEX		YOGA GENTLE	
12:00 PM	YOGA	SPIN (CYCLING)	YOGA	SPIN (CYCLING)	YOGA ATHLETE	
4:30 PM		POWER FLEX		POWER FLEX		
5:00 PM	SIX PACK ATTACK		SIX PACK ATTACK			
5:30 PM	STEP	SPIN (CYCLING)	STEP	SPIN (CYCLING)		

## FITNESS CLASS FEES

ELIGIBLE PATRONS	AEROBIC DAILY	CYCLING DAILY	AEROBIC 8-PUNCH CARD	YOGA MONTHLY	YOGA DAILY
ACT.DUTY/RESERVIST	FREE	FREE	N/A	\$50.00	\$7.00
RETIREE/FAMILY MEMBER	\$2.00	\$2.50	\$12.00	\$50.00	\$7.00
DOD CIVILIAN	\$3.00	\$3.00	\$16.00	\$50.00	\$7.00

Combo Cards: Allow you to take aerobics or cycling classes.

## THERAPEUTIC MASSAGE

(now available)

**Fees:**  
\$50.00 for a one-hour massage session.  
\$75.00 for a one and one-half hour massage session.

For appointments, please call 656-3118.



## PERSONAL TRAINING

We offer personal training that includes consultation, fitness/exercise program design and one-on-one training.



## BICYCLE RENTALS

The Monterey Bay Athletic Club has adult sized bicycles available for rental by fitness center eligible patrons to meet their transportation needs or for recreational riding.



Two kinds of bikes are available for rental-street bikes and six speed bikes. Rentals are conducted on a daily, weekend, weekly or monthly basis. All rentals include the use of a bicycle safety helmet, lock and chain. Bicycle rental prices are listed below:

BICYCLE TYPE	DAILY	WEEKEND	WEEKLY	MONTHLY	Individuals wishing to rent a bicycle need to fill out a rental agreement and pay in advance for their rental at the Fitness Center, Bldg. 208.
STREET BIKE	\$8.00	\$12.00	\$34.00	\$96.00	
6-SPEED	\$10.00	\$15.00	\$42.00	\$120.00	

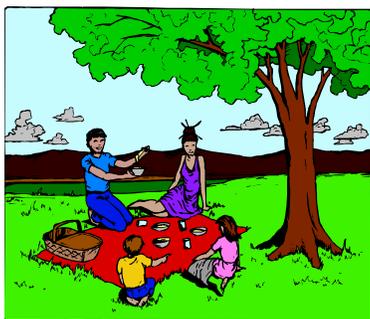


## SUMMER SOFTBALL

Games are played at Sparks Field  
Mondays and Wednesdays 1800-2000  
League begins Monday, 14 July 2003

## SUMMER VOLLEYBALL

Games are played at the Fitness Center  
Tuesdays and Thursdays 1800-2000  
League begins Tuesday, 15 July 2003



## PICNIC



MWR has one picnic/park facility available for you and your family to use on base just across the street from Del Monte Lake and the softball field.

For availability and reservation information, please contact the Fitness Center at 656-3118.



*The Child Development Home program offers Navy certified care by military family members in their homes.*

*Interested in pursuing a rewarding career and work at home? How about becoming a Child Development Home Care provider? You'll receive extensive training, become First Aid/ CPR qualified and be part of our dedicated team of professionals that provide child care in their homes. Give us a call! We'll be happy to give you more information, and assist you through our CDH certification process!*

*The Benefits: You can stay home with your own children, offer authorized quality child care for others in your La Mesa residence, share in the financial support of your family, and have fun!*

## Child Development Center "CDC is the place to be!"



*If your child is between the ages of six weeks and five years and you are looking for a high quality, nurturing early childhood experience - the Child Development Center (located in La Mesa Village) is the place for you! We offer full-time child care. We maintain a wait list for full-time care.*

***Life Skills Readiness Program: Summer Fun July 7 - August 1, 2003.** Children, ages 3 to 5 years are invited to come along for a summer of fun designed just for you! Sessions with developmentally appropriate activities are scheduled for either two-day or three day morning classes. Registration is now open and is filling up fast!! So don't delay - stop by the CDC in La Mesa for more information.*

***Jellyfish Drop-In Care Room:** Reserve a space for your child in our drop-in care room up to two full weeks in advance. Care is available Monday-Friday for children ages 1 year (walking) through 6 years. The rate is \$3.50 per hour plus an additional \$.50 if your child is here for snack. Afford yourself the extra time you need for appointments, to run errands, or just a little adult time to yourself. We have lots of fun!*

### JOBS AVAILABLE AT THE CHILD DEVELOPMENT CENTER

***Classroom Positions:** We are seeking enthusiastic and energetic people interested in working flexible hours with children ages 6 weeks to 6 years to join our team.*

***Full Time Cook Position:** We are looking for a child-oriented-team spirited person who enjoys cooking for children to join our team.*

***Child Development Program Head:** We are looking for that special person to provide leadership assistance and mentoring to our Early Childhood Development Team.*

*For more information please call the Human Resources Office at 656-2002.*

*All of our programs are open to active duty military, reservists in active duty status, military retirees, and DOD civilians. Please call 656-2734 for info.*

## YOUTH & TEEN JULY 2003 SCHEDULE OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <b>YOUTH &amp; TEEN TIE DYE SOCKS AND T-SHIRTS</b>	2 <b>YOUTH &amp; TEEN MYSTERY FOODS DINNER</b> <i>(bring your mystery food to share)</i>	3 <b>YOUTH &amp; TEEN Independence Day Party</b> 1300-1600 <i>(Make Poppers)</i>	4 	5 
6 <b>BALLET/JAZZ DANCE LESSONS</b> Ages 3-10 yrs \$32.00/month	7 <b>YOUTH &amp; TEEN The New Version of Musical Chairs</b>	8 <b>YOUTH &amp; TEEN Design activities to send to children in the hospital</b>	9 <b>STAFF vs. TEENS Beach Ball Volleyball Tournament</b>	10 <b>YOUTH &amp; TEEN HAWAIIAN LUAU</b>	11 <b>YOUTH &amp; TEEN DANCE &amp; KARAOKE PARTY</b>	12 
13 <b>OPEN REC HOURS</b> 9 am - 6 pm	14 <b>YOUTH &amp; TEEN BLINDFOLDED POOL TOURNAMENT</b>	15 <b>YOUTH &amp; TEEN ONE ON ONE BASKETBALL TOURNAMENT</b>	16 <b>YOUTH &amp; TEEN PAINT PICTURES</b> <i>to donate to retirement home</i>	17 <b>YOUTH &amp; TEEN SWITCH SIDES for Ice Cream Social</b>	18 <b>YOUTH &amp; TEEN MOVIE THEME PARTY</b> 1500-1730	19 
20 	21 <b>YOUTH &amp; TEEN POWDER PUFF GAMES</b>	22 <b>YOUTH &amp; TEEN JULY BIRTHDAY PARTIES</b>	23 <b>TEENS BOYS vs. GIRLS TOURNAMENTS</b> <i>Youth Ice Cream Social</i>	24 <b>YOUTH &amp; TEEN SWIMMING AT SPORTS CENTER</b>	25 <b>FACE PAINTING</b>	26 
27 	28 <b>YOUTH &amp; TEEN MAKE SOAP</b>	29 <b>YOUTH &amp; TEEN MAKE MYSTERY PIZZAS for each other</b>	30 <b>YOUTH JELL-O-EATING CONTEST</b> <i>(Teens run it)</i>	31 <b>YOUTH &amp; TEEN LANGUAGE FAIR</b>		

The Tech Connection, Teen and Youth Center has implemented a policy change to our Open Recreation Program. This change is necessary to ensure the safety and well being of young children and brings center operations into compliance with Navy Guidance and the Naval Postgraduate School Home Alone Policy.

Children must be at least 10 years of age to sign themselves in and out of the Tech Connection Open Recreation Program. Children 7-9 years of age attending the Open Recreation Program must be signed in and out of the facility by their parent or someone that has been designated by the parent in writing (16 years of age or older). These new procedures will ensure parents are acknowledging the whereabouts of their child and giving consent to the Tech Connection to take protective custody and responsibility of their child.

The new policy states, children who are nine years of age or younger who show up at the Teen and Youth Center who are not accompanied by their parent or their designee will remain in protective custody at the center and/or signed in according to the new procedures. Once they have been contacted, parents will be given one hour to pick up their child and will be charged accordingly for care.

Parents who would like to familiarize themselves with the NPS Home Alone Policy can do so by visiting the Tech Connection. The Tech Connection is available for Open Recreation for youth and teens 6-18 years of age. When school is in session the hours are M-F 1430-1800. On non-school days and when camp is in session, the open recreation program is offered M-F 0900-1800. The Tech Connection is no longer open on Saturdays.

**Tech Connection Youth and Teen Center has a great School Age Care Program starting August 4th. We are currently taking enrollment for the fall. Hours are 1430-1700 and wrap around care available from 1700-1800. Please call 656-2127 or stop by our office for more information.**



The Monterey Navy Flying Club offers excellent opportunities for aircraft rentals, recreational flying and professional flight training to Active Duty, National Guard, Reserve members and their families; Retirees and their families; Civil Air Patrol members; and federal government employees. The club's airplane rental and instruction rates are the lowest in California. Learn how to fly, meet new friends and discover the beauty of the Monterey Peninsula! Give us a call and visit our website.



**COST SHARING:** Our licensed pilots at the Monterey Navy Flying Club frequently fly by themselves, and through "cost sharing" of the fees for the flight, you and up to two other MWR eligible patrons can fly along. Fly over the California Coast or down it's beautiful valleys. Call the Monterey Navy Flying Club at (831) 372-7033 for more information.

**Want to earn your pilot's certificate?**

You have often thought about becoming a pilot. Our staff of professional flight instructors is ready to help you achieve your goal - for a much lower cost than you will find anywhere else. Ground school, the first step in learning the basics of flight, is offered in cooperation with Monterey Peninsula College or through self-study courses available through the Club.

**Ground and Flight instruction: \$20.00/hour.**

AIRCRAFT RENTAL RATES	
Cessna 152 (IFR) \$50.00	Beech (T-34) \$100.00
Cessna 172 (IFR) \$66.00	
<i>All rates are on a hourly basis including fuel.</i>	

MEMBERSHIP FEES	
Monthly dues: \$23.00	Initiation fee: \$30.00

Looking for part time Certified Flight Instructors. Please call 372-7033 for more information.



- Located at the Coast Guard Pier in Historic Downtown Monterey.
- Our services are available for all active duty, retired military, family members and DOD civilians.
- Open everyday.
- Contact the Monterey Bay Athletic Club for rentals.
- First come - first served.
- Nine boats are available to rent.
- The minimum age to qualify for sailboat rentals is 18.
- Check sails are required for boat safety training and to familiarize all patrons with sailing areas and off limit locations prior to initial sailboat rental. Reservations for "check sails" are required - contact Naval Post-graduate School Sailing Association (NPSSA.)
- For Marina information, check sails, and boat reservations contact NPSSA or Monterey Bay Athletic Club at 656-3118.

**SAILING CLASSES: MATE "A" & SKIPPER "B"**

Sat 12 - Sun 13 July                      Sat 13 - Sun 14 Sep  
 Sat 9 - Sun 10 Aug

**"HANAIEI" CRUISES**

Reserve your seat for a two hour tour on the 30' Hanalei cruising sailboat on the Monterey Bay for any Saturday afternoon 1300-1500 or Wednesday evening 1730-1930. The Hanalei is limited to 14 passengers.

No sailing experience is necessary! Open to all military, reserves, DOD civilians and family members. Reservations are required and can be obtained by contacting Jim Laughlin at 242-5747 or email: sailing@monterey.army.mil.

**-NPSSA-**

NPSSA, the Naval Postgraduate School Sailing Association, is dedicated to practicing and promoting the art of sailing as well as furthering Navy sailing in the Monterey area. NPSSA is comprised of students, faculty and staff from NPS and DLI, local active duty and retired personnel, and DOD civilians. Members take part in local racing events and NPSSA-sponsored cruising events. Additionally, NPSSA provides assistance to MWR with boat maintenance and sailing qualifications through volunteers. All MWR eligible personnel may join NPSSA. For more information or to volunteer, contact NPSSA at npssa@nps.navy.mil.

MWR Bluewater Cove Marina SAILBOAT RENTAL RATE		
Small Wonder	23 ft. Ranger	\$30/day
Serenade	22 ft. Santana	\$30/day
Antares	26 ft. Excalibur	\$30/day
Lorraine	22 ft. Capri	\$30/day
Barbara, Harriet	30 ft. Shields	\$30/day
Medora, Storm	30 ft. Shields	\$30/day
Hanalei II	30 ft. Buccaneer	\$40/day



Go to our new website at  
[www.montereypinesgolf.com](http://www.montereypinesgolf.com).

Register with our site and print off coupon good for discounted green fee. Good Monday - Friday only and golfers must present coupons at check in time.

**Golf instruction from your certified golf instructors**

**CLAY MURRAY ~ Head Professional**



	CIVILIAN	MILITARY	JUNIOR
HALF-HOUR	\$40.00	\$35.00	\$30.00
ONE HOUR	\$60.00	\$55.00	\$50.00
VIDEO HOUR	\$75.00	\$70.00	\$65.00
PLAYING LESSON	\$90.00	\$85.00	\$80.00

**ERIC THOMPSON/DAVID HARBER ~ Assistant Professionals**



	CIVILIAN	MILITARY	JUNIOR
HALF-HOUR	\$35.00	\$30.00	\$25.00
ONE HOUR	\$55.00	\$50.00	\$45.00
VIDEO HOUR	\$70.00	\$65.00	\$60.00
PLAYING LESSON	\$85.00	\$80.00	\$75.00

## MONTEREY PINES RV CAMPGROUND

Monterey Pines RV Campground is **OPEN YEAR ROUND** and is available to all active duty, reservists, retirees, family members and DOD civilians.



### About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey), our park offers 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op

## MONTEREY PINES Mixed Couple Championship Saturday, 16 August 2003

Pick your own partner male/female  
 Pinehurst format  
 0800 Shot Gun  
 Limited to 64 players  
 \$20.00 per person plus applicable green fee  
 Includes: Lunch and prizes

Sign up by Saturday, 9 August 2003.

Sign up/Pay at the Pro Shop or call 656-2167.

## 19TH HOLE GRILL

Open 7 days a week: Mon 9 am - 5 pm  
 Tues-Thurs 6:30 am - 5 pm, Fri-Sun 6:30 am - 6 pm

Offers breakfast, lunch and early lite dinners.  
 Banquet facilities for up to 150 people.

### Featured Daily Lunch Specials

Wednesday - Italian  
 Friday - Prime Rib & Fresh Fish

**Monterey Pines Golf Course will be open Friday,  
 4 July Independence Day 0630-1900.**

DAILY RENTAL FEES		
ELIGIBLE PATRON	Full Hook-Up	Partial Hook-Up
Military	\$18/Day	\$15/Day
DOD	\$20/Day	\$18/Day
Sponsored guests	\$25/Day	\$20/Day

RV VEHICLE STORAGE RATE		
	0 TO 20 FT	OVER 20 FT
Military	\$15.00	\$20.00
DOD Civilian	\$20.00	\$25.00

RENTALS		ANNUAL FEES	
Cart Rate	\$20.00	Enlisted	\$540.00
Single Cart	\$12.00	Officer	\$660.00
Rental Clubs	\$10.00	DOD	\$720.00
Pull Carts	\$5.00		

PUNCH CARD 20 PLAY	25% DISCOUNT
Military	\$180.00
DOD	\$270.00

## NAVAL POSTGRADUATE SCHOOL (Area Code 831)

### MWR (NPS) Intranet Events Calendar - <http://onboard.nps.navy.mil/intra/>

**MWR ADMINISTRATIVE OFFICES** - Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open weekdays, 8 a.m. to 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2170 or 656-2432.

**EL PRADO DINING ROOM** - Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed weekends and federal holidays. For questions, call: 656-2170.

#### **Hours of Operation:**

Ala Carte Breakfast: 6:45 - 10:45 a.m. Weekdays  
Hot Breakfast: 6:45 - 9:00 a.m. Weekdays  
Lunch: 10:45 a.m. - 2:00 p.m. Weekdays  
Dinner: 4:00 - 9:00 p.m. Monday through Saturday

**TRIDENT ROOM** - Herrmann Hall ground floor (Bldg. 220). Open Monday through Saturday. Closed Sundays and most federal holidays. Phone: 656-2170 or 656-7508 (after regular business hours). Hours of Operation:

**Beverage Service:** 4:00 - 11:00 p.m. Monday - Wednesday  
3:00 - 11:00 p.m. Thursday & Friday  
4:00 - 11:00 p.m. Saturdays

**Dinner Service:** 4:00 - 9:00 p.m. Monday through Saturday

**CLUB DEL MONTE/CATERING SALES OFFICE** - Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open Monday through Friday, 8:00 a.m. - 4:30 p.m. Closed weekends and federal holidays. Phone: 656-1049.

**INFORMATION TICKETS & TOURS** - Herrmann Hall Quarterdeck (Bldg. 220). Open 9:30 a.m. - 4:30 p.m. Monday through Friday. Closed weekends and federal holidays. Closed for lunch 1:30-2:30 p.m. Phone: 656-3223.

**CHILD DEVELOPMENT CENTER** - La Mesa Village next to La Mesa Elementary School. Open 7:30 a.m. - 5:30 p.m., Monday through Friday. Closed on all federal holidays. Phone: 656-2734.

**CHILD DEVELOPMENT HOMES** - Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

**ROMAN PLUNGE SWIMMING POOL** - (Bldg. 210). Closed until further notice. Phone: 656-2275.

**TECH CONNECTION** - La Mesa Village, (Bldg. 444) 1222 Leahy Rd. Open for School Age Care, Monday through Friday, 2:30-6 p.m. while school is in session. Special camps offered for school breaks (all seasons) & teacher in-service days. Youth & Teen Open Recreation, 2:30- 6:00 p.m. Monday through Friday while school is in session and 0900-1800 during day camp. Closed on all federal holidays. Phone: 656-2127.

**MONTEREY BAY ATHLETIC CLUB** ~ (Bldg. 208). Hours of Operation: Open Monday through Friday, 5:30 a.m. - 9:00 p.m.; Saturdays, 8:00 a.m. - 5:00 p.m.; Sundays 9:00 a.m. - 5 p.m. Federal holidays, 10 a.m. - 5 p.m. Phone 656-3118.

**MONTEREY PINES GOLF COURSE** - Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30 a.m. - 5 p.m., including most federal holidays. Hours vary seasonally. Phone: 656-2167.

**MONTEREY PINES RV CAMPGROUND** - Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-7563.

**MONTEREY NAVY FLYING CLUB** - At the Monterey Airport. Open Monday to Friday 9:00 a.m. - 5:00 p.m. Phone: 372-7033.

**BLUEWATER COVE MARINA** - On the Coast Guard Pier, downtown Monterey. Open daily. Phone: 242-5747/656-3118.

**MWR BUSINESS OFFICE** - Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. - 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-7954.

**MWR MARKETING OFFICE** - Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. - 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-1170/7677.

**THE FLEET & FAMILY SUPPORT CENTER** - 1280 Leahy Road, Monterey, Ca 93940. Open Monday through Friday, 8:00 a.m. - 4:30 p.m. Tel: 656-3060.

**NAVY EXCHANGE TELEPHONE NUMBERS** - Main Store: 373-7277; Autoport: 373-7271; La Mesa Mini-Mart: 375-0959.



## Peacock Press

Morale, Welfare and Recreation Department  
Naval Postgraduate School  
1 University Circle  
Monterey, CA 93943-5000

**CHECK OUT MWR'S WEBSITE!**

**[www.mwr.nps.navy.mil](http://www.mwr.nps.navy.mil)**