



Peacock
Press

NOVEMBER 2001

www.mwr.nps.navy.mil

Happy THANKSGIVING



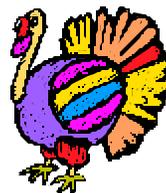
*Come and enjoy our Tuesday Night
Dinner Special in the
El Prado Room
4:00 ~ 9:00 p.m.*

Succulent

Roast Prime Rib!

*with Aux Jus and Horse Radish
accompanied with Baked Potato and Sour Cream
Fresh Vegetables and Chef's choice dessert*

only \$13.00



MWR TURKEY TROT 5K-RUN

Date & Time

Friday, November 16, 2001 at 3:00 p.m.

Location

Fitness Center parking lot, Bld g. 208

Fee

\$12.00 Active Duty/Reservist

\$13.00 Retirees/Family Members

\$14.00 DoD Civilians

Fee includes a commemorative tee shirt.

DIVISIONS

Men's 17-29

Women's 17-29

Men's 30-39

Women's 30-39

Men's 40-49

Women's 40-49

Men's 50 & over

Women's 50 & over

*Awards will be given to the top
2 finishers in each division.*

*Register at the Fitness Center front desk by
9 November 2001.*

For more information, call 656-3118.



*The following MWR facilities will be closed on Monday, November
12, 2001 in observance of Veteran's Day:*

Club Del Monte

Information Tickets & Tours

Child Development Center

Youth Center

Bluewater Cove Marina

MWR Business Office

MWR Administrative Office

The following MWR facilities will be closed on Thursday November 22, 2001 in observance of



- CLUB DEL MONTE**
- INFORMATION TICKETS & TOURS**
- CHILD DEVELOPMENT CENTER**
- YOUTH CENTER**
- BLUEWATER COVE MARINA**
- MWR BUSINESS OFFICE**
- MONTEREY BAY ATHLETIC CLUB**

Club Del Monte will be closed 22nd-25th of November in observance of Thanksgiving holidays.

Sunday Brunch was indefinitely canceled because of some restrictions at the gate. Due to the threat con status we are encountering less participation.

We apologize for the inconvenience.

The Trident Room is presently closed for renovation. Please join us in the El Prado Bar while we work to improve "your" Bar . For more information about our special events, please call 656-2170.

ARMY/NAVY WEEK FESTIVITIES

November 29 ~ December 1, 2001

Come and show your service branch loyalty by cheering on your favorite team.

ARMY VS NAVY SOFTBALL GAME

Thursday, November 29, 2001

Games played: Sparks Field NPS

FREE!

ARMY VS. NAVY

FLAG FOOTBALL GAME

Friday November 30, 2001 Time: TBD

Game played: DLI behind Price Fitness

Center. Free!

TAILGATE PARTY

In the El Prado Room

Friday, November 30, 1700-1900

We will Televisive our local softball and flag football games!

GRIDIRON RUMBLE

(Televised Annapolis vs. West Point Game)

Saturday, December 1, 2001

in the El Prado Room at 0800-1300.

Join us to cheer on the team! Prizes, contest and food. Free munchies! Or \$5.00 buys your continental breakfast and a "stadium style lunch."

Come enjoy November's Friday

Lunch Special in the

El Prado Dining Room!

This month we're serving:



ROASTED TOM TURKEY

With gravy, served with Garlic Mashed Potatoes, stuffing and cranberry sauce.

Fresh Green Salad

only \$5.50

From the kitchen of Chef Hugh Butler comes this month's Wednesday Night

Dinner Special served in the

El Prado Room (4:00-9:00 p.m.)

MEAT LASAGNA

with Garlic Bread

FRESH GREEN SALAD

with choice of dressing

Pumpkin Pie

\$10.00

LIBERTY EXPRESS



Programs open to enlisted and geo-bachelor military attached to NPS and tenant commands.

THANKSGIVING BUFFET

Wednesday, November 14, 2001

La Novia Room at 1130-1300

Cost: FREE!

RSVP by: Friday, November 9, 2001.

TURKEY BOWLING

November 15, 2001

El Prado Hallway

1700 ~ 1900

Cost: FREE!



Come and join the thanksgiving fun!

For information about this events, please call 656-5235.

NAVAL POSTGRADUATE SCHOOL

RADM David R. Ellison
Superintendent

CAPT Frank C. Petho
Deputy Superintendent

GSCD(SW) R.O. Murphy
Command Senior Chief

Captain Hirsh
Director, Personnel and
Military Services

Pat Harden
MWR Director (Interim)

Vacant
Financial Officer

Beth Leone-Mullins
Leisure Services Manager

Eric Thompson
Golf Course/RV Campground
Acting Manager

Julianne Schmidt
Child Development Program
Administrator

Kim Andersen
Food & Beverage Manager

Cecilia S. Legario
Newsletter Editor

The Peacock Press is a monthly publication of the MWR Department, Naval Postgraduate School. Information may be subject to change without notice.

All phone numbers are in Area code (931)

MWR ADVISORY BOARD TO MEET NOVEMBER 7, 2001

The next MWR Advisory Board meeting is set for Wednesday November 7, at 10:00 a.m. in the La Novia Room, Herrmann Hall, Bldg. 220.

All departments of the Naval Postgraduate School and tenant commands are encouraged to send representatives to these informative be-monthly meetings.

This is your opportunity to gather the latest MWR info and to share your command's feedback with key MWR personnel.

For more on how your command can take part in the MWR Advisory Board, call the MWR Administrative Office at 656-1049.

MONTEREY BAY ATHLETIC CLUB

FITNESS CLASS SCHEDULE

FREE STYLE. Tues. & Fri. ~ 6:00 a.m. A cardiovascular cornucopia of fat burning routines. This class is designed with variety in mind. **For all fitness levels.**

PT READY. Wed. ~ 6:00 a.m. This class emphasizes cardiovascular and strength training. Class consist of 20-25 minutes of aerobic training followed by muscle conditioning and abdominal exercises. Flexibility and upper body strengthening will be emphasized. **For all fitness levels.**

STEP REBOOK. Tues. & Thurs ~ 6:30 p.m./Sat. ~ 8:30 a.m. **For intermediate level.** Class consists of 30-35 minutes of cardiovascular training on the step, perfect to rev up your heart rate.

YOGA. Mon. & Wed ~ 12 NOON. Utilize traditional yoga poses to give you a stress relief break in your day. Benefits of this class are added flexibility and strength. **Ideal for everyone!**

KICK BOX I. Wed. ~ 5:30 p.m. A fun and easy to follow workout utilizing boxing and martial arts based movements to kick, duck, block and jab your way to fitness. This class helps to train for endurance and strength in both the upper and lower body. **Great for the beginner.**

KICK BOX II. Mon. ~ 5:30 p.m. This class adds an extra punch to KICK BOX I. If you're **intermediate or advanced** you'll love this class!

ABS. Wed. ~ 5:00 p.m. This free class will sculpt your abdomen.

ABS & BELOW. Mon. ~ 5:00 p.m. In this FREE class you can count on 30 minutes of intense abdominal exercise to increase your abdominal strength. The emphasis is also glutes, hamstrings and inner/outer thighs. **Open to all eligible Fitness Center Participants.**

PEDAL PUMPING I. Tues. ~ 5:30 p.m./ Thurs. 12:00 noon. This class is perfect to learn the basics of indoor group cycling. Be prepared to hit road time and travel over hills and flats while burning between 400-600 calories in 45 minutes! **Any level of exerciser welcome!**

PEDAL PUMPING II. Tues. ~ 12:00 p.m./ Thurs. 5:30 p.m. A 45-minute class of pure aerobic training! Utilizing specifically designed stationary bikes; the instructor takes you on a journey of hills, sprints, lifts and jogs while listening to great music. Incredible workout for the cardiovascular system, legs and glutes. **Perfect for the intermediate and advanced exerciser.**

PILATES. Wed. ~ 6:30 p.m. Concentrate on your "inner-core" muscles, specifically your abdominal to achieve stability in the trunk. You get the benefit of Yoga and strength training combined. **All level exercisers welcome.**

20/20/20. Mon. & Thurs. ~ 6:00 a.m. This class is a combination of 20 minutes of Step, 20 minutes of High/Lo followed by 20 minutes of muscle conditioning and abdominal exercises. **For all fitness levels.**

MUSCLES CONDITIONING. Sat. ~ 9:30 a.m. A non-impact workout utilizing barbells, bands, body bar and the Resist-A-Ball to strengthen, tone and sculpt your muscles from head to toe. **Ideal for beginner to experienced exercisers.**

BACK TO BASICS. Thurs. ~ 5:00 p.m. This class utilizes the easy-to-use Resist-A-Ball. This ball is one of the best abdominal and back workout tools. Come and see the various ways to use the ball to build strength in your abs and back. **For all fitness levels.**

POWER UP. A 30-minute class sculpting the upper body. **For all fitness levels.**

There will be no Aerobic Classes on 12 November 2001, in observance of Veteran's Day.

FITNESS CLASS FEES

ELIGIBLE PATRONS	AEROBIC CLASS DAILY	CYCLING DAILY	COMBO 8-PUNCH CARD	YOGA MONTHLY	YOGA DAILY
ACT.DUTY/RESERVIST	\$1.00	\$2.00	\$6.00	\$38.00	\$5.00
RETIREE/FAMILY MEMBER	\$2.00	\$2.50	\$12.00	\$39.00	\$5.50
DOD CIVILIAN	\$3.00	\$3.00	\$16.00	\$40.00	\$6.00

Combo Cards: Allows you to take either aerobic or cycling classes.

WINTER INTRAMURAL SPORTS PROGRAM

BASKETBALL ORGANIZATIONAL MEETING



TUESDAY, 4 December 2001

Fitness Center, Bldg. 208

Time: 1600

VOLLEYBALL ORGANIZATIONAL MEETING

Wednesday, 5 December 2001

Fitness Center, Bldg. 208

Time: 1600



Rules, game dates and times will be discussed. Roster forms will be available. Games begin in January 2002. Get your teams together!

PERSONAL TRAINING. This training includes consultation, fitness/exercise program design and one-on-one training by appointment only.

Personal Training Rates

3-1/2 hour sessions for \$50.00

3-1 hour sessions for \$99.00

This is a limited time offer, first time training only.

BICYCLE RENTALS

The Monterey Bay Athletic Club has adult sized bicycles available to rent by eligible patrons to meet their transportation needs or for recreational riding.



Two types of bikes are available for rental: street bikes and six speed bikes. Rentals are conducted on a daily, weekend, weekly or monthly basis. All rentals include the use of a bicycle safety helmet, lock and chain. Bicycle rental prices are listed below.

Individuals wishing to rent a bicycle need to fill out a rental agreement and pay in advance for their rental at the Fitness Center, Bldg. 239.

BICYCLE TYPE	DAILY	WEEKEND	WEEKLY	MONTHLY
STREET BIKE	\$8.00	\$12.00	\$34.00	\$96.00
6-SPEED	\$10.00	\$15.00	\$42.00	\$120.00

Monterey Bay Athletic Club will be open on Veteran's Day, Monday November 12, 1000~1700. Closed on Thanksgiving, November 22. For more information, please call 656-3118.



**INFORMATION
TICKETS & TOURS**
HERRMANN HALL QUARTERDECK

**Open Monday-Friday
9:30 a.m. to 1:30 p.m.
2:30~4:30 p.m.**

**Closed Weekends
and
Federal Holidays**

NOVEMBER	UPCOMING ITT TOURS	PRICES
9-11	Yosemite National Park	\$179.00
10	"Grease" Broadway Musical	\$60.00
17	San Francisco Get Acquainted	\$23.00
DECEMBER		
1	Monterey Wine Tasting	\$20.00
8	San Francisco Shopping	\$23.00
9	Raiders vs. Kansas City Chiefs	\$65.00

**ARMED FORCES
VACATION CLUB**



Armed Forces Vacation Club is a vacation club arranged between MWR and resort Condominiums International. AFVC offers condominium unit rentals for \$234.00 per week at select resorts located all around the world. Stop by ITT to pick up your space available voucher.

**CHRISTMAS STOCKING STUFFER
AND GIFT IDEAS**



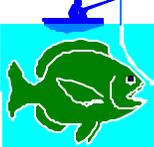
Entertainment Books\$20.00
 Gift Checks Books\$10.00
 See's Candies Gift Certificates ..\$9.50/\$18.00
 Phone Cards 100 & 200 units ---\$15.00/\$30.00
 Movie Theater Tickets\$5.50/\$6.50
 NPS License Plate Frames ----\$9.00

NATIONAL STEINBECK CENTER

Tickets are now available to visit John Steinbeck's world as it comes alive. Discover interactive, multi-sensory exhibits for all ages. Showcase are "Cannery Row," "The Red Pony," "The Grapes of Wrath," "Of Mice & Men" and more. The Museum is located in historic Oldtown Salinas. Tickets are \$6.85 adults, \$6.05 senior 63+ and students, \$5.25 youth (13-17) and \$3.65 child (6-12).

DEEP SEA FISHING & WHALE WATCHING

Sign up for local deep-sea fishing or whale watching excursions with Randy's Fishing Trips. Whale watching is \$11.00 for adults or children. Prices for fishing start at \$31.00 per person. Gear and license are extra.



ORLANDO ATTRACTIONS

Planning a trip to Florida for the holidays? Tickets can be special ordered to Disney World, Busch Gardens and many others. Please allow five working days for processing. Stop by ITT for pricing and information. Tickets are also available for certain attractions in Arizona, Tennessee, Texas and Virginia.

NOTICE TO TICKET BUYERS

Vendors have the right to ask for military ID. Patrons purchasing amusement park tickets as gifts run the risk of having the ticket holder denied entry at the gate. Patrons may take non-military/DoD guests along, but the rule of thumb is 50% of each party having military or DoD ID cards and 50% without. Check with ITT before you buy.

For more information, please call 656-3223.

SKI LIFT TICKETS



Tickets will be arriving in November. Check ITT for prices.

**ITT will be open on
Friday, November 23, 2001,
0930-1330.**

**KNOTT'S BERRY FARM
VETERAN'S DAY SALUTE**

November 4-18, military member, spouse/guest and two children 3-11 years will receive free admission into the park. Military member must show I.D. or "Honorable" discharge papers (DD214).

YOUTH & TEEN CENTER SCHEDULE OF EVENTS

Tech Connection

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Basketball Registration Begins. Youth & Teen Guess The Candy in Jar	2 Teen Craft Day 5:00 p.m.	3 Youth Nintendo Tournament 2:00-4:00 p.m.
4 Closed	5 Youth Council Meeting 4:00 p.m.	6 Youth Pool Tournament 4:00-5:00 p.m.	7 Youth Bingo 4:00 p.m.	8 Youth Cheerio Eating Contest 3:00 p.m.	9 Teen Bingo 5:00 p.m.	10 Teen Scavenger Hunt 2:00-5:00 p.m.
11 Closed	12 Center Closed Veteran's Day	13 Youth Kickball Game 3:00 p.m.	14 Teen Council Meeting 5:00	15 Youth Football Tournament 4:00-5:00 p.m.	16 Bring a friend for a partner Challenge Day Youth & Teen	17 Teen Bring A Movie Day PG-PG13 only 2:00 p.m.
18 Closed	19 Youth Create A Holiday Craft 4:00 p.m.	20 Teen Pie Eating Contest 5:00-5:30 p.m.	21 Youth Bingo 4:00 p.m.	22 Center Closed Happy Thanksgiving	23 TGFI	24 Open Rec. 1:00-6:00 p.m.
25 Closed	26 Teen Balloon Games 4:00 p.m.	27 How Big is Your Bubble (Youth) 4:00-5:00 p.m.	28 Youth Bingo 4:00 p.m.	29 Youth: 4 Corners 3:00 p.m. Teen: 3 on 3 4:00 p.m.	30 Teen Pool Tournament 4:00 p.m.	

For more information about the Youth Center's programs and special events, please call 656-2127.



Child Development Program

CHILD DEVELOPMENT HOMES



The Child Development Home program offers Navy certified care by military family members in their homes. One of our Child Development Homes offers a playgroup for 2-4 year olds Monday through Thursday from 0800-1200. If you are interested, please stop by the Child Development Center to pick up a list of certified homes in La Mesa and fill out an interest form for the playgroup.

Interested in pursuing a rewarding career and work at home? How about becoming a Child Development Home Care Provider? You'll receive extensive training, become First Aid/CPR qualified and be part of our dedicated team of professionals that provide child care in their homes. Give us a call and we'll assist you through our CDH certification process!

CDC IS THE PLACE TO BE

If your child is between the ages of six weeks and five years and you are looking for a high quality, nurturing early childhood experience ~ the Child Development Center (located in La Mesa Village) is the place for you! We offer full-time care for children ages six weeks through five years. We maintain a wait list for full-time care but currently have openings in our 3-5 year old classrooms.



Life Skills Readiness Program ~ The Child Development Center announces a part-day preschool program called the Life Skills Readiness Program starting this fall for children ages 3 years through 5 years. Prepare your child for school and give yourself some time to take care of life's little errands. Our Life Skills Readiness program offers a developmentally appropriate curriculum in a stimulating environment within our accredited child development program.

Accredited by NAEYC's National Academy of Early Childhood Programs

Classes started August 13th with Monday/Wednesday/Friday sessions and Tuesday/Thursday sessions from 0900-1130. A five day program may be available upon request.

For more information about how our Child Development Program can meet your child care needs, please call 656-2734.



- Located at the Coast Guard Pier in historic downtown Monterey.
- **Reservations available Wednesday through Sunday noon to sunset. Please call ahead to make yours.**
- Nine Sailboats are available for eligible patron rental. The Marina may be used by active duty military, reservists, retirees and DoD employees. "Check sails" are required for boat safety, to meet local sailing regulations and for orientation prior to initial sailboat rental.
- Power boat rentals are available through Outdoor Recreation (at DLI). Please call them at 242-5506 for additional information about power boat rentals.
- For Marina information, check sails, and sailboat reservations, call the Bluewater Cove Marina Boathouse at 656-2159.

MONTEREY NAVY FLYING CLUB

Located at the Monterey Airport, you will find aircraft rental and professional flight training in an informal, club-type atmosphere.



For more info, call the Monterey Navy Flying Club at 372-7033.

MEET THE FLEET
 These sailboats are available for rental at Bluewater Cove Marina.

Lorraine	22ft. Capri	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Small Wonder	23ft. Ranger	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Antares	26ft. Excalibur	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Serenade	22ft. Santana	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Medora	30ft. Shields	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Storm	30ft. Shields	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Barbara	30ft. Shields	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Harriet	30ft. Shields	\$13/hr. Wed./Thurs.	\$15/hr. Fri./Sun.
Hanalei II	30ft. Buccaneer	\$15/hr. Wed./Thurs.	\$18/hr. Fri./Sun.
2000 Racing Charter Fee	\$830.00 per Calendar year		

MONTEREY PINES RV CAMPGROUND



Monterey Pines RV Campground is **OPEN YEAR ROUND** and is available to all active duty, reservists, retirees, family members & DoD civilians.

About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey). Our park offers 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

For advance reservations or more information, call the Monterey Pines Golf Course Pro Shop at (831) 656-4029.

DAILY RENTAL FEES		
Eligible Patron	Full Hook-Up	Partial Hook-Up
Active Duty/Reservist/Retiree/Family Member	\$14/Day	\$12/Day
DoD Civilian	\$16/Day	\$14/Day
Civilian Guest	\$18/Day	\$16/Day

MONTEREY PINES GOLF COURSE

HOURS OF OPERATION

GOLF PRO SHOP

6:30 a.m. to 5:30 p.m. ~ Daily
 Mid-day Golf: 12:00~2:00 p.m.
 Twilight Golf: 2:00 p.m. to Closing

MONTEREY PINES SNACK BAR

10:00 a.m. ~ 5:00 p.m. ~ Daily
 New Location: Bldg. 199
 Next to the Pro Shop

GOLF TIP

SHAPING YOUR SHOT

I believe the worst thing a golfer can do when trying to fade the ball is to try to cut the ball by swinging outside-in across the target line. First, a deliberate out-to-in swing is unnatural and contrived and therefore unreliable. Second, if you combine an out-to-in swing path with aiming left and an open clubface at address, you're almost certain to hit a big slice.

GOLF RULE

Rule 20-2a/2 Spinning Ball When Dropping

Q. A player puts spin on a ball purposely when dropping it. What is the ruling?

A. The player incurs a penalty of one stroke under Rule 20-2a for dropping the ball in an improper manner, unless he corrects his mistake as permitted by Rule 20-6.

THE PRO'S VIEW:

We continue to advise you on how to best manage your play at Monterey Pines Golf Course. You will only see the tougher Par 3 holes in this column as this month we work on:

HOLE #13:

192 YARDS, PAR 3

This hole is tough! It's long and features two huge Monterey cypress trees that guard the left side of the green. The right side is trapped, leaving the golfer with only a small opening to hit to the green. Another problem can also occur. Most golfers either slice or face a golf ball, which is affected then by the prevailing afternoon breeze off the ocean.

You are invited to

NAT E. JONES

Memorial Golf Tournament

(4 player scramble)

on Sunday, November 11, 2001

to be held at

Monterey Pines Golf Course.

Shotgun start at 8:00 a.m.

Sign in 7:00 a.m.

The cost is \$100.00 per player, which include green fees, cart and meals.

Prize for the 1st~3rd place

Goodie Bags, Longest Drive

Closest-to-the-Pine prizes

Continental Breakfast & award Dinner

For more information, call 455-1956 or 753-5640.

We apologize for the inconvenience during our clubhouse renovation.

We are building a new and improved facility for Monterey Pines Golf Course patrons.

Monterey Pines Golf Course will be open on Veterans Day November 12, 0630-1730. For more information, please call 656-4029.

MONTEREY PINES GREENS FEES

WEEKENDS & HOLIDAYS

Military	\$13.00
DoD Civilian	\$16.00
Guest	\$26.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

MONDAY-FRIDAY

Military	\$11.00
DoD Civilian	\$13.00
Guest	\$19.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

MID-DAY (12-2 P.M.) DAILY

Military	\$9.00
DoD Civilian	\$11.00
Guest	\$16.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

TWILIGHT (2 P.M.-CLOSING) DAILY

Military	\$8.00
DoD Civilian	\$9.00
Guest	\$12.00
Junior Military	\$6.00
Junior DoD	\$7.00
Junior Guest	\$8.00

NAVAL POSTGRADUATE SCHOOL (Area Code 831)

MWR (NPS) Intranet Events Calendar ~ <http://onboard.nps.navy.mil/intra/>

INFORMATION TICKETS & TOURS ~ Herrmann Hall Quarterdeck (Bldg. 220). Open 9:30 a.m. 4:30 p.m. Monday through Friday. Closed weekends and federal holidays. Closed for lunch 1330-1430. Phone: 656-3223.

EL PRADO DINING ROOM ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed Saturdays and Federal holidays. Phone: 656-2170.

Hours of Operation:

- Ala Carte Breakfast: 6:45 ~ 10:45 a.m. Weekdays
- Hot Breakfast: 6:45 ~ 9:00 a.m. Weekdays
- Lunch: 10:45 a.m. ~ 2:00 p.m. Weekdays
- Dinner: See Trident Room listing below.
- Champagne Brunch: 10:00 a.m. ~ 2:00 p.m. Sundays

EL PRADO ROOM ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Saturday. Closed weekends and most federal holidays. Phone: 656-2170. Hours of Operation:

- Beverage Service:** 4:00 ~ 11:00 p.m. Monday ~ Wednesday
3:00 ~ 11:00 p.m. Thursday & Friday
4:00 ~ 11:00 p.m. Saturdays
- Dinner Service:** 4:00 ~ 9:00 p.m. Monday through Saturday

CLUB DEL MONTE/CATERING SALES OFFICE ~ Herrmann Hall (PW area) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and federal holidays. Phone: 656-1049.

MWR ADMINISTRATIVE OFFICES ~ Herrmann Hall (PW area) ground floor (Bldg. 220). Open weekdays, 8 a.m. to 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2432.

MONTEREY BAY ATHLETIC CLUB ~ (Bldg. 208). Hours of Operation: Open Monday through Friday, 5:30 a.m. ~ 9 p.m.; Saturdays, 8 a.m. ~ 5 p.m.; Sundays 9 a.m. ~ 5 p.m. Federal holidays, 10 a.m.~5 p.m. Phone: 656-3118.

ROMAN PLUNGE SWIMMING POOL ~ (Bldg. 210). Closed for the season. Phone: 656-2275.

CHILD DEVELOPMENT CENTER ~ La Mesa Village next to La Mesa Elementary School. Open 7:30 a.m. ~ 5:30 p.m., Monday through Friday. Closed on all federal holidays. Phone: 656-2734.

CHILD DEVELOPMENT HOMES ~ Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

TECH CONNECTION ~ La Mesa Village, (Bldg. 444) 1222 Leahy Rd. Open for School Age Care, Monday through Friday, 7:30 ~ 8:00 a.m. and 2:00 ~ 6 p.m. Special camps offered for school breaks (all seasons) & teacher in-service days. Youth & Teen Open Recreation, 2:30~ 6:00 p.m. Monday through Friday and 1:00~6:00 p.m. on Saturdays. Closed on all federal holidays. Phone: 656-2127.

MONTEREY PINES GOLF COURSE ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30 a.m. ~ 5 p.m., including most federal holidays. Hours vary seasonally. Phone: 656-2167.

MONTEREY PINES RV CAMPGROUND ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-4029.

BLUEWATER COVE MARINA ~ On the Coast Guard pier, downtown Monterey, open noon to sunset, Wednesday ~ Sunday. Closed on all federal holidays. Phone: 656-2159.

MWR BUSINESS OFFICE ~ Herrmann Hall ground floor (Bldg. 220), across from Navy Federal Credit Union ATM machine. Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-5234.

MWR MARKETING OFFICE ~ Herrmann Hall ground floor across from Navy Federal Credit Union Bank (Bldg. 220). Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-4804.

MONTEREY NAVY FLYING CLUB ~ At the Monterey Airport. Open daily, 9:00 a.m. ~ 5:00 p.m. Phone: 372-7033.

CHECK OUT MWR'S WEBSITE!
www.mwr.nps.navy.mil



Peacock Press

Morale, Welfare and Recreation Department
Naval Postgraduate School
1 University Circle
Monterey, CA 93943-5000

